



THE SPA & SALON

FEATURING LOCAL, ORGANIC AND CUSTOMIZED TREATMENTS THAT
DELIVER CITY STYLE RESULTS WITH A VACATION SENSIBILITY



MASSAGE

OCEAN BLISS CUSTOM MESSAGE

Using a customized blend of techniques, this massage will address your needs. Determine your perfect pressure preference during consultation with your therapist. Choose from Relaxing Southern Lavender or Energizing Floridian Orange Aromatherapy. *50min / \$160 or 80min / \$215*

PALM BEACH SIGNATURE MESSAGE

Try our best-selling service developed by Palm Beach therapists to ease away tension and get that vacation feeling! This head to toe treatment combines an invigorating scalp massage with a customized blend of massage and reflexology. Warmed Key Lime and Vanilla essential oils. *80min / \$220*

DEEP SEA INTENSIVE MESSAGE

For the firm pressure enthusiast, book this Deep Tissue-focused massage. Includes muscle-focused stretches, steamed towel packs and muscle relieving balm. *80min / \$220*

EAST COAST STONE MESSAGE

Smooth heated basalt stones bring relief to tight muscles. This deeply relaxing massage uses organic blended oil with Swedish techniques. *80min / \$220*

PREGNANCY MESSAGE

For women in their second or third trimester of pregnancy, this side-lying, gentle-relief massage enhances comfort, improves circulation and promotes relaxation. *50min / \$160*

COUPLES MESSAGE

Spend some quality time with someone special while two therapists treat you to side-by-side Ocean Bliss massages in our exquisite suite for two. *50min / \$320 or 80min / \$430*

COUPLES EXPERIENCE

Transform your 50 or 80 minute Couples Massage into a uniquely special experience with extra time in our Couples Suite. Enjoy the dual headed steam shower, a complimentary glass of Prosecco and luxurious Floridian amenities in our private room. *80min (50min massage + 30min Couples Experience) / \$380 or 110min (80min massage + 30min Couples Experience) / \$490*

ATLANTIC REFLEXOLOGY

Enjoy this focused foot massage using pressure-point techniques with a cooling winter mint gel. *50min / \$160*



DELUXE
BODY
TREATMENTS

BOCA QUENCH

This ultra-hydrating massage starts with an energizing orange peel and organic cane sugar scrub. Next, steamed lime-infused towels are applied leaving skin radiant. Then, you are drizzled with vitamin C- infused Floridian Sweet Orange oil, and tired muscles are kneaded from head to toe, while a whipped citrus butter hand and foot treatment works magic! *80min / \$250*

TREASURE ISLAND

This delicious full body treatment starts with a buttery brown sugar and dark rum exfoliation to remove dry skin cells. This is washed away under a cascade of warm sparkling water. Next your skin is treated to a relaxing rubdown with sweet almond oil, peppercorn, and jojoba with a hint of caramel, leaving you glowing in this lavish spa experience. *80min / \$250*

PINE ISLAND DETOX WRAP

This sinus-clearing treatment is perfect for weary winter travelers. Starting with a brisk dry exfoliation, a mineral-rich seaweed mud is applied with a cozy warming wrap. As you relax, enjoy a eucalyptus and rosemary pressure-relieving sinus massage, followed by toasty reflexology. A massage application of rich organic seed oil wraps up this detoxifying treat. *80min / \$250*

KEY WEST RECOVERY WRAP

This full-body wrap soothes tired muscles and rejuvenates dull skin. The treatments starts with a dry body exfoliation, then a detoxifying pink clay mask is applied before your body is wrapped to increase the absorption of nutrients. After a deeply relaxing scalp and ear massage, enjoy an application of super hydrating organic Shea butter that leaves your skin glowing. *50min / \$160*



SCRUB
GLOW
& TONE

SCRUB, GLOW & TONE

COCO BEACH BUFF

For a truly tropical experience, try this creamy combination. Skin is buffed with a fine sugar and pineapple-coconut shea butter scrub, leaving the skin smooth and hydrated. Next, a relaxing massage using warmed Florida Key Lime Oil targets your most troubled muscles, leaving the skin dewy and sunshine-golden. 50min / \$160

KISSED BY THE SUN

A light self-tanning treatment with hydrating, smoothing and nourishing properties to give you a natural-looking, radiant glow without exposure to the sun. 50min / \$160

BEACH BODY

This targeted treatment uses lymphatic technique, deep massage and a seaweed wrap to detoxify and tone the lower body. Benefits help with fluid retention and muscle tightness. Staying for a few days? Multiply the toning effects with a 3 treatment package for \$400. 50 min/\$160.

SUNSET EXPRESS

Want to get back out to the beach? Try one of our express services and we'll save you a sun lounger...

GLAM GLOW

This mini facial leaves the skin noticeably fresher and refined. Glam Glow can also help with fine lines and wrinkles, discoloration, breakouts and skin texture. Take a GLAMGLOW® mud mask home with you after your treatment and receive 20% off your product. 25min / \$115

REFLEXOLOGY

Try a shorter version of our Atlantic Reflexology with targeted pressure and winter mint gel. 25min / \$115

BEACH BREAK MASSAGE

Back, neck & shoulder relief – perfect after a long day at work or fresh from your flight. 25min / \$115

NAIL REFRESH

Simply a fresh polish application with lemongrass steamed towels. Available for fingers or toes. 25min / \$30



FACIALS

ULTIMATE KATE SOMERVILLE FACIAL

Our Ultimate Kate facial is just that! It begins with a gel cleanse and a purifying steam, followed by enzymatic exfoliation and light extractions. Skin is then drenched with Kate's DermalQuench serum and infused with an oxygen spray. DermaLucent red light then further aids absorption of the serum to stimulate collagen & elastin production. The result is a firm, even skin tone and red carpet-ready complexion. *80min / \$350*

KATE SOMERVILLE DERMALUCENT FACIAL

Skin is illuminated with red light to increase collagen production and help protect skin from damage caused by the sun's harmful rays. In conjunction with Kate Somerville's innovative dermal boosters, the DermaLucent treatment provides truly powerful results. *60min / \$240*

KATE SOMERVILLE DERMALQUENCH FACIAL

For unparalleled hydration and that signature glow, DermalQuench is a Kate Somerville favorite. The skin is drenched in a hyaluronic serum and vitamins. Oxygen is then applied for further hydration, healing and conditioning. Watch dryness and fine lines disappear and discover a softer, supple complexion. *60min / \$240*

FTL FACIAL (FIRM, TIGHTEN & LIFT)

One of our most effective anti-aging facials uses professional grade microcurrent to tone, tighten and visibly plump the skin. Results include smoothed wrinkles, defined jawline and tighter, lifted skin. Please note that this facial does not include extractions. *60min / \$240*

DEEP CLEANSING FACIAL

Designed to deliver healthier, radiant skin, this facial is customized to each individual's needs. The treatment begins with enzymatic exfoliation and necessary extractions, and a customized treatment mask follows. The facial finishes with an acupressure massage. Skin is left smoother, clearer and healthier. *60min / \$175*

OXYGENEO 3-IN-1 SUPER FACIAL

Exfoliate. Infuse. Oxygenate. See immediate improvement in your skin's texture, tone and appearance with this technologically advanced facial. Thorough and effervescent exfoliation polishes skin and accelerates absorption and utilization of vital nutrients. Your body responds by sending oxygen-rich blood to your face, naturally oxygenating and rejuvenating cells. Vitamins A, C, E, peptides and a hyaluronic serum are infused deep into the skin where they are most needed. The result is better cellular turnover, radiant skin and a fresh glow. *60min / \$250*

HYDRATING CUSTOM FACIAL

Smooth fine lines and wrinkles with this hydrating facial that quenches thirsty skin. Relax with a cleanse, steam, light extractions, massage and mask, as we tailor this treatment to your needs. *50min / \$160*

GENTLEMEN'S FACIAL

Your skin will look clearer, smoother and more refined by removing pollutants and deeply cleansing the skin as it minimizes pores. This facial includes a double cleanse, exfoliation, concentrated extractions, massage, mask and hot steamed towels. *50min / \$160*

A woman with dark hair is relaxing in a white bath, her eyes closed and head tilted back. A semi-transparent white box is overlaid on the image, containing the word 'BEAUTY' in a serif font.

BEAUTY

PB CITRUS MANICURE

Try our classic manicure with an orange twist. Enjoy a warm citrus soak, nail clean up, light massage and your choice of buff or polish. 25min / \$45

PB CITRUS PEDICURE

Starting with a citrus aromatherapy soak, your feet are groomed and buffed with our vitamin-C enriched scrub, massaged with our Florida sweet orange oil, then filed and polished to perfection. 50min / \$65

BEACH BUFF MANICURE

Enjoy a creamy cane sugar scrub, lime scented hot towels, an extended massage with expert nail detailing in this luxury manicure. 45min / \$60

BEACH BUFF PEDICURE

Take your pedicure to the next level with deeper exfoliation, a baby-soft paraffin treatment, extra muscle-melting massage and the perfect polish or buff. 80min / \$115

GEL MANICURE

Get the latest must-have nails with long-lasting gel polish. Choose your favorite color for a flawless, shiny manicure that will last. If you already have gel polish on your nails, please book this treatment with a gel polish removal. 50min / \$75

ADDITIONAL CARE

French Polish Finish \$15

Gel Polish Removal 25min / \$25

Nail Repair 15min / \$15

Paraffin hand or foot treatment 15min / \$30

Children's Manicure & Pedicure (Ages 4-11) 20min / \$25 & 25mins / \$30

EXPRESS MAKE UP

Basic make up application for date night or an evening on the town. \$65

MAKE UP APPLICATION

Full make up application for events and editorial.. \$90 (add on lashes with make up application \$130)

MAKE UP LESSON

Step-by step consultation and application. \$120

**For bridal services please refer to our bridal service menu.*



PHYSICIAN
BASED
MEDSPA

PHYSICIAN BASED MEDSPA

In partnership with Dr. Harold Bafitis, a double board certified Plastic Surgeon practicing in Palm Beach County for over 20 years, The Spa offers non-surgical liposuction, skin lifting and tightening, fillers and BOTOX® Cosmetic.

The Spa's coastal chic sanctuary offers relaxation while Dr. Bafitis, together with his talented and diligently trained team and state of the art equipment, provide expert consultation and treatment plans to help you achieve your aesthetic goals and accentuate your natural beauty.

MEDSPA TREATMENTS

Available Thursdays - Sundays | By Appointment

COOLSCULPTING®

A breakthrough, FDA proven, non-invasive technology that uses a unique cooling process to gently target and permanently eliminate unwanted fat cells resulting in a noticeable, natural-looking reduction in selected areas. *6 inch applicator \$850 | 8 inch applicator \$1,600*

ULTHERAPY®

The only FDA approved non-surgical face and décolletage skin tightening treatment in the world, after just one treatment utilizing ultrasound, with no downtime, your skin will gradually reflect a more refreshed, uplifting appearance. *Cheek and neck \$3,000 | Full face \$3,900*

BOTOX® COSMETIC

The only approved treatment to temporarily improve the appearance of moderate to severe lines between the brows and crow's feet by reducing muscle activity, you will begin to notice a visible smoothing. *Per unit \$14*

DERMAL FILLERS

Restores volume and fullness in the face including plumping thin lips, enhancing shallow contours, softening facial creases, removing wrinkles and improving the appearance of recessed scars, resulting in a more youthful look.

Radiesse®	\$725 per treatment*
Belotero®	\$550 per treatment*
Restylane®	\$625 per treatment*
Juvederm Ultra Plus®	\$625 per treatment*
Voluma®	\$750 first treatment*

**Special pricing offered on additional treatments*



SALON

BLOW DRYING

CLASSIC PALM BEACH BLOW OUT

Let our expert stylists take care of the humidity effect with our signature blow out.

Short \$55 / Medium \$65 / Long \$75

THE DEBUTANTE

Our debutante blow dry leaves you with smooth and shiny locks with long lasting results using our thermal-protective products for healthy hair. *60min / \$95*

THE SOCIALITE

Our weather-proof blow dry service: a pre-shampoo application of silky karité coconut oil, finishing with an appropriate nutrient-rich mask. *60min / \$80*

EXPRESS BLOW DRY SERVICE

Arrive at the Salon with freshly washed hair and we will do the rest! *45 min / \$55*

SHINE & RESTORE HAIR TREATMENT

Start your day with a nourishing Shea butter oil and sun protectant treatment styled in a fuss free hairstyle. Return at day's end for a soothing shampoo, cooling hair mask and blow dry style of your choice. *60min / \$80*

HAIR TREATMENTS

DENSITY & VOLUME TREATMENT

Nourishes and repairs devitalized hair by adding weightless moisture, to encourage thicker, stronger, and healthier hair. *\$60*

SHINE TREATMENT

Chilean Acerola cherry-based vinegar neutralizes hard water and salt deposits, tightening the hair's cuticle to reveal reflective shine and manageability. *\$60*

AFTER SUN HAIR DRENCH

Restructures sun-exposed hair leaving tresses nourished, hydrated and soft. *\$60*

COLOR

Single Process Color *\$110**

Partial Highlights *\$150**

Full Highlights *\$250**

Gloss *\$60**

Corrective Color *(Price upon consultation)*

HAIRCUT

Women's Cut *\$110*

Men's Scissor Cut & Style *\$55*

Men's Clipper Cut & Style *\$55*

**All services include a 10 minute consultation with our color specialists.*

The background image shows three white robes hanging on a wall with a marble pattern. The robes are suspended by silver-colored rings. A semi-transparent white rectangular box is centered over the robes, containing the text 'PACKAGES & WAXING'. Each robe has a small, dark blue embroidered logo on the lower left sleeve, depicting a stylized tree or plant.

PACKAGES & WAXING

PACKAGES

THE SOCIAL

Palm Beach Signature Massage (80min), Hydrating Custom Facial (50min), PB Signature Mani & Pedi (90min)
4hrs / \$425

THE POLO

Deep Sea Intensive Massage (80min), Gentleman's Facial (50min), Beach Buff Pedicure (80min) / 4hrs / \$450

THE NORTON

Key West Recovery Wrap (50min), Ocean Bliss Massage (50min), Hydrating Custom Facial (50min), Classic Palm Beach Blow Out (50min) 4hrs / \$500

DAY SPA & BEACH RETREAT

With all day beach access and the choice of one of our 50-minute spa treatments you can enjoy a leisurely day of sun and pampering.(available only for non-resort guests). Full Day / \$195

CELEBRATING A SPECIAL OCCASION?

Add a Resort lunch credit for \$35 to enjoy at our poolside or beachfront restaurants. You can also add a PB Citrus Manicure & Pedicure as a finishing touch to any package for \$110.

**All packages come with day use of the spa facility and a glass of bubbly.*

WAXING

BACK OR CHEST 50min / \$100

BIKINI 25min / \$50

EYEBROW SHAPING 25mins / \$40

HALF ARM 25min / \$40

FULL ARM 50min / \$80

HALF LEG 25min / \$50

FULL LEG 50min / \$100

LIP OR CHIN 15min / \$35

UNDERARM 25min / \$40



KNOW
BEFORE
YOU GO

PRIVACY AND QUIET

The Spa is dedicated to maintaining an environment of peace and tranquility. Please help us by respecting our atmosphere of privacy and quiet. In consideration of other guests, cell phone use is not permitted.

SPA AND SALON RESERVATIONS AND CANCELLATIONS

For maximum convenience and flexibility, we recommend that you schedule your spa sessions in advance. Appointments can be guaranteed with a credit card, room or confirmation number. As we reserve your appointment time especially for you, please provide four hours advance notice should you need to change or cancel your appointment. No-shows and guests who cancel fewer than four hours before an appointment time will be billed for the full price. Late arrival for any service will limit the length of treatment.

CHECK-IN

We suggest arriving at least 30 minutes before your scheduled Spa appointment, providing sufficient time to change and make use of our beautiful spa facility. Spa robes, slippers and a locker will be provided upon your arrival. If you choose, undergarments may be worn during treatments. All of our therapists are skilled in proper draping procedures to ensure complete comfort and privacy.

MEDICAL

Kindly inform us of any special or medical needs that require additional attention. If you are pregnant, or have specific medical conditions, some treatments are not recommended. If you are unsure, just ask.

VALUABLES

Please remove any jewelry and other valuables prior to your spa visit. You can secure them in the safe located in your guest room or suite.

AGE POLICY

Spa treatments are available for guests age 12 and over, with guests ages 12 to 17 requiring a parent's written approval. Salon services have no minimum age, though children under 16 require parental approval and children under 12 must be accompanied by a parent or guardian. Guests ages 12 to 17 who wish to use the Spa's locker area and facilities must be accompanied at all times by a parent or guardian. Guests must be a minimum of 14 years old to use the Spa Jacuzzi and Steam Room and must wear a swimsuit at all times in these areas.

GIFT CERTIFICATES

Gift certificates are available for purchase online or at the Spa.

GRATUITIES

In appreciation of outstanding service, gratuities may be given at your discretion.



FOUR SEASONS
RESORT
PALM BEACH

Hours of Operation

Salon | 10am - 6pm | Daily

Spa | 9:30am - 7pm | Daily

First treatment begins at 10am, last treatment finishes at 7pm.

As a Resort guest, please enjoy complimentary use of the Spa relaxation areas, steam, whirlpool and high performance showers.