

Individual Treatment Plan

Name: Mario L.
ID Number: XXXXXX
Date: 10/15/XX
Program Length: 180 days
Age: 16

Strengths

1. Motivated to make time here productive so he does not return.
2. Has family at home and wants to return to them.

Needs

1. Improve math skills
2. Control strong negative emotions without the use of physical or verbal aggression

Goal #1: Academic - Earn high school diploma or GED

Current Status	Action Steps	Benchmarks	Rewards	Date Goal Achieved
Two years behind grade-level peers after dropping out	1. Improve math skills	1. Obtain a passing grade in math class.	1. Extra phone call home.	
	2. Study for GED	2. Pass two GED practice tests successfully.	2. 30-minutes of extra rec time per passed test	
	3. Take GED exam prior to release	3. Pass GED exam.	3. GED!	

Goal #2: Behavior - Anger management

Current Status	Action Steps	Benchmarks	Rewards	Date Goal Achieved
Lacks impulse control and coping skills	1. Attend anger management program	1. Complete anger management program	1. Completion certificate	
	2. Learn to apply coping skills to deal with emotions and impulse control	2. Make it through 5 consecutive days without physical or verbal confrontation	2. Special snack	