

## Rolfer™ Client SOAP Notes

Rolfer: \_\_\_\_\_ Date: \_\_\_\_\_

Client: \_\_\_\_\_ Session #: \_\_\_\_\_

### Subjective (what the Client tells you)

---

---

---

### Objective (what you observe: see, hear, feel, etc.)

---

---

---

### Assessment (what you did in the session)

---

---

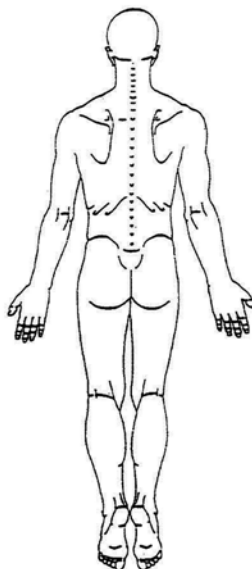
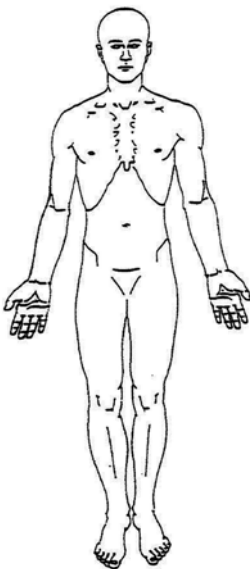
---

### Plan (results produced and/or results you hope to achieve)

---

---

---



## Additional Notes

**Rolfer:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Client:** \_\_\_\_\_ **Session #:** \_\_\_\_\_

Client's goal for series:

\_\_\_\_\_

Theme of the series:	U/D	L/R	F/B	I/O	Other
----------------------	-----	-----	-----	-----	-------

Client's resource (orientation):	Earth (G)	Neutral	Sky (G')		
----------------------------------	-----------	---------	----------	--	--

Client's pelvic tilt:	Anterior	Neutral	Posterior		
-----------------------	----------	---------	-----------	--	--

General goals for this session:

\_\_\_\_\_

\_\_\_\_\_

Specific goals for this client:

\_\_\_\_\_

\_\_\_\_\_

To what degree were the goals realized?	Barely	Partially	Fully
---	--------	-----------	-------

What happened that I didn't expect?

\_\_\_\_\_

\_\_\_\_\_

I stayed present with myself:	Below Average	Average	Above Average
-------------------------------	---------------	---------	---------------

I stayed present with myself and the client:	Seldom	Half of the Time	Most of the Time
--	--------	------------------	------------------

My pacing was:	Slow	Just Right	Fast	/	Consistent	Sporadic
----------------	------	------------	------	---	------------	----------

My body use was:	Awkward	Good	Efficient
------------------	---------	------	-----------

I evoked client participation:	Seldom	Appropriately	Too much
--------------------------------	--------	---------------	----------

Comments regarding this session:

\_\_\_\_\_

\_\_\_\_\_