Membership Contract

Your name & surname			
Contact number			
Email Address			
D.O.B		Work Number	

Residential address	
Postal address	

Emergency Contact		Cell Number	

Membership:

Unlimited	R 900	☐
Student / Teacher / Law Enforcement / Emergency Services (15% Discount*)	R 765	☐
Couples Rate	R 1 500	☐

3 Times a week	R 700	☐
Student / Teacher / Law Enforcement / Emergency Services (15% Discount***)	R 595	☐
Couples Rate	R 1 200	☐

Mom's Class Mondays & Thursdays Only**	R 500	☐

* Only One Discount | **No Discount on Endurance | *** Only One Discount & Student Card / Registration Papers / Creditonals must be provided | Terms & Conditions Apply

Fees are due by the 1st of each Month. One Calendar Month notice is required.

Signed at (place)	
Date of signature	
Signature	

Unit 8, Ferngate Studios, 411 Long Avenue, Strijdom Park, Randburg
Dave 082 337 4185 (dave@irongatecrossfit.com) | Calvin 083 647 3667 (calvin@irongatecrossfit.com)

Terms & Conditions

Cancelation of contract:
If you wish to cancel your contract at the end of your term, we require a calendar months' notice in writing. Early cancelation will result in a penalty fee calculated on outstanding monthly debit orders for the remainder of the contracted term.

Debit Order Payment:
The monthly fee will be debited on the specified date and will be in advance. If the debits order fails to go through it will go off as soon as the funds are available. Payment details and fee specified on the Debit Order Mandate Form.

Fees charged may be subject to change which may occur from time to time. Such increases will typically be applied on the annual anniversary of the membership contract. All increases will be done in writing and appear in the new annual contract.

Waiver, informed consent, and covenant not to sue
This form is an important legal document. It explains the risks you are assuming by partaking in the Iron Gate CrossFit-training program. It is critical that you read and understand it completely. After you have done so, please print your name legibly and sign in the spaces provided.

I, the undersigned, have volunteered to participate in a program of physical exercise under the direction of Iron Gate CrossFit Instructors, which will include but may not be limited to, weight and/or resistance training. In consideration of Iron Gate CrossFit agreement to instruct, assist, and train me, I do here and forever release and discharge and hereby hold Iron Gate CrossFit, harmless from any and all claims, demands, damages, rights to action, present or future, arising out of or connected with my participation in this or any exercise program including any injuries resulting therefore.

I understand and am aware that strength, flexibility and aerobic exercise, including the use of equipment, is a potentially hazardous activity. I also understand that the fitness activities involve a risk of injury and even death, and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I indemnify the Iron Gate CrossFit training methods and the premises in which the program is conducted and I hold them harmless against any claims that may arise as a result of my participation in this program. I hereby agree to expressly assume and accept any and all risks of injury or death.

- I hereby further declare myself to be physically sound and suffering from no condition that would prevent my participation or use of machinery or equipment.
- I hereby further declare that I have not had a physical examination and have chosen to participate.
- I hereby further declare that I will participate without the approval of my doctor and do hereby assume all responsibility for my participation and activities, and utilisation of machinery and equipment in my activities.
- I hereby indemnify Iron Gate CrossFit.

I acknowledge that I have thoroughly read this waiver and release and fully understand that it is a release of liability. By signing this document, I am waiving any right my successors or I might have to bring a legal action or assert a claim against Iron Gate CrossFit

Use of pictures(s)/film/likeness: I agree to allow Iron Gate CrossFit, its agents, officers, principals, employees and volunteers to use picture(s), film and/or likeness of me for advertising purposes. In the event I choose not to allow the use of the same for said purpose, I agree that I must inform Iron Gate CrossFit of this in writing.

I have read and understand the Terms and Conditions of the contract and acknowledge that this is a legally binding document.

Printed Full Name	
ID Number	
Date of signature	
Signed at (place)	
Signature	