



# MY CHORE CHART



THIS CHORE CHART IS FOR:

CHORES I NEED TO DO:

M T W T F S S

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2 \_\_\_\_\_

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6 \_\_\_\_\_

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7 \_\_\_\_\_

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8 \_\_\_\_\_

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9 \_\_\_\_\_

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10 \_\_\_\_\_

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# AGE APPROPRIATE CHORE IDEAS

## AGE 2-3 CHORES

Put their toys away

clean up spills

get dressed by themselves

put their shoes on

Brush their teeth (after an adult)

help water plants

put dirty clothes in hamper

help with laundry: fold small towels, match socks

wipe surfaces with washcloth

Dusting

## AGE 5-7 CHORES

all chores in age 2-3

make their bed

clean their room

help with groceries

help with meal prep

set the table

load the dishwasher

sweep/mop

scrub the toilet

simple yard chores

## AGE 8-10 CHORES

all above chores

make their lunches

vacuum

personal hygiene

do the dishes

help with making dinner

fold the laundry

put away groceries

make their own breakfast

## AGE 11 AND UP CHORES

all above chores

clean out the fridge

take trash to the curb

mow the yard

clean the bathroom

clean out the fridge

declutter their room / donate outgrown toys

walk the dog

wash windows