### horizontal line**Podcast Script Format**

Podcasts typically focus on voice and tone, so clarity is essential. Here’s a streamlined format:

**[Title]**Podcast Episode Title

**[Intro]**Brief script to introduce the podcast episode, including the host's names and a hook to draw in listeners.

**[Segments]**Podcasts are often broken into segments, like *Opening Remarks*, *Main Discussion*, and *Conclusion*.

**[Host’s Name]**Who’s speaking, followed by their dialogue.

**[Sound Cues]**Indicate any sound effects, music, or transitions, e.g., *[Sound of footsteps]* or *[Background music fades]*.

**Example:**

**Title:** *Episode 5: The Science of Happiness*

**Intro**

**HOST 1 (Sarah)**Welcome to *The Mindful Minute*! I’m Sarah.

**HOST 2 (Alex)**And I’m Alex! Today we’re exploring the science of happiness.

**[Segment 1: What is Happiness?]**

**SARAH**Happiness isn’t just a feeling; it’s a combination of pleasure, engagement, and purpose.

\**[Sound Cue: Light background music starts]*

**Conclusion**

**ALEX**Thanks for joining us, and remember to find something to smile about today!