

STOCKLIST

Category	Product	Brand	Price	Qty
Alternative- dessert	chocolate dessert	provamel	£2.15	
Alternative- dessert	vanilla dessert	provamel	£2.15	
Alternative- dessert	coconut whipping cream	amaizin	£3.09	
Alternative Milks	almond barrista	ecomil	£2.79	
Alternative Milks	almond barrista	rude health	£2.99	
Alternative Milks	hemp drink	soyade	£2.79	
Alternative Milks	soya barrista	rude health	£2.49	
Alternative Milks	oatly barrista	oatly	£2.09	
Alternative Milks	oatly	oatly	£1.75	
Alternative Milks	aloe white grape	simple	£3.39	
Alternative Milks	almond	rude health	£2.49	
Alternative Milks	coconut drink	rude health	£2.39	
Alternative Milks	cashew drink	rude health	£3.50	
Alternative Milks	tigernut	rude health	£2.99	
Alternative Milks	oat	rude health	£2.29	
Alternative Milks	oat barrista	rude health	£2.49	
Alternative Milks	rice drink	the bridge	£1.75	
Alternative Milks	oat barrista	provamel	£2.29	
Alternative Milks	oat drink unsweetened	provamel	£1.99	
Alternative Milks	soya vanilla	provamel	£2.05	
Alternative Milks	soyaw calcium	provamel	£1.99	
Bouillon/Stock	yeast flakes	engevita	£5.89	
Bouillon/Stock	garlic and herb cubes	kallo	£1.59	
Bouillon/Stock	less salt boillion 140g	mari gold	£2.49	
Bouillon/Stock	tomato and herb cubes	kallo	£1.59	
Bouillon/Stock	vegan buillion 500g	mari gold	£7.15	
Bouillon/Stock	vegan buillion 900g	mari gold	£12.85	
Breads/Other	pizza base	biona	£2.89	
Breads/Other	rye bread	biona	£1.99	
Breads/Other	rye bread omega	biona	£1.99	
Cereals/Museli	Honey puff spelt	rude health	£2.49	
Cereals/Museli	ultemate muesli	rude health	£4.79	
Cereals/Museli	smoothie oats	rude health	£2.49	
Cereals/Museli	cocoa crunch	whole earth	£2.99	
Cereals/Museli	red fruit crunch	whole earth	£3.59	
Cereals/Museli	choc stars	doves farm	£2.85	
Cereals/Museli	gf jorridge oats	suma	£4.35	
Cereals/Museli	gf jumbo oats	suma	£4.35	
Cereals/Museli	gf muesli multigrain	suma	£3.59	
Cereals/Museli	jumbo oats	pimhill	£2.39	
Cereals/Museli	porridge	pimhill	£2.39	
Cereals/Museli	corn flakes gf	whole earth	£2.49	
Cereals/Museli	super muesli	lizzy	£3.95	
Cereals/Museli	belgan chocolate granola	lizzy	£3.89	
Cereals/Museli	low sugar maple pecan	lizzy	£4.15	
Cereals/Museli	granola	lizzy	£4.15	
chilled	chocolate milk 250	diaoni	£1.20	
chilled	2lt semi skimmed	dale	£1.76	
chilled	2lt whole milk	dale	£1.76	
chilled	eggs		£2.60	
chilled	butter	yeo valley	£2.75	
chilled	halloumi	cypressa	£3.99	
chilled	feta	cypressa	£3.29	

chilled	goats cheese	bergerie	£1.99
chilled	mild cheddar	lye cross	£3.39
chilled	mature cheddar	lye cross	£3.65
chilled	medium cheddar	lye cross	£3.49
chilled	vintage cheddar	lye cross	£3.85
chilled	red leicester	lye cross	£3.49
chilled	salted butter	calon wen	£3.05
chilled	unsalted butter	calon wen	£3.05
chilled	soya vanilla	soyade	£2.05
chilled	soya mango peach	soyade	£2.05
chilled	soya apricot	soyade	£2.05
chilled	nat yoghurt	yeo valley	£1.75
chilled	champagne booja booja	booja booja	£3.99
chilled	dark ecuadorin	booja booja	£5.29
chilled	extra virgin olive spread 250g	biona	£3.59
chilled	sausages	taifun	£4.59
chilled	kimchi	loving foods	£6.85
chilled	sauerkraut	loving foods	£6.35
chilled	hummous	ch	£2.00
chilled	tappanade	ch	£2.50
chilled	fresh pizza dough	ch	£1.50
chilled	sunflower spread500	suma	£3.09
chocolate	71 darc choc	equal exchange	£2.75
chocolate	dark whole hazelnut	vivani	£2.75
chocolate	dark nougath	vivani	£2.79
chocolate	vivani 92% dark	vivani	£2.99
chocolate	milk choc	vivani	£2.39
chocolate	dark/ peppermint	vivani	£2.75
chocolate	white nougat rice mini	vivani	£1.09
chocolate	espresso mini bar	vivani	£1.09
chocolate	black cherry minibar	vivani	£1.09
chocolate	dark orange	vivani	£2.39
chocolate	milk 150g whole hazelnut	vego	£3.95
chutney	roast veg with morroccan spice	Camphill Holywood	£2.50
chutney	Banana chutney	Camphill Holywood	£2.50
chutney	beetroot and ginger chutney	Camphill Holywood	£2.50
chutney	Beetroot & Fennel Chutney	Camphill Holywood	£2.50
chutney	Carrott & Parship Chutney	Camphill Holywood	£2.50
chutney	Courgette & Date chutney	Camphill Holywood	£2.50
chutney	Pear and chillie churney	Camphill Holywood	£2.50
chutney	Cucumber Relish	Camphill Holywood	£2.50
chutney	Curried Cauliflower chutney	Camphill Holywood	£2.50
chutney	Green Tomato Chutney	Camphill Holywood	£2.50
chutney	apple and date	Camphill Holywood	£2.50
chutney	Red cabbage chutney	Camphill Holywood	£2.50
Coffee 1kg	medium roast beans	equal exchange	£18.95
Coffee 100g	instant	clipper	£4.99
Coffee 227g	woman grew this coffee	equal exchange	£4.89
Coffee 227g	medium roast	equal exchange	£4.89
Coffee 227g	columbian roast	equal exchange	£4.89
Coffee 227g	decaff ground	equal exchange	£5.25
Coffee 227g	italien ground	equal exchange	£4.89
Coffee 227g	italien beans	equal exchange	£3.89
Drinks	apple black currant cordial	suma	£6.29
Drinks	apple corial 400ml	suma	£5.69
Drinks	ginger cordial	belvior	£5.49

Drinks	kombucha original	eqionox	£2.15
Drinks	UHT longlive milk	moo	£1.99
Drinks	hot chocolate	green and black	£4.29
dry	spring miso soup and sea veg sachets	clearspring	£3.99
Dry Goods beans/ pulses	aduki beans	suma	£1.84
Dry Goods beans/ pulses	chick pea 500g	ch	£1.75
Dry Goods beans/ pulses	quinoa red 500g	suma	£3.99
Dry Goods beans/ pulses	couscous 500g	suma	
Dry Goods beans/ pulses	corn couscous 500g	suma	£3.79
Dry Goods beans/ pulses	dark speckled lentils 500g	suma	£3.75
Dry Goods beans/ pulses	green lentil 500g	ch	£2.35
Dry Goods beans/ pulses	green split pea 500g	suma	£2.15
Dry Goods beans/ pulses	mixed bean 500g	suma	£2.85
Dry Goods beans/ pulses	popcorn kernals 250g	suma	£1.00
Dry Goods beans/ pulses	red kidney 500g	suma	£2.39
Dry Goods beans/ pulses	brown lentils 250g	suma	
Dry Goods beans/ pulses	red lentil 500g	ch	£1.99
Dry Goods beans/ pulses	yellow split pea 500g	suma	£1.99
Dry Goods- fruit	apricot 250g	suma	£2.95
Dry Goods- fruit	dates 250g	suma	£2.65
Dry Goods- fruit	sultanas 250g	suma	£1.85
Dry Goods- fruit	prunes 250g	suma	
Dry Goods- fruit	raisins 250g	suma	£1.95
Dry Goods- fruit	sour cherries 125g	suma	£2.85
Dry Goods- fruit	cristalised ginger 245g	suma	£2.35
Dry Goods- fruit	cranberries 250g	suma	£3.85
Dry Goods- fruit	banana chips 250g	suma	£2.35
Dry Goods- fruit	cranberries 125g	suma	£2.19
Dry Goods grain	amaranth	suma	£2.29
Dry Goods grain	basmati brown 500g	suma	£2.79
Dry Goods grain	basmati white 500g	suma	£2.79
Dry Goods grain	s.g. brown rice 500g	suma	£2.15
Dry Goods grain	wheat grain 500g	suma	£1.85
Dry Goods grain	white arborio rice 500g	suma	£2.35
Dry Goods grain	quinoa 500g	suma	£3.39
Dry Goods grain	corn couscous 500g	suma	£3.79
Dry Goods- nuts	dessicated coconut 125g	suma	£1.19
Dry Goods- nuts	cashew nuts 250g	suma	£5.45
Dry Goods- nuts	broken walnuts 250	suma	£4.75
Dry Goods- nuts	broken walnuts 125	suma	£2.55
Dry Goods- nuts	ground almond 125 g	suma	£3.35
Dry Goods- nuts	ground almond 250g	suma	£6.35
Dry Goods- nuts	whole almonds 250g	suma	£5.75
Dry Goods- nuts	pinenuts 250g	suma	£6.85
Dry Goods- nuts	peanuts 125g	suma	£2.18
Dry Goods- nuts	brasils 250g	suma	£4.19
Dry Goods- seeds	sunflower seeds	suma	£1.45
Dry Goods- seeds	sesame seeds	suma	£1.09
Dry Goods- seeds	pumpkin seeds	suma	£2.35
Dry Goods- seeds	linseeds	suma	£1.25
Flours/Baking	s.r white 1kg	doves farm	£1.45
Flours/Baking	pasta flour	doves farm	£1.65
Flours/Baking	spelt flour 1kg	doves farm	£3.35
Flours/Baking	wholemeal 1kj	doves farm	£1.29
Flours/Baking	strong wholemeal 1.5kg	doves farm	£1.95
Flours/Baking	stoneground wholemeal 1.5kg	doves farm	£1.95

Flours/Baking	strong white 1.5kg	doves farm	£1.95
Flours/Baking	rye- wholemeal	doves farm	£1.69
Flours/Baking	baking powder gf	suma	£2.19
Flours/Baking	bic	doves farm	£1.39
Flours/Baking	gf corn flour	doves farm	£1.79
Flours/Baking	cake/ pastry flour	shipton	£1.55
Flours/Baking	molasses	meridian	£1.99
Flours/Baking	seeded gf bread mix	amisa	£4.69
Flours/Baking	chickpea flour	amisa	£3.29
Flours/Baking	gf white bread flour	doves farm	£2.25
Flours/Baking	gf buckwheat flour	doves farm	£3.45
Flours/Baking	gf s.r white	doves farm	£2.25
Flours/Baking	yeast 100g	fermipan	£1.00
Flours/Baking	cocoa powder	suma	£3.25
Flours/Baking	gf plain flour 1kg	doves farm	£2.25

Fresh Fruit/Vergetable prices subject to weekly changes- fruit/veg deliveries arrive Wednesday afternoon (Thursday:

FRESH Fruit	apples discovery	kg	£2.51
FRESH Fruit	apples breaburn	kg	£4.69
FRESH Fruit	apples crisp pink	kg	£4.57
FRESH Fruit	blackcurrant 225g	ea	£3.23
FRESH Fruit	avocado	kg	£8.95
FRESH Fruit	bananas	kg	£2.55
FRESH Fruit	clementines	kg	£4.20
FRESH Fruit	grapefruit	kg	£3.15
FRESH Fruit	grapes black	kg	£5.78
FRESH Fruit	limes	kg	£6.98
FRESH Fruit	oranges	kg	£3.48
FRESH Fruit	lemons	kg	£4.73
FRESH Fruit	plum victoria	kg	£5.23
FRESH Fruit	plum yellow	kg	£4.38
FRESH Fruit	pears packham	kg	£3.08
Fresh Vegetables	beetroot loose	kg	£1.88
Fresh Vegetables	broad beans	kg	£3.68
Fresh Vegetables	basil	ea	£1.74
Fresh Vegetables	cabbage round	ea	£1.74
Fresh Vegetables	cabbage red	kg	£1.79
Fresh Vegetables	cabbage white	kg	£1.70
Fresh Vegetables	carrots washed	kg	£2.09
Fresh Vegetables	peppers chillie	kg	£11.46
Fresh Vegetables	peppers red	kg	£7.44
Fresh Vegetables	mushroom brown	kg	£9.33
Fresh Vegetables	aubergine	kg	£3.50
Fresh Vegetables	celery	ea	£2.01
Fresh Vegetables	chard rainbow	kg	£7.88
Fresh Vegetables	courgette	kg	£3.06
Fresh Vegetables	cucumber long	ea	£1.23
Fresh Vegetables	cucumber mini	ea	£3.34
Fresh Vegetables	accent potaoes	kg	£1.86
Fresh Vegetables	twiner pot	kg	£1.86
Fresh Vegetables	leeks	per kg	£6.04
Fresh Vegetables	lettuce cos	ea	£1.73
Fresh Vegetables	lettuce red	*Per head	£1.73
Fresh Vegetables	garlic	kg	£9.80
Fresh Vegetables	ginger	kg	£12.69
Fresh Vegetables	tumeric	kg	£14.44
Fresh Vegetables	squash butternut	kg	£2.62

Fresh Vegetables	spinach	kg	£7.88
Fresh Vegetables	sweet potatoe	kg	£4.64
Fresh Vegetables	cherry tomato	kg	£9.24
Fresh Vegetables	heirloom tomatoe	kg	£8.63
Fresh Vegetables	vine tomato	kg	£6.56
Fresh Vegetables	spring onions	ea	£1.40
Fresh Vegetables	red onion	kg	£3.48
Fresh Vegetables	white onion	per kg	£2.21
Frozen-dessert	caramel icecream 500ml	roskilly	£4.85
Frozen-dessert	hazelnut truffle mini	booja booja	£2.05
Frozen-dessert	hazelnut choc truffle	booja booja	£5.69
Frozen-dessert	choc caramel mini	booja booja	£2.05
Frozen-dessert	honeycomb caramel 500ml	booja booja	£4.85
Frozen-dessert	fruity ice squeezer	pip	£1.19
Frozen-dessert	veg lasagne	amy	£3.19
Frozen-meal	aloo gobi	clive	£3.15
Frozen-meal	gf mushroom/leek pie	clive	£3.15
Frozen-meal	cauliflower pie	clive	£2.99
Frozen-meal	chestnut cassoule	clive	£2.99
Frozen-meal	nut roast	clive	£5.45
Frozen - Fruit/Veg	peas	bio	£1.45
Frozen - Fruit/Veg	chips 1.25g	natural cool	£5.15
Frozen - Fruit/Veg	mixed veg	natural cool	£2.35
Frozen - Fruit/Veg	cut green beans	natural cool	£2.35
Frozen - Fruit/Veg	blueberry	natural cool	£3.49
Frozen - Fruit/Veg	mixed berry	natural cool	£3.49
Frozen - Fruit/Veg	strawberry	natural cool	£3.49
Frozen - Fruit/Veg	sour cherries	natural cool	£3.49
Frozen - Fruit/Veg	raspberry	natural cool	£3.85
Frozen - Fruit/Veg	spinach	natural cool	£2.05
Frozen - Soup	check stock	Camphill Holywood	£2.00
Frozen -pastry	puff pastry	dorset	£6.59
Herbs	chilli powder 50g	suma	£2.89
Herbs	paprika 50g	suma	£2.89
Herbs	thyme 30g	suma	£1.60
Herbs	basil	suma	£1.49
Herbs	cinnamon	suma	£1.35
Herbs	rosemary	suma	£0.99
Herbs	cloves	suma	£1.35
Herbs	gr ginger	suma	£1.35
Herbs	chilli flakes	suma	£1.35
Herbs	nutmeg	suma	£1.35
Herbs	parsley	suma	£1.35
Herbs	dill	suma	£1.35
Herbs	garlic granuels	suma	£1.35
Herbs	mint	suma	£1.35
Herbs	mixed spice	suma	£1.35
Herbs	lime leaves	suma	£1.35
Herbs	tarragon	suma	£0.99
First aid	biodegrdable kids plaster	Patch	£6.99
First aid	biodigradable natural plaster	Patch	£6.99
Household-refill	anti back multi surface	ecoleaf	£0.30 per 100ml
Household-refill	washing up liquid	ecoleaf	£0.25 per 100ml
Household-refill	handsoap- pink grapefruit	alternative	£0.80 per 100ml
Household-refill	fabric conditioner	ecover	£0.25 per 100ml
Household-refill	toilet cleaner	ecover	£0.28 per 100ml

Household-refill	laundry liquid	ecover	£0.45 per 100ml
Household	70 dishwash tablets	ecover	£13.49
Household	anti bac all purpose	method	£3.45
Household	fabric conditioner	eco leaf	£3.65
Household	tree trea and aloe very hand soap	faith in nature	£4.30
Household	4 roll toilet paper	ecoleaf	£2.25
Household	kitcheb roll- 2 rools	ecoleaf	£1.79
Household	washing up liquid 500ml	ecoleaf	£2.65
Household	bathroom cleaner	ship	£2.99
Household	anti back multi surface 500ml	ecoleaf	£2.39
Household	handsoap- pink grapefruit 300ml	alternative	£4.30
Household	glycerine soap rose	alternative	£1.69
Household	glycerine soap tee tree	alternative	£1.69
Household	glycerine soap lavender	alternative	£1.69
Household	glycerine soap grapefruit + aloe vera	alternative	£1.69
Household	detox soap bar	alternative	£2.35
Household	glyc soap coconut	alternative	£2.55
Household	rose shampoo lavender	alternative	£1.95
Household	rose shampoo bar	alternative	£2.95
Household	rose conditioner bar	alternative	£5.45
Household	patchouli gly shampoo bar	alternative	£3.55
Household	facial soap bar	alternative	£2.35
Household	shaving soap-coffe and cedarwood	alternative	£2.35
Household	soap nuts 250g	green frog botanic	£4.49
Household	toilet cleaner 750ml	ecoleaf	£1.59
Jams & Spreads	Banana Spread	Camphill Holywood	£3.00
Jams & Spreads	lime curd vegan	Camphill Holywood	£3.00
Jams & Spreads	ban' apple jam	Camphill Holywood	£3.00
Jams & Spreads	kumquat and apple jam	Camphill Holywood	£3.00
Jams & Spreads	lemon curd	Camphill Holywood	£3.00
Jams & Spreads	chocolate and hazelnut spread	biona	£4.39
Jams & Spreads	morello cherry spread	meridian	£2.99
Jams & Spreads	tangy marmalade	bionova	£2.85
Jams & Spreads	strawberry jam	bionova	£2.85
Jams & Spreads	raspberry jam	bionova	£2.65
Jams & Spreads	sdairy free dark cho cspread	so free	£3.15
Jams & Spreads	light tahini 270 g	meridian	£1.89
Jams & Spreads	light tahini 450 g	meridian	£4.49
Jams & Spreads	light dark 450 g	meridian	£4.49
Jams & Spreads	dark tahini	meridian	£2.99
Jams & Spreads	orange marmalade	traidcraft	£2.59
Juice	kombucha original	equinox	£2.15
Juice	kombucha elderflower raspberry	equinox	£2.15
Juice	kombucha	brewdog	£3.00
Juice	apple juice	carley	£3.09
Juice	apple breaburn juice		£3.49
Juice	beet it	james white	£2.99
Juice	sparkling water	thirty planet	£0.63
Juice	still water	thirty planet	£0.59
Juice	orange juice 1ltr	sunita	£5.55
Juice sparkling	cola	whole earth	£1.29
Juice sparkling	elderflower	whole earth	£1.29
Juice sparkling	orange lemon	whole earth	£1.29
Juice sparkling	ginger	whole earth	£1.29
Juice sparkling	cranberry	whole earth	£1.29
Juice sparkling	apple	whole earth	£1.29

Juice sparkling	cola	karma	£1.29
Local Suppliers	master tonic	Cultured Club	£8.00
Local Suppliers	caramel square	Camphill Holywood	ck for avaiabiliy
Local Suppliers	gf brownie	Camphill Holywood	ck for avaiabiliy
Local Suppliers	pear and almond cake gf	Camphill Holywood	ck for avaiabiliy
Local Suppliers	vegan muesli bar	Camphill Holywood	ck for avaiabiliy
Local Suppliers	muesli bar	Camphill Holywood	ck for avaiabiliy
Local Suppliers	hummus	Camphill Holywood	ck for avaiabiliy
Local Suppliers	tapanade	Camphill Holywood	ck for avaiabiliy
nut butters	smooth almond butter 350g	biona	£11.69
nut butters	peanut butter	whole earth	£3.09
nut butters	1kg peanut crunchy 1kj	meridian	£7.99
nut butters	peanut butter crunchy 450g	meridian	£3.99
nut butters	peanut butter smooth 450g	meridian	£3.19
nut butters	peanut butter smooth 470g	meridian	£3.85
nut butters	1kg peanut smooth 1kj	meridian	£7.00
Oils	sunflower fry oilk 2ltr	clearspring	£13.69
Oils	olive oil france 500ml	suma	£6.50
Oils	sunflower oil 1ltr	suma	£5.99
Oils	sunflower oil 500ml	suma	£3.49
Oils	coconut bliss 250g	biona	£4.75
Oils	liquid coconut oil 250ml	liquid oil	£7.95
Oils	olive oil 1 lir	clearspring	£16.89
Pasta	egg noodles	biona	£2.59
Pasta	gf buckwheat pasta	clearspringdoves farm	£4.15
Pasta	gf red lentil pasta	pro fusion	£2.99
Pasta	sprouted spelt tagliatelle	pro fusion	£3.29
Pasta	gf chick pea pasta	pro fusion	£2.99
Pasta	gf fussili	perfect gf	£2.99
Pasta	brown rice fusilli gf	doves farm	£3.10
Pasta	gf maize and rice lasagne	doves farm	£2.49
Pasta	gf maize and rice spagetti	doves farm	£2.25
Pasta	sgf 100% buckwheat soba noodles	clearspring	£3.99
Pasta	spelt lasagne 500g	biona	£2.89
Pasta	white spelt fussili	biona	£2.99
Pasta	white spelt spagetti	biona	£2.89
Pasta	white macaroni	suma	£1.39
Pasta	ww fusili	suma	£1.39
Pasta	ww penne	suma	£1.39
Pasta	tricolore	suma	£1.39
Pate	classic veg pate tartex	bio	£2.79
Pate	herb pate	suma	£2.65
Pate	beetroot horseradish	bonsan	£2.69
Pate	lentil tumeric	bonsan	£2.69
Pate	red pepper and cashew	bonsan	£2.69
Salts	sea salt 500g	geo	£2.69
Salts	herbamare spicy	a vogel	£2.55
Salts	herbamare 125g	a vogel	£2.55
Salts	herbamare 250g	a vogel	£3.55
Salts	herbamare 500g	a vogel	£5.85
Salts	pink mountain fine	himalayan	£2.79
Salts	pink mountain coarse	himalayan	£2.79
Salts	smoked sea salt	maldon	£2.25
Sauces/Condiments	sundried tomaton	organico	£4.85
Sauces/Condiments	black olives	sunita	£3.90
Sauces/Condiments	artichokes	organico	£4.85

Sauces/Condiments	capers	organico	£1.95
Sauces/Condiments	creamed coconut 200g	biona	£2.15
Sauces/Condiments	coconut milk 200ml	amaizin	£1.45
Sauces/Condiments	coconut milk 400ml	amaizin	£2.09
Sauces/Condiments	green olives	sunita	£2.99
Sauces/Condiments	madras curry paste	geo	£2.75
Sauces/Condiments	green vegan pesto	suma	£2.99
Sauces/Condiments	miso paste	yotuka	£5.15
Sauces/Condiments	mug miso paste	clearspring	£5.89
Sauces/Condiments	pesto alla genovese	suma	£3.49
Sauces/Condiments	pesto rosso vegan	suma	£3.45
Sauces/Condiments	tikka massala pasta	geo	£2.55
Sauces/Condiments	soy sauce 250ml	yakso	£3.95
Sauces/Condiments	soy sauce 125ml	yakso	£2.25
Sauces/Condiments	boullion 500g	marigold	£7.15
Sauces/Condiments	boillion low reduced salt 140g	marigold	£2.49
Sauces/Condiments	boullion 150g	suma	£2.39
Sauces/Condiments	gravy powder	marigold	£2.39
Sauces/Condiments	tom and herb cubes	kallo	£1.59
Sauces/Condiments	garlic and herb cubes	kallo	£1.59
Snacks	mallow puffs caramel 100g	mallow puffs	£3.49
Snacks	mallow puffs caramel bar	mallow puffs	£1.25
Snacks	short bread gf	all butter	£2.89
Snacks	apple and apricot puree 2x100g	clearspring	£1.59
Snacks	apple puree 700g	biona	£2.79
Snacks	chewy ginger	gingin	£2.89
Snacks	cranberry herbal sweet	ricola	£1.35
Snacks	gf oatcakes	nairns	£2.25
Snacks	choc chip flapjack	doves farm	£0.49
Snacks	fruity oats digestives	doves farm	£1.55
Snacks	ginger oat biscuits	doves farm	£1.85
Snacks	digestives	doves farm	£1.25
Snacks	fizzy caramel	jom	£1.83
Snacks	hummous chips gf/v	eat real	£2.29
Snacks	lentil chips gf/v	eat real	£2.29
Snacks	veggie straw gf/v	eat real	£2.29
Snacks	halva	sunita	£2.00
Snacks	hard ginger	gingin	£2.39
Snacks	soft ginger chews ginger	gingin	£2.39
Snacks	honey rice and corn cake	kallo	£2.19
Snacks	thin rice cakes	kallo	£1.59
Snacks	juicy peach	jom	£1.83
Snacks	lemon mint herbal sweet	riciola	£1.35
Snacks	lemon zest cokies gf	doves farm	£1.29
Snacks	oatcake	nairns	£1.59
Snacks	oatcake	clearspring	£2.39
Snacks	peanut puff	trafo	£1.39
Snacks	pretzel stick	trafo	£1.19
Snacks	sea veg cgrisp 3x4g pack	clearspring	£2.49
Snacks	sea veg cgrisp 3x4g pack chillie	clearspring	£2.49
Snacks	nacho chips	amaizin	£2.29
Snacks	tortilla wraps	amaizin	£2.45
Snacks	taco shells	amaizin	£2.39
Sugar/Sweeteners	acacia honey	suma	£3.59
Sugar/Sweeteners	acacia honey	hill top	£4.25
Sugar/Sweeteners	agave syrup 250ml	suma	£3.99

Sugar/Sweeteners	agave syrup 500ml	suma	£7.99
Sugar/Sweeteners	maple syrup bottle	meridian	£6.99
Sugar/Sweeteners	demara sugar 250g	suma	£1.50
Sugar/Sweeteners	cane 250g	suma	£1.40
Sugar/Sweeteners	coconut blossom syrup	suma	£5.69
Sugar/Sweeteners	coconut sugar	suma	£2.25
Sugar/Sweeteners	honey clear	equal exchange	£5.90
Sugar/Sweeteners	honey set	equal exchange	£5.90
Sugar/Sweeteners	icing sugar 250g	suma	£1.90
Sugar/Sweeteners	mountain	hill top	£4.99
Sugar/Sweeteners	acacia honey	hill top	£5.79
Sugar/Sweeteners	honey dew	hill top	£5.79
Sugar/Sweeteners	multiflower	hill top	£3.85
Sugar/Sweeteners	raw agave	chantico	£3.49
Sugar/Sweeteners	xylitol	xylitol	£3.09
Tea	11 o clock rooibosch	11 o clock	£2.09
Tea	ginger	yogi	£2.49
Tea	classic	Yogi	£2.39
Tea	cranberry hibiscus	Yogi	£2.39
Tea	assam loose 125g	clipper	£2.53
Tea	breakfast tea loose 125g	Clipper	£2.53
Tea	decaf tea	Clipper	£2.53
Tea	feel new	Pukka	£2.99
Tea	green collection	Pukka	£2.99
Tea	green energy	Yogi	£2.39
Tea	nettle	heath and heather	£2.49
Tea	green tea	heath and heather	£3.19
Tea	immuno support	Yogi	£2.39
Tea	throat comfort	Yogi	£2.39
Tea	stomach ease	Yogi	£2.39
Tea	Triple Mint	Pukka	£2.99
Tea	Elderflower and Echinacea	Pukka	£2.99
Tea	three cinnamon	Pukka	£2.99
Tea	three chamomile	Pukka	£2.99
Tea	Vanilla, herbal chai	Pukka	£2.99
Tea	three ginger	Pukka	£2.99
Tea	camomile vanilla manuka	Pukka	£2.99
Tea	after dinner	Pukka	£2.99
Tea	love	Pukka	£2.99
Tea	motherking pregnancy	Pukka	£2.99
Tea	peace	Pukka	£2.99
Tea	3 ginger	Pukka	£2.99
Tea	black currant beauty	Pukka	£2.99
Tea	relax	Pukka	£2.99
Tea	revitalise	Pukka	£2.99
Tea	peppermint tea	hambledem	£2.49
Tea	chamomile	hambledem	£2.49
Tea	rosehip	hambledem	£3.49
Tea	sweet chili	Yogi	£2.39
Tea	tea 80bag	ridgeway	£2.79
Tea	tulsi clarity	Pukka	£2.99
Tea	tumeric gold	Pukka	£2.99
Tea	white tea	Yogi	£2.39
Tea	wild apple cinnamon	Pukka	£2.99
Tea	woman kind	Pukka	£2.99
Tins	baked beans	suma	£1.19

Tins	baked beans low sugar	suma	£1.19
Tins	black beans	suma	£1.09
Tins	black eye beans	suma	£1.09
Tins	mixed beans	suma	£1.09
Tins	butter beans	suma	£1.09
Tins	peeled tomato	suma	£1.05
Tins	chopped tomato	suma	£0.99
Tins	chopped tomato with basil	suma	£0.99
Tins	Minestrone	suma	£1.75
Tins	peeled tomatoes	suma	£1.05
Tins	green lentils	suma	£1.09
Tins	red kidney beans	suma	£1.09
Tins	tomato soup	suma	£1.75
Tins	pea soup	suma	£2.09
Tins	harricot	suma	£1.09
Tins	chick peas	suma	£1.09
Tins	black chick peas	suma	£1.09
Tins	tuscan soup	suma	£1.75
Tins	cannellini beans	suma	£1.09
Tins	berlotti beans	suma	£1.09
Tomato Products	bolognese veg	suma	£1.95
Tomato Products	ketchup squeeze bottle	biona	£2.99
Tomato Products	napoletana sauce	suma	£1.95
Tomato Products	passata	suma	£1.75
Tomato Products	passata with basil	suma	£1.79
Tomato Products	tomato puree	suma	£1.29
Vinegar	raw cyder vinegar	aspall	£2.69
Vinegar	cyder vinegar500ml	umbar	£6.95
Vinegar	balsamic vinegar	suma	£3.89

Column1

s on bank holiday)

