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**Food Service
State Questionnaire**

Sample Copy-Do Not Complete

**School Health Policies and Programs Study 2006
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Food Service State Questionnaire

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Special Instructions

NOTE: THROUGHOUT THIS QUESTIONNAIRE, TEXT THAT APPEARS IN ALL CAPITAL LETTERS WILL NOT BE READ ALOUD TO RESPONDENTS.

THIS QUESTIONNAIRE WILL BE ADMINISTERED USING COMPUTER ASSISTED TELEPHONE INTERVIEW TECHNOLOGY. THE INTERVIEWER WILL READ THE QUESTIONS ALOUD AND TYPE RESPONSES TO THE QUESTIONS INTO THE COMPUTER. THE INTERVIEW PROGRAM WILL 1) DISPLAY THE CORRECT TENSE OF VERBS, 2) PROVIDE ALTERNATE ANSWERS TO QUESTIONS (E.G., NOT APPLICABLE, AI DON=T KNOW@), 3) NAVIGATE COMPLEX SKIP PATTERNS, AND 4) PERFORM OTHER USEFUL FUNCTIONS. THE PROGRAMMING SPECIFICATIONS FOR THE INTERVIEW ARE NOT INCLUDED IN THIS PRINTED VERSION OF THE QUESTIONNAIRE.

1. This questionnaire focuses on your state’s policies and practices regarding food service.
2. When I use the word “policy,” I mean any law, rule, regulation, administrative order, or similar kind of mandate issued by the state board of education, state legislature, or other state agency with authority over schools in your state. I am most interested in what is required by the state, not what is recommended or contained in non-binding guidance documents, unless the question specifically asks about recommendations.
3. If a state policy is worded in such a way that it requires districts or schools to develop and adopt their own policies on a given topic, for the purpose of this questionnaire please consider it the same as a statewide requirement.
4. I recognize that the state may sometimes grant policy exceptions or waivers, but please answer each question based on what is considered the general policy and standard practice.
5. Please do not consider district or school practices or policies when answering the questions. We will ask about district and school practices and policies when we collect information from districts and schools across the country.

Staffing and Staff Development

The first set of questions that I will be asking are about staffing and staff development for food service staff.

1. Has your state adopted a policy stating that each district will have someone to oversee or coordinate food service in the district, such as a district food service director?

Yes1
No.....2

2. Does your state offer certification, licensure, or endorsement to district food service directors?

Yes1
No.....2

3. Has your state adopted a policy stating that each school will have someone to oversee or coordinate food service at the school, such as a school food service manager?

Yes1
No.....2

4. Does your state offer certification, licensure, or endorsement to school food service managers?

Yes1
No.....2

My next questions are about staff development, which might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service.

5. During the past two years, has your state provided funding for or offered staff development to food service staff on...

	Yes	No
a. Menu planning for healthy meals?.....	1.....	2.....
b. Cultural diversity in meal planning?.....	1.....	2.....
c. Implementing the Dietary Guidelines for Americans in school meals?	1.....	2.....
d. Using the cafeteria for nutrition education?	1.....	2.....
e. Food service for students with special dietary needs?.....	1.....	2.....
f. Selecting and ordering food?	1.....	2.....
g. Healthy food preparation methods?	1.....	2.....
h. Increasing the percentage of students participating in school meals?	1.....	2.....
i. Making school meals more appealing?.....	1.....	2.....
j. Customer service?.....	1.....	2.....
k. Competitive food policies to create a healthy food environment?	1.....	2.....
l. Financial management?	1.....	2.....
m. Personnel management?.....	1.....	2.....
n. Facility design and layout, including equipment selection?.....	1.....	2.....
o. Food safety?.....	1.....	2.....
p. Procedures for food-related emergencies such as choking or severe food allergy reactions?.....	1.....	2.....
q. Emergency preparedness?.....	1.....	2.....
r. Using Hazard Analysis and Critical Control Points or HACCP?	1.....	2.....
s. Food bio-security, that is, the prevention of intentional contamination of food to cause illness?	1.....	2.....
t. Procedures for responding to food recalls?.....	1.....	2.....
u. Personal safety for food service staff?	1.....	2.....

Collaboration

Now I will be asking about state food service staff collaboration with other groups.

- 6a. During the past 12 months, have state-level child nutrition or food service staff worked on school food service or nutrition activities with state-level school health education staff?

Yes1
No.....2
State does not have state-level school health
education staff3

- 6b. What about with state-level physical education staff?

Yes1
No.....2
State does not have state-level physical
education staff3

- 6c. What about with state-level school health services staff?

Yes1
No.....2
State does not have state-level school health
services staff3

- 6d. What about with state-level school mental health or social services staff?

Yes1
No.....2
State does not have state-level school mental
health or social services staff3

7. During the past 12 months, have state food service staff worked on school food service or nutrition activities with staff or members from...

	Yes	No
a. Action for Healthy Kids?	1	2
b. The state department of agriculture?	1	2
c. The state-level School Nutrition Association?	1	2
d. A state-level health organization, such as the American Heart Association or the American Cancer Society?.....	1	2
e. A food commodity organization, such as the Dairy Council or state produce growers association?	1	2
f. A state-level school nurses' association?	1	2
g. A state-level physicians' organization, such as the American Academy of Pediatrics?.....	1	2
h. Colleges or universities?.....	1	2
i. Businesses?	1	2

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Evaluation

The next questions ask about different aspects of the school food service program that the state might have evaluated during the past two years.

8a. During the past two years, has the state evaluated district or school food service staff compliance with government regulations and recommendations?

Yes1
No.....2

8b. What about the number of students participating in the food service program?

Yes1
No.....2

8c. What about the nutritional quality of school meals?

Yes1
No.....2

8d. What about food service management practices?

Yes1
No.....2

8e. What about the amount of plate waste?

Yes1
No.....2

8f. What about food service staff development or in-service programs?

Yes1
No.....2

8g. What about food safety procedures?

Yes1
No.....2

Food Service and Child Nutrition Requirements and Recommendations

The next set of questions will ask about food service and child nutrition requirements and recommendations in your state.

9. Has your state adopted a policy stating that schools will offer breakfast to students?
- Yes, all schools1
Yes, some categories of schools, such as those
with a certain percentage of students eligible
for free or reduced-price meals2
No.....3
10. Has your state adopted a policy stating that schools will encourage breakfast consumption by allowing students to eat in locations other than the cafeteria, such as the school bus or classroom?
- Yes1
No.....2
11. Does your state require or recommend a minimum amount of time students will be given to eat breakfast once they are seated?
- Require1
Recommend2
Neither3

My next questions ask about food items that might be offered to students. When I say “appealing,” I mean food items that are acceptable to a majority of students as indicated by some kind of evaluation, such as analysis of plate waste or student choices.

12. Does your state require or recommend that schools offer students at least one appealing fruit each day for breakfast?
- Require1
Recommend2
Neither3

Food Service and Child Nutrition Requirements
and Recommendations

13. Does your state require or recommend that schools offer students at least one appealing low-fat or non-fat dairy product, including milk, each day for breakfast?
- Require.....1
Recommend2
Neither3
14. Does your state require or recommend that schools offer students 3 or more different types of milk, for example, 1% chocolate milk or skim unflavored milk, each day for breakfast?
- Require.....1
Recommend2
Neither3
15. Has your state adopted a policy stating that schools will offer lunch to students?
- Yes1
No.....2
16. Does your state require or recommend a minimum amount of time students will be given to eat lunch once they are seated?
- Require.....1
Recommend2
Neither3
17. Does your state require or recommend that schools offer students at least one appealing fruit each day for lunch?
- Require.....1
Recommend2
Neither3

Food Service and Child Nutrition Requirements and Recommendations

18. Does your state require or recommend that schools offer students at least one appealing non-fried vegetable each day for lunch?

Require.....1
 Recommend2
 Neither3

19. Does your state require or recommend that schools offer students at least one appealing low-fat or non-fat dairy product, including milk, each day for lunch?

Require.....1
 Recommend2
 Neither3

20. Does your state require or recommend that schools offer students 3 or more different types of milk, for example, 1% chocolate milk or skim unflavored milk, each day for lunch?

Require.....1
 Recommend2
 Neither3

21. Does your state require or recommend that schools offer students a choice between the following items each day for lunch?

	Require	Recommend	Neither
a. 2 or more different entrees or main courses	1	2	3
b. 2 or more different non-fried vegetables	1	2	3
c. 2 or more different fruits or types of 100% fruit juice.....	1	2	3

22. Does your state require or recommend that schools offer students 5 or more foods containing whole grain each week during breakfast or lunch?

Require.....1
 Recommend2
 Neither3

Food Service and Child Nutrition Requirements and Recommendations

My next question asks about the availability of junk foods in schools. Junk foods are foods or beverages that have low nutrient density, that is they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

23. Does your state require or recommend that schools be prohibited from offering junk foods...

	Require	Recommend	Neither
a. A la carte during breakfast or lunch periods?	1.....	2.....	3.....
b. At student parties?	1.....	2.....	3.....
c. In after-school or extended day programs?	1.....	2.....	3.....
d. At staff meetings?	1.....	2.....	3.....
e. At meetings attended by students' family members?	1.....	2.....	3.....
f. In school stores, canteens, or snack bars?	1.....	2.....	3.....
g. In vending machines?	1.....	2.....	3.....
h. At concession stands?	1.....	2.....	3.....

24. Does your state require or recommend that schools make fruits or vegetables available to students whenever other food is offered or sold, for example at school parties or in school stores?

Require	1
Recommend	2
Neither	3

25. Does your state require or recommend that schools make healthful beverages such as bottled water or low-fat milk available to students whenever other beverages are offered or sold, for example at school parties or in school stores?

Require	1
Recommend	2
Neither	3

Food Service and Child Nutrition Requirements
and Recommendations

26. Does your state require or recommend that schools limit the package or serving size of food or beverage items, for example a maximum weight for a cookie?
- Require.....1
Recommend2
Neither3
27. Does your state require or recommend that schools restrict the availability of deep fried foods? Please answer “require,” “recommend,” or “neither.”
- Require.....1
Recommend2
Neither3
28. Does your state require or recommend that elementary schools prohibit student access to vending machines for at least part of the school day?
- Require.....1
Recommend2
Neither3
29. Does your state require or recommend that middle or junior high schools prohibit student access to vending machines for at least part of the school day?
- Require.....1
Recommend2
Neither3
30. Does your state require or recommend that senior high schools prohibit student access to vending machines for at least part of the school day?
- Require.....1
Recommend2
Neither3

Food Service and Child Nutrition Requirements
and Recommendations

31. Does your state require or recommend that schools restrict the times during the day that soda pop, sports drinks, or fruit drinks that are not 100% juice can be sold in any venue?
- Require.....1
Recommend2
Neither3
32. Does your state require or recommend that schools restrict the times during the day that junk foods can be sold in any venue?
- Require.....1
Recommend2
Neither3
33. Does your state require or recommend that schools prohibit junk foods from being sold for fundraising purposes?
- Require.....1
Recommend2
Neither3
34. Does your state require or recommend that schools prohibit brand-name fast foods, for example Pizza Hut or Taco Bell, from being offered as part of school meals or as a la carte items?
- Require.....1
Recommend2
Neither3
35. Does your state require or recommend that schools prohibit advertising for candy, fast food restaurants, or soft drinks on school property?
- Require.....1
Recommend2
Neither3

Food Service and Child Nutrition Requirements
and Recommendations

36. Does your state require or recommend that districts or schools implement food safety practices school-wide, that is both inside and outside the cafeteria?

- Require.....1
- Recommend2
- Neither3

37. Has your state adopted a policy prohibiting schools from using food or food coupons as a reward for good behavior or good academic performance?

- Yes1 → SKIP TO THE INTRODUCTION TO Q39A
- No.....2

38. Does your state discourage schools from using food or food coupons as a reward for good behavior or good academic performance?

- Yes1
- No.....2

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State Assistance to Districts and Schools

Next I'm going to ask you about state assistance to districts and schools.

- 39a. During the past 12 months, has your state provided ideas on how to involve school food service staff in classrooms to teach students about nutrition or healthy eating?

Yes1
No.....2

- 39b. During the past 12 months, has your state provided ideas on how to use the cafeteria as a place where students might learn about food safety, food preparation, or other nutrition-related topics?

Yes1
No.....2

- 39c. During the past 12 months, has your state provided ideas for nutrition-related special events to teach students about nutrition or healthy eating?

Yes1
No.....2

40. During the past two years, has your state provided model policies to districts or schools on how to promote healthy eating among students? These model policies might address nutrition education, food service, or other foods available at school.

Yes1
No.....2

State Food Service Director

41. Currently, does someone in your state oversee or coordinate food service for schools, for example a state food service director or director of child nutrition?

Yes1

No.....2

→ That is the last question.
Thank you very much for
taking the time to complete
this questionnaire.

42. Are you this person?

Yes1

No.....2

→ That is the last question.
Thank you very much for
taking the time to complete
this questionnaire.

43. Who do you work for?

State education agency.....1

State department of agriculture.....2

State health agency3

Other4

Finally, I'm going to ask you some questions about your educational background.

44. Do you have an undergraduate degree?

Yes1

No.....2

→SKIP TO Q50

45. What did you major in?

MARK ALL THAT APPLY

- Business1
- Education2
- Food service administration or
management3
- Home economics or family and
consumer sciences4
- Nutrition or dietetics5
- Other6

46. Did you have an undergraduate minor?

- Yes1
- No.....2 → SKIP TO Q48

47. What did you minor in?

MARK ALL THAT APPLY

- Business1
- Education2
- Food service administration or
management.....3
- Home economics or family and
consumer sciences4
- Nutrition or dietetics5
- Other6

48. Do you have a graduate degree?

- Yes1
- No.....2 → SKIP TO Q50

49. In what area or areas?

MARK ALL THAT APPLY

- Business1
- Education2
- Food service administration or management.....3
- Home economics or family and consumer sciences4
- Nutrition or dietetics5
- Other6

50. Have you earned the School Food Service and Nutrition Specialist credential from the School Nutrition Association, formerly the American School Food Service Association?

- Yes1
- No.....2

51. Do you hold the following credentials from the American Dietetic Association?

- | | Yes | No |
|---|-----|----|
| a. Registered Dietitian or RD | 1 | 2 |
| b. Registered Dietetic Technician or DTR..... | 1 | 2 |

52. Are you a certified dietary manager?

- Yes1
- No.....2

53. Are you a certified food safety manager?

- Yes1
- No.....2 → SKIP TO Q55

54. Who are you certified by?
MARK ALL THAT APPLY

- ServSafe® Food Protection Manager
Certification by the National Restaurant
Association Educational Foundation.....1
- Certified Professional Food Manager by
Exterior® Assessments, LLC2
- Certified Food Safety Manager™ by the
National Registry of Food Safety
Professionals3
- State or local health agency Food Handler's
Card4

55. Do you have any other food service certifications from a state agency or state-level professional group?

- Yes1
- No.....2

Thank you very much for taking the time to participate in this study.

If you would like more information about this study or would like clarification of any questions in this survey, please call 800-287-1815.