

## **Information and advice on writing your personal statement for the BSc Adult and Mental Health Nursing programme**

The purpose of this information sheet is to advise you on preparing and submitting your personal statement for an application to the BSc Adult and Mental Health Nursing programme. We consider that specific advice is needed because there are few courses of its type in the UK; the lack of choice of other similar programmes means that most applicants also are considering degree choices in either Adult Nursing or Mental Health Nursing. It can therefore be difficult to know how to focus a UCAS personal statement for all the courses for which you are applying.

For this reason, we are advising you to write two personal statements – one for your UCAS application (which we expect would be oriented to a course in either Adult or Mental Health Nursing), and a second one which you would write specifically for the BSc Adult and Mental Health programme, to be submitted directly to Admissions at Oxford Brookes.

The advice below outlines some information that we would like you to address within your personal statement for the BSc Adult and Mental Health programme. Your statement should be limited to one page of A4. Information about submitting your personal statement in support of your application for this course at Oxford Brookes is also included below.

We encourage you to find out as much as possible about both Adult and Mental Health Nursing prior to applying for the course. NHS Careers website has some useful information about both fields of nursing, which is a good starting point:

<http://www.nhscareers.nhs.uk/explore-by-career/nursing/careers-in-nursing/adult-nursing/>

<http://www.nhscareers.nhs.uk/explore-by-career/nursing/careers-in-nursing/mental-health-nursing/>

In your personal statement to be sent directly Admissions at Brookes, we would like you to consider the following points:

- Why are you applying for this course?
- What do you think is involved in a course like this?
- What do think Adult and Mental Health nurses do (i.e. their roles)?
- What kinds of skills and knowledge do they have?
- What do you think are the shared skills and knowledge of these two fields of nursing?
- What is different about them?
- What career pathways do you see might be open to you with this degree and dual registration?
- What career pathway interests you in particular?
- What experience have you had that is relevant to mental health and adult nursing?
- What have you learned from this experience that you could apply in your proposed course?
- Why do you think you are well suited to this course and future career pathway as a registered nurse (Mental Health and Adult)?

Please contact Clare Fitzpatrick in Admissions: e-mail [admissions@brookes.ac.uk](mailto:admissions@brookes.ac.uk), tel. (01865) 483038 if you have any concerns or questions about preparing or submitting your Oxford Brookes personal statement.

If you have any specific enquiries about the programme, please contact Mary Lacy, Subject Coordinator, Adult & Mental Health Nursing ([mlacy@brookes.ac.uk](mailto:mlacy@brookes.ac.uk)), tel. (01865) 482596, or one of the Admissions Leads for Adult and Mental Health Nursing, Sally Morey, tel. (01865) 482616 ([sdmorey@brookes.ac.uk](mailto:sdmorey@brookes.ac.uk)) or Gerry Sheppard, ([gsheppard@brookes.ac.uk](mailto:gsheppard@brookes.ac.uk)), tel. (01865) 482661.