

Date

Participant name

### Patient Information

*Take care to avoid including any details that could identify the patient.*

Patient Information:

Age

Male

Female

### Brief description of the initial presentation

*Include relevant sociocultural and occupational details.*

## Clinical information gathering and interpretation

### History

*Focused, structured, appropriate to the patient's presentation. Include all relevant information in note form.*

### Physical Examination

*Focused, systematic and appropriate to the patient's presentation. Include only relevant positive and negative findings in note form. Include the mental state examination findings, ( if performed).*

### **Assessment and screening tools**

*Include the outcomes of any assessment or screening tools used  
(for example Kessler Psychological Distress Scale or Mini Mental State Examination)*

### **Surgery tests performed and the results**

### **Investigations and results**

*Refer to guidelines to ensure that testing is appropriate.*

## **Making a diagnosis, decision making and reasoning**

*Using the 'Murtagh' diagnostic model as a guide.*

### **What is the most likely diagnosis and WHY?**

**Outline in note form any other diagnoses considered and why.**

What serious disorder/s should not be missed?

What conditions can be missed in this situation (common pitfalls)?

Could this be one of the 'masquerades'? If so, which one/s?

**Is the patient trying to tell me something?**

*Exploration of the patient's fears, ideas, concerns and expectations. Add brief notes about this.*

Based on the above, what is your provisional diagnosis or problem list at this stage?

## Clinical management and therapeutic reasoning

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*Outline the management plan that you developed for this patient. Remember to include any pharmacological and non-pharmacological aspects, patient handouts provided, referral/s made and safety netting. Outline initial, short- and long-term management as appropriate.*

**How did you ensure that the management plan was patient-centred?**

### Therapeutic reasoning

*What resources or guidelines did you refer to when considering prescribing? Why did you choose these therapeutic options for this patient? What did you need to take into consideration when recommending these options?*

Partnering with the patient, family, and community to improve health through disease prevention and health promotion

**What community resources were considered/offered/arranged?**

**How did you ensure that the patient's care does not become fragmented?**

What screening and prevention strategies did you implement for this patient, if any? Why?

Were there any public health considerations?

## General practice systems and regulatory requirements

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*Were there any concerns or issues relating to patient confidentiality? Consider mandatory/voluntary reporting requirements.*

What did you need to take into consideration with regards to informed consent?

Were there any ethical/medico-legal considerations for this case?

*Fitness to drive, medical reports, death certificate etc.*

### Outcome

*What was the outcome of this case?*

## Reflections

*What are the 3 things that you have learnt from this case?*

## References