### **Daycare Infant Lesson Plan**

For infants, the focus is on sensory and basic developmental activities.

#### **1. Age Group**

* Infants (0–12 months).

#### **2. Theme**

* Example: "Textures and Sounds."

#### **3. Objectives**

* Stimulate sensory and motor development.
* Example: "Expose infants to different textures and sounds."

#### **4. Daily Schedule**

| **Time** | **Activity** | **Details** |
| --- | --- | --- |
| 8:00–8:30 AM | Sensory Play | Soft fabric, rattles, and textured toys. |
| 8:30–9:00 AM | Tummy Time | Promote neck and back strength. |
| 9:00–9:30 AM | Story and Songs | Sing nursery rhymes or read simple picture books. |
| 9:30–10:00 AM | Exploration | Mirror play or introduce safe, new objects. |
| 10:00–10:30 AM | Quiet Time | Cuddles, lullabies, and naptime preparation. |

#### **5. Materials Needed**

* Soft toys, textured mats, rattles, books, etc.

#### **6. Notes**

* Track milestones (e.g., rolling over, grasping objects).
* Document preferences and progress for each infant.