LESSON 2: PLANNING FOR LITTLE WINS

TASK: THE 100 DAY GOAL CHALLENGE

MASTER ACTION LIST TEMPLATE

If you're struggling to set your 100 day goal, or the little wins within in it, start with a master action list. Julia Bickerstaff from the Business Bakery recommends creating a master action list to help focus your thinking.

What are actions?

Actions are tasks that work directly towards achieving your goal. For example, if your goal is to sell 10 dresses, your actions are the tasks and steps that result in each sale.

The best actions are those things that you aren't ordinarily doing (or aren't doing very often!) after all if you're going to achieve something you haven't already achieved, you need to try new things.

- **For each goal, jot down as many different actions to reach your goal as you can think of**
- **Don't edit them – write down anything that comes to mind. Be wild and creative!**
- **Keep going until you have 100**
- **Use this action list to help you define or redefine your 100 day challenge.**

My 100 Day Goal is: _____

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My actions:

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My actions:

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