

Fine could be prettier

Bullying Behavior Chart

Physical Bullying Harm to someone's body or property		Emotional Bullying Harm to someone's self-esteem or feeling of safety		Social Bullying Harm to someone's group acceptance	
<i>Verbal</i>	<i>Nonverbal</i>	<i>Verbal</i>	<i>Nonverbal</i>	<i>Verbal</i>	<i>Nonverbal</i>
LEVEL ONE					
<ul style="list-style-type: none"> Expressing physical superiority Blaming the victim for starting the conflict 	<ul style="list-style-type: none"> Making threatening gestures Defacing property Pushing/shoving Taking small items from others 	<ul style="list-style-type: none"> Insulting remarks Calling names Teasing about possessions, clothes, physical appearance 	<ul style="list-style-type: none"> Giving dirty looks Holding nose or other insulting gestures 	<ul style="list-style-type: none"> Gossiping Starting or spreading rumors Teasing publicly about clothes, looks, relationships with boys/girls, etc. 	<ul style="list-style-type: none"> Ignoring someone and excluding them from a group
LEVEL TWO (some of these behaviors are against the law)					
<ul style="list-style-type: none"> Threatening physical harm 	<ul style="list-style-type: none"> Damaging property Stealing Starting fights Scratching or biting Pushing, tripping, or causing a fall Assaulting 	<ul style="list-style-type: none"> Insulting family Harassing with phone calls Insulting your size, intelligence, athletic ability, race, color, religion, ethnicity, gender, disability, or sexual orientation 	<ul style="list-style-type: none"> Defacing school work or other personal property, such as clothing, locker, or books Saying someone is related to a person considered an enemy of this country (e.g., Osama bin Laden) 	<ul style="list-style-type: none"> Ostracizing using notes, instant messaging, e-mail, etc. Posting slander in public places (such as writing derogatory comments about someone in the school bathroom) 	<ul style="list-style-type: none"> Playing mean tricks to embarrass someone
LEVEL THREE (most of these behaviors are against the law)					
<ul style="list-style-type: none"> Making repeated and/or graphic threats (harassing) Practicing extortion (such as taking lunch money) Threatening to keep someone silent: "If you tell, it will be a lot worse!" 	<ul style="list-style-type: none"> Destroying property Setting fires Physical cruelty Repeatedly acting in a violent, threatening manner Assaulting with a weapon 	<ul style="list-style-type: none"> Harassing you because of bias against your race, color, religion, ethnicity, gender, disability, or sexual orientation 	<ul style="list-style-type: none"> Destroying personal property, such as clothing, books, jewelry Writing graffiti with bias against your race, color, religion, ethnicity, gender, disability, or sexual orientation 	<ul style="list-style-type: none"> Enforcing total group exclusion against someone by threatening others if they don't comply 	<ul style="list-style-type: none"> Arranging public humiliation

From:

New Jersey Cares About Bullying, Office of Bias Crime and Community Relations; Adapted from Atlantic Prevention Resources