

**Population-based Food Consumption Survey of the People of Hong Kong**  
Conducted for the Food and Environmental Hygiene Department  
by the Chinese University of Hong Kong

# Food Frequency Questionnaire

Interviewer: ID:

Sample Person ID:

Date of Interview: --20  
                          d d   m m           y y

Time started : am / pm

Time ended : am / pm

### Interviewer observation form

Did you or the respondent have difficulty with this intake interview?

(0) No                      (1) Yes

What was the reason for this difficulty?

---

---

---

---

For office use only	
Date received:	Data entry:    Yes    No
Complete Questionnaire: Yes    No	Entered by:
Missing data make up:    Yes    No	Re-entry:    Yes    No
Verified by:	Entered by:

**General Introduction:**

I'd like to ask about your eating patterns over the past 12 months. Please tell me over the past 12 months did you eat each of the foods I ask you. If you didn't eat any of the food over the past 12 months, we will go to the next food; if you ate more than 1 time in past 12 months, please tell me how often you ate it and how much you ate each time. There is no right/wrong answer for each question. If you want to make any changes be sure to let me know. If you don't have any questions, could we start now?

**Over the past 12 months...**

1. How often did you eat **Vietnamese rice noodles**?

-- (00) NEVER (Go to question 2)

01	02	03	04
05	06	07	08
09	10 ( )	11	

1a. Each time you ate **Vietnamese rice noodles**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

2. How often did you eat **preserved vegetables** (such as preserved mustard/ "Mui Choy", preserved Sichan mustard, preserved cabbage/ "Dong Choy") ?

-- (00) NEVER (Go to question 3)

01	02	03	04
05	06	07	08
09	10 ( )	11	

*Question 3 appears on the next column*

2a. Each time you ate **preserved vegetables**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

3. How often did you eat **dried fungus other than shiitake mushroom** (such as monkey head mushroom, "wood-ear" fungus, "silver-ear"/jelly fungus)?

-- (00) NEVER (Go to question 4)

01	02	03	04
05	06	07	08
09	10 ( )	11	

3a. Each time you ate such **dried fungus other than shiitake mushroom**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

*Question 4 appears on the next page*

Over the past 12 months...

4. How often did you eat **spring onion**?

-- (00) NEVER (Go to question 5)

01	02	03	04
05	06	07	08
09	10 ( )	11	

4a. Each time you ate **spring onion**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

5. How often did you eat **coriander**?

-- (00) NEVER (Go to question 6)

01	02	03	04
05	06	07	08
09	10 ( )	11	

5a. Each time you ate **coriander**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

6. How often did you eat **alfalfa sprouts**?

-- (00) NEVER (Go to question 7)

01	02	03	04
05	06	07	08
09	10 ( )	11	

Question 7 appears on the next column

6a. Each time you ate **alfalfa sprouts**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

7. How often did you eat **aloe**?

-- (00) NEVER (Go to question 8)

01	02	03	04
05	06	07	08
09	10 ( )	11	

7a. Each time you ate **aloe**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

8. How often did you eat **tong ho**?

-- (00) NEVER (Go to question 9)

01	02	03	04
05	06	07	08
09	10 ( )	11	

8a. Each time you ate **tong ho**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

9. How often did you eat **Matrimony vine**?

-- (00) NEVER (Go to question 10)

01	02	03	04
05	06	07	08
09	10 ( )	11	

Question 10 appears on the next page

9a. Each time you ate **Matrimony vine**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Over the **past 12 months...**

10. How often did you eat **mustard leaf**?

--- (00) NEVER (Go to question 11)

01	02	03	04
05	06	07	08
09	10 ( )	11	

10a. Each time you ate **mustard leaf**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

11. How often did you eat **Chinese chives (flower stalks)**?

--- (00) NEVER (Go to question 12)

01	02	03	04
05	06	07	08
09	10 ( )	11	

11a. Each time you ate **Chinese chives (flower stalks)**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

12. How often did you eat **dried vegetables**?

--- (00) NEVER (Go to question 13)

01	02	03	04
05	06	07	08
09	10 ( )	11	

12a. Each time you ate **dried vegetables**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

13. How often did you eat **daylily flowers (Jin Zhen)**?

--- (00) NEVER (Go to question 14)

01	02	03	04
05	06	07	08
09	10 ( )	11	

13a. Each time you ate **daylily flowers**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

14. How often did you eat **bamboo shoots**?

--- (00) NEVER (Go to question 15)

01	02	03	04
05	06	07	08
09	10 ( )	11	

Question 12 appears on the next column

Question 15 appears on the next page

14a. Each time you ate **bamboo shoots**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Over the **past 12 months...**

15. How often did you eat **fresh ginseng**?

--(00) NEVER (Go to question 16)

01	02	03	04
05	06	07	08
09	10 ( )	11	

15a. Each time you ate **fresh ginseng**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

16. How often did you eat **water chestnuts**?

--(00) NEVER (Go to question 17)

01	02	03	04
05	06	07	08
09	10 ( )	11	

16a. Each time you ate **water chestnuts**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

*Question 17 appears on the next column*

17. How often did you eat **Konjac noodles**?

--(00) NEVER (Go to question 18)

01	02	03	04
05	06	07	08
09	10 ( )	11	

17a. Each time you ate **Konjac noodles**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

18. How often did you eat **cherries**?

--(00) NEVER (Go to question 19)

01	02	03	04
05	06	07	08
09	10 ( )	11	

18a. Each time you ate **cherries**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

19. Over the **past 12 months**, did you eat **lychees**?

- (00) NO (Go to question 20)
- (11) Don't know (Go to question 20)
- (01) YES

19a. How often did you eat **lychees when in season**?

--(00) NEVER (Go to question 19c)

01	02	03	04
05	06	07	08
09	10 ( )	11	

*Question 19c appears on the next page*

*Question 20 appears on the next page*

19b. Each time you ate **lychees** when in season, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

19c. How often did you eat **lychees** during the rest of the year?

---(00) NEVER (Go to question 20)

01	02	03	04
05	06	07	08
09	10 (        )	11	

19d. Each time you ate **lychees** during the rest of the year, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

20. Over the past 12 months, did you eat **longans**?

- (00) NO (Go to question 21)
- (11) Don't know (Go to question 21)
- (01) YES

20a. How often did you eat **longans** when in season?

---(00) NEVER (Go to question 20c)

01	02	03	04
05	06	07	08
09	10 (        )	11	

*Question 20c appears on the next column*

*Question 21 appears on the next column*

20b. Each time you ate **longans** when in season, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

20c. How often did you eat **longans** during the rest of the year?

---(00) NEVER (Go to question 21)

01	02	03	04
05	06	07	08
09	10 (        )	11	

20d. Each time you ate **longans** during the rest of the year, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**Over the past 12 months...**

21. How often did you eat **big red sausages**?

---(00) NEVER (Go to question 22)

01	02	03	04
05	06	07	08
09	10 (        )	11	

21a. Each time you ate **big red sausages**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

*Question 22 appears on the next page*

22. Over the past 12 months, did you eat preserved pork?

- (00) NO (Go to question 23)
- (11) Don't know (Go to question 23)
- (01) YES



22a. How often did you eat preserved pork *in the winter*?

- (00) NEVER (Go to question 22c)

01	02	03	04
05	06	07	08
09	10 ( )	11	

22b. Each time you ate preserved pork *in the winter*, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

22c. How often did you eat preserved pork *during the rest of the year*?

- (00) NEVER (Go to question 23)

01	02	03	04
05	06	07	08
09	10 ( )	11	

22d. Each time you ate preserved pork *during the rest of the year*, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Question 23 appears on the next column

Over the past 12 months...

23. How often did you eat Chinese ham?

- (00) NEVER (Go to question 24)

01	02	03	04
05	06	07	08
09	10 ( )	11	

23a. Each time you ate Chinese ham, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

24. How often did you eat bacon?

- (00) NEVER (Go to question 25)

01	02	03	04
05	06	07	08
09	10 ( )	11	

24a. Each time you ate bacon, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

25. How often did you eat roasted chicken?

- (00) NEVER (Go to question 26)

01	02	03	04
05	06	07	08
09	10 ( )	11	

Question 26 appears on the next page

25a. Each time you ate **roasted chicken**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Over the **past 12 months...**

26. How often did you eat **silky chicken**?

--- (00) NEVER (Go to question 27)

01	02	03	04
05	06	07	08
09	10 ( )	11	

26a. Each time you ate **silky chicken**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

27. How often did you eat **roasted pigeon**?

--- (00) NEVER (Go to question 28)

01	02	03	04
05	06	07	08
09	10 ( )	11	

27a. Each time you ate **roasted pigeon**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

*Question 28 appears on the next column*

28. How often did you eat **pigeon other than roasted pigeon**?

--- (00) NEVER (Go to question 29)

01	02	03	04
05	06	07	08
09	10 ( )	11	

28a. Each time you ate **pigeon other than roasted pigeon**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

29. How often did you eat **goose (other than roasted goose)**?

--- (00) NEVER (Go to question 30)

01	02	03	04
05	06	07	08
09	10 ( )	11	

29a. Each time you ate **goose (other than roasted goose)**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

30. How often did you eat **turkey**?

--- (00) NEVER (Go to question 31)

01	02	03	04
05	06	07	08
09	10 ( )	11	

*Question 31 appears on the next page*

30a. Each time you ate **turkey**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

31. Over the **past 12 months**, did you eat **preserved duck**?

- (00) NO (Go to question 32)
- (11) Don't know (Go to question 32)
- (01) YES



31a. How often did you eat **preserved duck in the winter**?

- (00) NEVER (Go to question 31c)

01	02	03	04
05	06	07	08
09	10 ( )	11	

31b. Each time you ate **preserved duck in the winter**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

31c. How often did you eat **preserved duck during the rest of the year**?

- (00) NEVER (Go to question 32)

01	02	03	04
05	06	07	08
09	10 ( )	11	

Question 32 appears on the next column

31d. Each time you ate **preserved duck during the rest of the year**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Over the **past 12 months**...

32. How often did you eat **duck other than roasted and preserved duck**?

- (00) NEVER (Go to question 33)

01	02	03	04
05	06	07	08
09	10 ( )	11	

32a. Each time you ate **duck other than roasted and preserved duck**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

33. How often did you eat **marinated chicken feet**?

- (00) NEVER (Go to question 34)

01	02	03	04
05	06	07	08
09	10 ( )	11	

33a. Each time you ate **marinated chicken feet**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Question 34 appears on the next page

Over the past 12 months...

34. How often did you eat **pig's offal**?

-- (00) NEVER (Go to question 35)

01	02	03	04
05	06	07	08
09	10 ( )	11	

34a. Each time you ate **pig's offal**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

35. How often did you eat **beef offal**?

-- (00) NEVER (Go to question 36)

01	02	03	04
05	06	07	08
09	10 ( )	11	

35a. Each time you ate **beef offal**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

36. How often did you eat **chicken offal**?

-- (00) NEVER (Go to question 37)

01	02	03	04
05	06	07	08
09	10 ( )	11	

*Question 37 appears on the next column*

36a. Each time you ate **chicken offal**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

37. How often did you eat **goose/duck offal**?

-- (00) NEVER (Go to question 38)

01	02	03	04
05	06	07	08
09	10 ( )	11	

37a. Each time you ate **goose/duck offal**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

38. How often did you eat **dried oysters**?

-- (00) NEVER (Go to question 39)

01	02	03	04
05	06	07	08
09	10 ( )	11	

38a. Each time you ate **dried oysters**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

*Question 39 appears on the next page*

Over the past 12 months...

**39.** How often did you eat **cooked oysters (other than dried oyster)**?

(00) NEVER (Go to question 40)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**39a.** Each time you ate **cooked oysters (other than dried oysters)**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**40.** How often did you eat **raw oysters**?

(00) NEVER (Go to question 41)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**40a.** Each time you ate **raw oysters**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**41.** How often did you eat **mussels**?

(00) NEVER (Go to question 42)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**41a.** Each time you ate **mussels**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**42.** How often did you eat **bloody cockles**?

(00) NEVER (Go to question 43)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**42a.** Each time you ate **bloody cockles**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**43.** How often did you eat **clams**?

(00) NEVER (Go to question 44)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**43a.** Each time you ate **clams**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**44.** How often did you eat **whelk/conch**?

(00) NEVER (Go to question 45)

01	02	03	04
05	06	07	08
09	10 ( )	11	

44a. Each time you ate **whelk/conch**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Over the **past 12 months...**

45. How often did you eat **geoduck clams**?

(00) NEVER (Go to question 46)

01	02	03	04
05	06	07	08
09	10 ( )	11	

45a. Each time you ate **geoduck clams**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

46. How often did you eat **lobster**?

(00) NEVER (Go to question 47)

01	02	03	04
05	06	07	08
09	10 ( )	11	

46a. Each time you ate **lobster**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

47. How often did you eat **freshwater hairy crab** *when in season*?

(00) NEVER (Go to question 48)

01	02	03	04
05	06	07	08
09	10 ( )	11	

47a. Each time you ate **freshwater hairy crab**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

48. How often did you eat **coral fish** (e.g., hump head wrasse, potato grouper, tiger grouper, high fin grouper, flowery grouper, leopard coral grouper, areolated coral grouper, black fin red snapper, moray eel)?

(00) NEVER (Go to question 49)

01	02	03	04
05	06	07	08
09	10 ( )	11	

48a. Each time you ate **coral fish**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

49. How often did you eat **canned tuna**?

(00) NEVER (Go to question 50)

01	02	03	04
05	06	07	08
09	10 ( )	11	

Question 47 appears on the next column

Question 50 appears on the next column

49a. Each time you ate **canned tuna**,  
how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

Over the **past 12 months...**

50. How often did you eat **cooked tuna**?

---(00) NEVER (Go to question 51)

01	02	03	04
05	06	07	08
09	10 ( )	11	

50a. Each time you ate **cooked tuna**,  
how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

51. How often did you eat **cooked salmon**?

---(00) NEVER (Go to question 52)

01	02	03	04
05	06	07	08
09	10 ( )	11	

51a. Each time you ate **cooked salmon**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Question 52 appears on the next column

52. How often did you eat **swordfish**?

---(00) NEVER (Go to question 53)

01	02	03	04
05	06	07	08
09	10 ( )	11	

52a. Each time you ate **swordfish**,  
how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

53. How often did you eat **shark meat**?

---(00) NEVER (Go to question 54)

01	02	03	04
05	06	07	08
09	10 ( )	11	

53a. Each time you ate **shark meat**,  
how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

54. How often did you eat **rabbit fish**?

---(00) NEVER (Go to question 55)

01	02	03	04
05	06	07	08
09	10 ( )	11	

54a. Each time you ate **rabbit fish**,  
how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Question 55 appears on the next page

Over the **past 12 months...**

**55.** How often did you eat **turbot**?

-- (00) NEVER (Go to question 56)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**55a.** Each time you ate **turbot** , how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**56.** How often did you eat **Bombay duck**?

-- (00) NEVER (Go to question 57)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**56a.** Each time you ate **Bombay duck**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**57.** How often did you eat **mackerel**?

-- (00) NEVER (Go to question 58)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**57a.** Each time you ate **mackerel**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

*Question 58 appears on the next column*

**58.** How often did you eat **sardine**?

-- (00) NEVER (Go to question 59)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**58a.** Each time you ate **sardine**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**59.** How often did you eat **dried fish**?

-- (00) NEVER (Go to question 60)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**59a.** Each time you ate **dried fish**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**60.** How often did you eat **shark fin**?

-- (00) NEVER (Go to question 61)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**60a.** Each time you ate **shark fin**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

*Question 61 appears on the next page*

Over the past 12 months...

61. How often did you eat **dried shrimps**?

-- (00) NEVER (Go to question 62)

01	02	03	04
05	06	07	08
09	10 ( )	11	

61a. Each time you ate **dried shrimps**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

62. How often did you eat **dried cuttlefish/dried squid**?

-- (00) NEVER (Go to question 63)

01	02	03	04
05	06	07	08
09	10 ( )	11	

62a. Each time you ate **dried cuttlefish/ dried squid**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

63. How often did you eat **fish maw**?

-- (00) NEVER (Go to question 64)

01	02	03	04
05	06	07	08
09	10 ( )	11	

63a. Each time you ate **fish maw**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

64. How often did you eat **seaweeds** (not including snack type seaweed)?

-- (00) NEVER (Go to question 65)

01	02	03	04
05	06	07	08
09	10 ( )	11	

64a. Each time you ate **seaweed**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

65. How often did you eat **octopus ball, cuttlefish ball or squid ball**?

-- (00) NEVER (Go to question 66)

01	02	03	04
05	06	07	08
09	10 ( )	11	

65a. Each time you ate **octopus ball, cuttlefish ball or squid ball**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Question 64 appears on the next column

Question 66 appears on the next page

**66.** Over the past 12 months, did you eat **sashimi**?

- (00) NO (Go to question 71)
- (11) Don't know (Go to question 71)
- (01) YES (Go to question 67)



**67.** How often did you eat **salmon sashimi**?

(00) NEVER (Go to question 68)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**67a.** Each time you ate **salmon sashimi**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

**68.** How often did you eat **tuna sashimi**?

(00) NEVER (Go to question 69)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**68a.** Each time you ate **tuna sashimi**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

**69.** How often did you eat **raw shrimp sashimi**?

(00) NEVER (Go to question 70)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**69a.** Each time you ate **raw shrimp sashimi**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

**70.** How often did you eat other **seafood sashimi**?

(00) NEVER (Go to question 71)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**70a.** Each time you ate other **seafood sashimi**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

**71.** Over the past 12 months, did you eat **sushi**?

- (00) NO (Go to Q 78) (Page17)
- (11) Don't know (Go to Q78) (Page17)
- (01) YES (Go to question 72)



**72.** How often did you eat **salmon sushi**?

(00) NEVER (Go to question 73)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**72a.** Each time you ate **salmon sushi**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

**73.** How often did you eat **tuna sushi**?

--(00) NEVER (Go to question 74)

01	02	03	04
05	06	07	08
09	10 ( )	11	

73a. Each time you ate **tuna sushi**, how much did you usually eat?

- (1) \_\_\_\_\_ serving  
 (2) \_\_\_\_\_ gram

**74.** How often did you eat **eel sushi**?

--(00) NEVER (Go to question 75)

01	02	03	04
05	06	07	08
09	10 ( )	11	

74a. Each time you ate **eel sushi**, how much did you usually eat?

- (1) \_\_\_\_\_ serving  
 (2) \_\_\_\_\_ gram

**75.** How often did you eat **other fish sushi**?

--(00) NEVER (Go to question 76)

01	02	03	04
05	06	07	08
09	10 ( )	11	

75a. Each time you ate **other fish sushi**, how much did you usually eat?

- (1) \_\_\_\_\_ serving  
 (2) \_\_\_\_\_ gram

*Question 76 appears on the next column*

**76.** How often did you eat **other seafood sushi (other than fish sushi)** (e.g., whelk sushi, octopus sushi, sea urchin sushi)?

--(00) NEVER (Go to question 77)

01	02	03	04
05	06	07	08
09	10 ( )	11	

76a. Each time you ate **other seafood sushi**, how much did you usually eat?

- (1) \_\_\_\_\_ serving  
 (2) \_\_\_\_\_ gram

**77.** How often did you eat **other sushi** (e.g., sweet egg sushi/tamago, bean curd sushi/inari, California roll)?

--(00) NEVER (Go to question 78)

01	02	03	04
05	06	07	08
09	10 ( )	11	

77a. Each time you ate **other sushi**, how much did you usually eat?

- (1) \_\_\_\_\_ serving  
 (2) \_\_\_\_\_ gram

**Over the past 12 months...**

**78.** How often did you eat **quail eggs**?

--(00) NEVER (Go to question 79)

01	02	03	04
05	06	07	08
09	10 ( )	11	

*Question 79 appears on the next page*

78a. Each time you ate **quail eggs**,  
how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

Over the **past 12 months...**

79. How often did you eat **yoghurt**?

--- (00) NEVER (Go to question 80)

01	02	03	04
05	06	07	08
09	10 ( )	11	

79a. Each time you ate **yoghurt**, how  
much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ ml

80. How often did you eat **prawn  
crackers**?

--- (00) NEVER (Go to question 81)

01	02	03	04
05	06	07	08
09	10 ( )	11	

80a. Each time you ate **prawn  
crackers**, how much did you  
usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

81. How often did you eat **seaweed  
(pre-packed)**(snack type)?

--- (00) NEVER (Go to question 82)

01	02	03	04
05	06	07	08
09	10 ( )	11	

*Question 82 appears on the next column*

81a. Each time you ate **seaweed  
(pre-packed)**, how much did you  
usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

82. How often did you eat **chewing  
gum**?

--- (00) NEVER (Go to question 83)

01	02	03	04
05	06	07	08
09	10 ( )	11	

82a. Each time you ate **chewing gum**,  
how much did you usually eat?

- (1) \_\_\_\_\_ serving (A / B)
- (2) \_\_\_\_\_ gram

83. How often did you eat **dried fruits  
(e.g., dried mango, raisins)**?

--- (00) NEVER (Go to question 84)

01	02	03	04
05	06	07	08
09	10 ( )	11	

83a. Each time you ate **dried fruits**,  
how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

84. How often did you eat **Chinese  
preserved fruits** (e.g., Kumquat,  
orange peel, dried plum)?

--- (00) NEVER (Go to question 85)

01	02	03	04
05	06	07	08
09	10 ( )	11	

*Question 85 appears on the next column*

84a. Each time you ate **Chinese preserved fruits**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Over the **past 12 months...**

85. How often did you eat **glace fruits** (e.g., preserved prune/plum)?

-- (00) NEVER (Go to question 86)

01	02	03	04
05	06	07	08
09	10 ( )	11	

85a. Each time you ate **glace fruit**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

86. How often did you eat **dried meat** (e.g., pork jerky, beef jerky)?

-- (00) NEVER (Go to question 87)

01	02	03	04
05	06	07	08
09	10 ( )	11	

86a. Each time you ate **dried meat**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Question 87 appears on the next column

87. How often did you eat **squid snack** (e.g., squid floss, grilled squid)?

-- (00) NEVER (Go to question 88)

01	02	03	04
05	06	07	08
09	10 ( )	11	

87a. Each time you ate **squid snack**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

88. How often did you eat **grilled fish snack**?

-- (00) NEVER (Go to question 89)

01	02	03	04
05	06	07	08
09	10 ( )	11	

88a. Each time you ate **grilled fish snack**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

89. How often did you eat **fermented bean curd**?

-- (00) NEVER (Go to question 90)

01	02	03	04
05	06	07	08
09	10 ( )	11	

Question 90 appears on the next page

89a. Each time you ate **fermented bean curd**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ ml

Over the **past 12 months...**

90. How often did you eat **fermented red bean curd**?

(00) NEVER (Go to question 91)

01	02	03	04
05	06	07	08
09	10 ( )	11	

90a. Each time you ate **fermented red bean curd**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ ml

91. How often did you eat **fermented black soybean**?

(00) NEVER (Go to question 92)

01	02	03	04
05	06	07	08
09	10 ( )	11	

91a. Each time you ate **fermented black soybean**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ ml

*Question 92 appears on the next page*

92. How often did you eat **soy sauce**?

(00) NEVER (Go to question 93)

01	02	03	04
05	06	07	08
09	10 ( )	11	

92a. Each time you ate **soy sauce**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ ml

93. How often did you eat **oyster sauce**?

(00) NEVER (Go to question 94)

01	02	03	04
05	06	07	08
09	10 ( )	11	

93a. Each time you ate **oyster sauce**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ ml

94. How often did you eat **honey**?

(00) NEVER (Go to question 95)

01	02	03	04
05	06	07	08
09	10 ( )	11	

94a. Each time you ate **honey**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ ml

*Question 95 appears on the next column*

Over the past 12 months...

**95.** How often did you eat **table top (artificial) sweetener**?

(00) NEVER (Go to question 96)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**95a.** Each time you ate **table top (artificial) sweetener**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ ml

**96.** How often did you eat **olive oil (table use)**?

(00) NEVER (Go to question 97)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**96a.** Each time you ate **olive oil (table use)**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ ml

**97.** How often did you eat **dried dates**?

(00) NEVER (Go to question 98)

01	02	03	04
05	06	07	08
09	10 ( )	11	

*Question 98 appears on the next column*

**97a.** Each time you ate **dried dates**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**98.** How often did you eat **dried bean curd**?

(00) NEVER (Go to question 99)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**98a.** Each time you ate **dried bean curd**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**99.** How often did you eat **vegetarian foods (wheat gluten)**?

(00) NEVER (Go to question 100)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**99a.** Each time you ate **vegetarian foods (wheat gluten)**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

*Question 100 appears on the next page*

Over the **past 12 months...**

**100.** How often did you eat **Tiramisu**?

-- (00) NEVER (Go to question 101)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**100a.** Each time you ate **Tiramisu**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

**101.** During the **Chinese New Year**, how often did you eat **sweetened fruit and vegetables** (such as glace winter melon, glace lotus seed, glace coconut)?

-- (00) NEVER (Go to question 102)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**101a.** Each time you ate **sweetened fruit and vegetables**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**102.** During the **Chinese New Year**, how often did you eat **melon seeds** (such as red melon seed, pumpkin seed, sunflower seed)?

-- (00) NEVER (Go to question 103)

01	02	03	04
05	06	07	08
09	10 ( )	11	

Question 103 appears on the next column

**102a.** Each time you ate **melon seeds**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**103.** During the **Chinese New Year**, how often did you eat **crispy triangle**?

-- (00) NEVER (Go to question 104)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**103a.** Each time you ate **crispy triangle**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

**104.** During the **Chinese New Year**, how often did you eat **sesame ball**?

-- (00) NEVER (Go to question 105)

01	02	03	04
05	06	07	08
09	10 ( )	11	

**104a.** Each time you ate **sesame ball**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Question 105 appears on the next page

105. During the Chinese New Year, how often did you eat **Chinese New Year pudding**?

-- (00) NEVER (Go to question 106)

01	02	03	04
05	06	07	08
09	10 ( )	11	

105a. Each time you ate **Chinese New Year pudding**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

106. Over the past 12 months, did you eat **glutinous rice dumplings**?

- (00) NO (Go to question 107)
- (11) Don't know (Go to question 107)
- (01) YES



106a. How often did you eat **glutinous rice dumplings** during the period of dragon boat festival?

-- (00) NEVER (Go to question 106c)

01	02	03	04
05	06	07	08
09	10 ( )	11	

106b. Each time you ate **glutinous rice dumplings** during the period of dragon boat festival, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

Question 106c appears on the next column

Question 107 appears on the next column

106c. How often did you eat **glutinous rice dumplings** during the rest of the year?

-- (00) NEVER (Go to question 107)

01	02	03	04
05	06	07	08
09	10 ( )	11	

106d. Each time you ate **glutinous rice dumplings** during the rest of the year, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram
- (3) \_\_\_\_\_ tael

107. During the period of Mid-autumn Festival, how often did you eat **traditional mooncake**?

-- (00) NEVER (Go to question 108)

01	02	03	04
05	06	07	08
09	10 ( )	11	

107a. Each time you ate **traditional mooncake**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

108. During the period of Mid-autumn Festival, how often did you eat **snowy mooncake**?

-- (00) NEVER (Go to question 109)

01	02	03	04
05	06	07	08
09	10 ( )	11	

Question 109 appears on the next page

108a. Each time you ate **snowy mooncake**, how much did you usually eat?

- (1) \_\_\_\_\_ serving
- (2) \_\_\_\_\_ gram

Over the **past 12 months...**

109. How often did you drink **apple juice**?

-- (00) NEVER (Go to question 110)

01	02	03	04
05	06	07	08
09	10 ( )	11	

109a. Each time you drank **apple juice**, how much did you usually drink?

- (1) \_\_\_\_\_ serving (A / B)
- (2) \_\_\_\_\_ ml

110. How often did you drink **yogurt drink**?

-- (00) NEVER (Go to question 111)

01	02	03	04
05	06	07	08
09	10 ( )	11	

110a. Each time you drank **yogurt drink**, how much did you usually drink?

- (1) \_\_\_\_\_ serving (A / B / C)
- (2) \_\_\_\_\_ ml

*Question 111 appears on the next column*

111. How often did you drink **isotonic sports drink**?

-- (00) NEVER (Go to question 112)

01	02	03	04
05	06	07	08
09	10 ( )	11	

111a. Each time you drank **isotonic sports drink**, how much did you usually drink?

- (1) \_\_\_\_\_ serving (A / B / C)
- (2) \_\_\_\_\_ ml

112. How often did you drink **energy drink**?

(00) NEVER

01	02	03	04
05	06	07	08
09	10 ( )	11	

112a. Each time you drank **energy drink**, how much did you usually drink?

- (1) \_\_\_\_\_ serving (A / B)
- (2) \_\_\_\_\_ ml

End Time:   :

Appendix B

You have answered all questions in this questionnaire. Thank you very much for your cooperation.

Now, your first interview is finished. I would like to make an appointment with you for your second food consumption interview. This interview will take place by telephone and will last less than 15 minutes. It is also the last interview of this survey.

Please, can you tell me when is a good time for me to phone you within the coming week?

Day \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_AM/PM

Good!

What telephone number shall I use to phone you? \_\_\_\_\_

I have written the date and time of your next appointment on your food photo booklet. Can you please have this food photo booklet with you when I phone you? It will be helpful for our interview.

Do you have any questions? Good! Talk to you on \_\_\_(day)\_\_\_!

~ END ~

提示咭 三 Card 3

在過去十二個月中，您多久吃一次（食物）？

**Over the past 12 months, how often did you eat (food)?**

- |                      |                                |
|----------------------|--------------------------------|
| <b>(00)</b> 從來不吃     | <b>Never</b>                   |
| <b>(01)</b> 每年 一至六次  | <b>1-6 times per year</b>      |
| <b>(02)</b> 每年 七至十二次 | <b>7-11 times per year</b>     |
| <b>(03)</b> 每個月 一次   | <b>1 time per month</b>        |
| <b>(04)</b> 每個月 兩至三次 | <b>2-3 times per month</b>     |
| <b>(05)</b> 一星期 一次   | <b>1 time per week</b>         |
| <b>(06)</b> 一星期 兩次   | <b>2 times per week</b>        |
| <b>(07)</b> 一星期 三至四次 | <b>3-4 time per week</b>       |
| <b>(08)</b> 一星期 五至六次 | <b>5-6 times per week</b>      |
| <b>(09)</b> 每日 一次    | <b>1 time per day</b>          |
| <b>(10)</b> 每日 兩次或以上 | <b>2 or more times per day</b> |