



## Checklist for Household Cleaning when dealing with Head Lice

Name \_\_\_\_\_

Date \_\_\_\_\_

Checklist	Yes	No	Comments
<b>Necessary Items for Household Cleaning Process:</b>			
<b>Do you have? Vacuum (with attachments)</b>			
Hair Dryer			
Washing Machine			
Clothes Dryer			
<b>Did you vacuum: Carpet and Furniture</b>			
Mattresses			
Car			
Pillows			
All Upholstered Chairs			
<b>Discard the vacuum cleaner bag immediately after vacuuming is complete, tape shut and take outside to the garbage.</b>			
<b>Wash: Clothing and jackets of the affected person. Dryer: All washed clothing, jackets, bedding and pillows of the affected person for at least 20 minutes. NOTE: Wash bedding, towels, clothing, caps and headwear worn in the past 3 days. Water should be 140 degrees F.</b>			
<b>Wash with hot soapy water: Toys, Metal and Wooden Furniture</b>			
<b>Place the following items in a SEALED BAG for 14 Days: Leathers, Stuffed Animals, Dolls, Clothing that cannot be washed</b>			
<b>Clean all combs, brushes, barrettes, and hair clips. Remove all hair from the items first. Use one of these 3 methods:</b> <ol style="list-style-type: none"> <li>1. Soak in hot water at least 10 minutes.</li> <li>2. Soak in rubbing alcohol for 1 hour then wash thoroughly in hot soapy water.</li> <li>3. Soak in lice killing shampoo for 1 hour, then wash in hot soapy water.</li> </ol> <b>NOTE: Heat may melt some personal items.</b>			
<b>Make sure everyone in the household is checked daily for at least 1 week. Treat if nits or live lice are discovered.</b>			
<b>Notify day care, school or other persons with whom you have been in recent contact with so they can begin treatment if necessary</b>			
<b>Be Persistent-this is a labor intensive process. You Can Do It!!!!</b>			