**Appendix-VIII**

# FEEDBACK QUESTIONNAIRE

## About the Questionnaire

Given below are few questions.

1. How did you find the intervention programme in enabling you to 'identify emotions' in yourself?

2. How did you find the intervention programme in enabling you to 'identify emotions' in others?

3. Do you find any difference in your understanding of emotions before and after participating in the intervention? What difference do you feel?

4. Do you find any difference in your level of stress before and after participating in the intervention? What difference do you feel?

5. What strategies you will incorporate into your classroom to maintain positive emotions and repair negative ones?

6. Write down some activities you will use to create an emotionally intelligent classroom?

7. How would you now rate your own level of emotional intelligence? Rate on a scale of 5.

8. How did you find the intervention programme? Did it help you in some way? Explain. Rate the training given to you on a scale of 5.