

Patient label here

## Hygiene Core Care Plan

Name NHS no.		Date	Care plan no:
<b>Patient need / problem</b> <ul style="list-style-type: none"> <li>Patient is unable to maintain their personal hygiene independently</li> </ul>			
<b>Before their illness how did the patient usually manage this?</b>			
<b>Aim / outcome</b> <ul style="list-style-type: none"> <li>For patient to state that they are clean and comfortable</li> </ul>			
<b>Date aim / outcome reached</b>			
<b>Interventions required to meet aim / outcome</b> (Delete and personalise as appropriate)			
Date	Nursing Interventions	Review interval	Sign
	All patients on admission should have Octenisan daily washes until their MRSA status is identified. All MRSA positive patients should continue to use Octenisan washes daily throughout their admission		
	Obtain consent from the patient before commencing any personal hygiene needs. If it is deemed the patient does not have mental capacity, a decision may need to be made in the patients best interest.		
	Encourage patient independence and patient participation with personal hygiene.		
	Allow patients relative or carer to be involved with personal hygiene needs if appropriate		
	<b>Assess personal hygiene needs with the patient and delete as appropriate:</b> <ul style="list-style-type: none"> <li>* Patient requires assistance with personal hygiene whilst in bed (1/ 2/ 3 nurses)</li> <li>* Patient requires assistance with personal hygiene at bedside (1/ 2/ 3 nurses)</li> <li>* Patient requires assistance with personal hygiene in bathroom (1/ 2/ 3 nurses)</li> </ul>		
	Maintain privacy and dignity by ensuring that the curtains are closed using a <b>RED ENGAGED PEG</b> . If using a bathroom ensure that an engaged sign is used		

Interventions required to meet aim / outcome (Delete and personalise as appropriate)			
Date	Nursing Interventions	Review interval	Sign
	Encourage the use of patients own toiletries/clothing (unless using Octenisan) and offer hospital supply if necessary		
	Offer patient oral hygiene in accordance with oral hygiene assessment		
	Ensure the patient has the opportunity to have their feet washed daily and reapply anti – embolism stockings if applicable		
	Offer a variety of personal hygiene options to the patients including:- <ul style="list-style-type: none"> <li>• A shower or bath if medically/surgically fit</li> <li>• A shave (male patients)</li> <li>• hair wash at least once per week (even if patient is bed bound)</li> <li>• Use of dry shampoo</li> </ul>		
	Whilst carrying out personal hygiene needs check patient's skin for any pressure damage or changes to existing pressure damage. Report this to the trained nurse responsible for the patient		
	Refer to occupational therapist if required to assess patient's ability with self-care		
	<b>Patient/family/carers agrees to manage the following aspects of care:</b>		