

# Undergraduate Psychology Research Proposal

## Title Page

- **Title of the Proposal:** A concise and descriptive title.
- **Your Name**
- **Institution and Department:** Include the psychology department.
- **Advisor's Name**
- **Date of Submission**

## Abstract

- Summarize the psychological research topic, objectives, methods, and expected outcomes (150–300 words).

## Introduction

- **Background:** Provide relevant context about the psychological topic or issue.
- **Problem Statement:** Define the research problem or question.
- **Significance:** Explain how the research contributes to understanding behavior, cognition, or mental health.
- **Objectives:** State your research goals or hypotheses.

## Literature Review

- Summarize relevant psychological theories, studies, or frameworks.
- Identify gaps or contradictions in the literature your research will address.

## Research Questions or Hypotheses

- Clearly state specific research questions or psychological hypotheses.

## Methodology

- **Participants:** Describe the target population and sampling methods.
- **Instruments:** Specify psychological tests, surveys, or experimental tools.
- **Procedure:** Detail steps for conducting the research.
- **Analysis:** Describe statistical methods or qualitative techniques for data analysis.

## Expected Outcomes

- Discuss potential findings and their implications for psychological practice or theory.

## References

- Include all cited sources using APA style.