

Daycare Infant Lesson Plan

For infants, the focus is on sensory and basic developmental activities.

1. Age Group

- Infants (0–12 months).

2. Theme

- Example: "Textures and Sounds."

3. Objectives

- Stimulate sensory and motor development.
- Example: "Expose infants to different textures and sounds."

4. Daily Schedule

Time	Activity	Details
8:00–8:30 AM	Sensory Play	Soft fabric, rattles, and textured toys.
8:30–9:00 AM	Tummy Time	Promote neck and back strength.
9:00–9:30 AM	Story and Songs	Sing nursery rhymes or read simple picture books.
9:30–10:00 AM	Exploration	Mirror play or introduce safe, new objects.
10:00–10:30 AM	Quiet Time	Cuddles, lullabies, and naptime preparation.

5. Materials Needed

- Soft toys, textured mats, rattles, books, etc.

6. Notes

- Track milestones (e.g., rolling over, grasping objects).
- Document preferences and progress for each infant.