

Membership Rates*

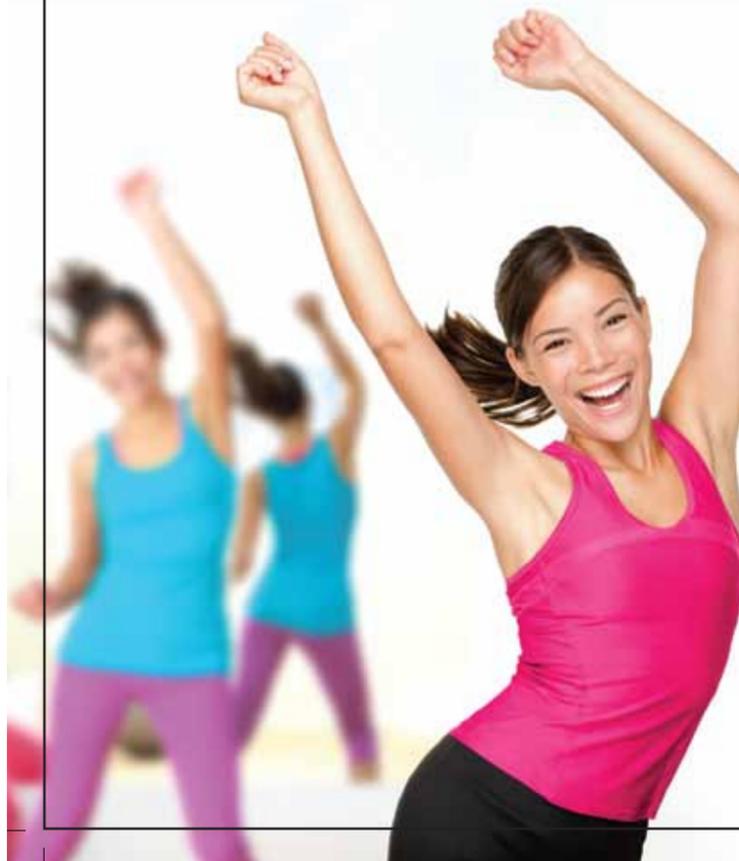
Membership	Monthly	3 Months	6 Months*	Yearly*
Single	<input type="checkbox"/> 350	<input type="checkbox"/> 799	<input type="checkbox"/> 1399	<input type="checkbox"/> 2299
Couple	<input type="checkbox"/> 599	<input type="checkbox"/> 1399	<input type="checkbox"/> 2299	<input type="checkbox"/> 4299
Family 2+2 (Below 14)	<input type="checkbox"/> 899	<input type="checkbox"/> 2299	<input type="checkbox"/> 4399	<input type="checkbox"/> 7699

25% Discount in F&B outlets and Vidal's Salon on buying 6 months and above membership.

Facilities Includes:

- State-of-the-art fitness center
- Rooftop swimming pool and children's pool
- Sauna and steam room
- Separate male and female changing rooms with lockers
- Complimentary underground parking
- Certified fitness trainers

*Terms & conditions apply



Get your **LIFE** on track



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Holiday Inn

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To stay fit get your daily dose of exercise



General Rules and Regulations

1. Members and guests entering the club and using its facilities do so at their own risk. Members and guests are responsible for their own safety and security of their belongings. Neither Holiday Inn Dubai - Al Barsha nor its employees shall bear any liability for loss, damage or injury to any person or property sustained within the hotel.
2. Membership is at the sole discretion of the hotel management which may refuse any application without explanation.
3. Members are issued with a card bearing their photograph. This must be presented on every visit to the club. Cards are not transferable and remain the property of Holiday Inn Dubai - Al Barsha.
4. Management reserves the right to cancel any membership at which time the membership card must be returned.
5. Members will conduct themselves in a proper manner with due consideration to other members and hotel guests.
6. Any person found damaging hotel property will be held responsible for its replacement and may have their membership cancelled.
7. Members are permitted to sign in two guests for an additional day charge. Members are responsible for the conduct of their guests throughout the duration of their stay at the hotel. Guests are not permitted to stay without the presence of their host members.
8. Use within the hotel of radios or tape recorders is strictly forbidden. Personal stereos are exempt.
9. All towels, locker keys and other property of the club must be returned after use to reception or left in the designated area.
10. Food and drink from outside is not permitted in the hotel.
11. Hotel guests and club members are not permitted to bring pets into the hotel.
12. Smoking is not permitted in the gym and pool area.
13. Children under 14 years of age are not permitted to use the gymnasium.
14. Suitable swimwear must be worn at all times when using the pool.
15. Junior members are not permitted to sign in guests.
16. Children under 14 years of age must be accompanied by an adult member.
17. Management reserves the right to refuse admission to any persons not complying with the hotel rules.
18. Membership is non-refundable and non-transferable.
19. Loud or abusive language will not be accepted.
20. Please put all weights away after using and share equipment as a courtesy to other members.

Holiday Inn Dubai - Al Barsha Health Club

MEMBERSHIP APPLICATION FORM

Full Name: _____

Date of Birth: _____

Spouse Name: _____

Date of Birth: _____

Children (name and date of birth):

PO Box: _____

Tel: _____

Company: _____

Position: _____

Nationality: _____

Fax: _____

Mobile: _____

Email: _____

Member's Declaration

I have read and understood the rules and regulations of the fitness center and agree to abide by them and sign on behalf of my family and guests.

Signature: _____

Date: _____

Membership No.: _____

