

Personal Values List

Abundance	Conformity	Freedom	Power
Acceptance	Connection	Friendship	Practicality
Accomplishment	Contentment	Fun	Privacy
Accountability	Continuity	Good will	Progress
Accuracy	Continuous Improvement	Generosity	Punctuality
Achievement	Control	Grace	Recognition
Acknowledgment	Conviction	Gratitude	Reliability
Adaptability	Cooperation	Growth	Resilience
Adventure	Correctness	Harmony	Resourcefulness
Affection	Courage	Health	Resolve
Affluence	Creativity	Helpfulness	Respect
Agility	Curiosity	Honesty	Risk Taking
Altruism	Decisiveness	Humility	Safety
Ambition	Decorum	Humour	Security
Appreciation	Democracy	Imagination	Self Expression
Approachability	Dependability	Independence	Self Reliance
Authenticity	Desire	Individuality	Service
Autonomy	Determination	Individuation	Sharing
Awareness	Dignity	Inner peace	Simplicity
Balance	Diligence	Innovation	Solitude
Beauty	Directness	Inspiration	Speed
Belonging	Discipline	Integrity	Spirituality
Boldness	Discovery	Innovation	Stability
Bravery	Diversity	Kindness	Strength
Brilliance	Drive	Knowledge	Structure
Buoyancy	Duty	Leadership	Succeed (a will to)
Calmness	Education	Learning	Success
Camaraderie	Efficiency	Logic	Support
Candor	Empathy	Loyalty	Sympathy
Capability	Empowerment	Mastery	Teamwork
Certainty	Environment	Modesty	Thrift
Challenge	Encouragement	Nature	Tidiness
Change	Enjoyment	Nurture	Tolerance
Charity	Enthusiasm	Obedience	Tradition
Cheerfulness	Equality	Openness	Tranquility
Clarity	Excellence	Optimism	Trust
Cleanliness	Expertise	Orderliness	Trustworthiness
Collaboration	Fairness	Participation	Truth
Cleverness	Faith	Partnership	Uniqueness
Compassion	Family	Passion	Usefulness
Commitment	Fearlessness	Peace, non-violence	Vision
Community	Financial independence	Perfection	Vitality
Competence	Fitness	Personal Growth	Warmth
Competition	Focus	Perseverance	Wealth
Composure	Frankness	Persistence	Wealth
Confidence	Free Spirit	Playfulness	Wisdom



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