



# *Nido - Infant Daily Schedule*

6 Months to Walking Infants

This daily schedule is provisional and is based upon the infant's daily need for nourishment and rest. Diaper changes are routine as the child is soiled. Breast feeding parents are free to come and feed whenever possible. Each child's unique natural biological rhythms are observed and respected as he or she goes about the daily work of self-creation; creating the person within the child.

<b>Time</b>	<b>Activity Description</b>
6:30-9:30	The children arrive; warm greetings are given to the child and to the parent. Then, the well check is conducted.  Work Period: Includes the use of developmental aids for fine motor skills, language, movement, development of the will and concentration of the will. Scheduled time for the parents to visit is always available.
9:30-11:00	Exploration- Work Period Continued: Includes the use of developmental aids for fine motor skills, language, movement, development of the will and concentration of the will.
11:00-12:00	Lunch and then Clean Up
12:00-1:00	Work Period Continued
12:30	Half Day Pickup
12:30-2:30	Nap time (children who awaken may transition into the work/movement areas) **When children awaken from their nap, a snack is available per the Needs and Service Plan.
2:30-3:30	Afternoon snack
3:30-5:30	Work Period/Movement and Music or rest as needed
5:30 - 6:30	Clean Up and Prepare for Pick Up

**\*\*Children under 12 months old will nap and eat per their cues or Needs & Service Plan\*\***