

Optimum Value Medication List

Medications that offer the best value

Are you on a medication to prevent or manage a health condition?

The medications listed on this flyer can help prevent many illnesses and conditions for people who have risk factors.

If your medication is on this list, your prescription benefit helps you save money and stay on your treatment plan. Under some plans, you may not need to pay a copay, coinsurance and/or deductible for the medications on this list.

Be sure to follow your doctor's treatment plan – including taking prescribed medications as directed – to help you live a healthier life today and possibly avoid serious illness and high health care costs down the road.

Questions?

Call the Customer Service number on your member ID card.



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Regence BlueCross BlueShield of Utah
2890 E Cottonwood Parkway | Salt Lake City, UT 84121

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ANTICONVULSANTS
carbamazepine tablets, chewable tablets
carbamazepine suspension
divalproex capsules
divalproex DR tablets
divalproex ER tablets
ethosuximide capsules, solution
gabapentin capsules, tablets
lamotrigine IR tablets, chewable tablets
levetiracetam tablets, solution
levetiracetam ER tablets
lithium carbonate capsules, tablets
lithium carbonate ER tablets
oxcarbazepine tablets
phenytoin sodium extended capsules
primidone tablets
topiramate tablets
valproate sodium solution
zonisamide capsules
CARDIOVASCULAR
Anticoagulants/ Antiplatelets
cilostazol tablets
clopidogrel tablets
dipyridamole tablets
prasugrel tablets
warfarin tablets
Beta Blockers
acebutolol capsules
atenolol tablets
betaxolol tablets
bisoprolol fumarate tablets
carvedilol tablets
labetalol tablets
metoprolol succinate ER tablets
metoprolol tartrate tablets (except 37.5mg and 75mg)
propranolol tablets
sotalol tablets
sotalol AF tablets
Calcium Channel Blockers
amlodipine tablets
diltiazem ER capsules, tablets
diltiazem IR capsules, tablets
diltiazem SR capsules, tablets
felodipine ER tablets
isradipine capsules
nifedipine capsules
nifedipine ER tablets (osmotic release)
Cholesterol
atorvastatin tablets

Cholesterol (cont.)
lovastatin tablets
pravastatin tablets
rosuvastatin tablets
simvastatin tablets
Combination Products
amiloride-HCTZ tablets
amlodipine-benazepril capsules
amlodipine-olmesartan medoxomil tablets
amlodipine-valsartan tablets
atenolol-chlorthalidone tablets
benazepril-HCTZ tablets
bisoprolol-HCTZ tablets
enalapril-HCTZ tablets
fosinopril sodium-HCTZ tablets
irbesartan-HCTZ tablets
lisinopril-HCTZ tablets
losartan-HCTZ tablets
metoprolol-HCTZ tablets
moexipril-HCTZ tablets
olmesartan-HCTZ tablets
quinapril-HCTZ tablets
spironolactone-HCTZ tablets
triamterene-HCTZ capsules, tablets
telmisartan-HCTZ tablets
valsartan-HCTZ tablets
Diuretics
acetazolamide tablets
amiloride tablets
bumetanide tablets
chlorothiazide tablets
chlorthalidone tablets
furosemide tablets, solution
hydrochlorothiazide capsules, tablets
indapamide tablets
spironolactone tablets
torsemide tablets
Other
clonidine patches
digoxin tablets
Renin/ Angiotensin System Antagonists
benazepril tablets
enalapril tablets
eplerenone tablets
fosinopril tablets
irbesartan tablets
lisinopril tablets
losartan tablets
moexipril tablets



Renin/ Angiotensin System Antagonists (cont.)
olmesartan tablets
perindopril erbumine tablets
quinapril tablets
ramipril tablets
telmisartan tablets
trandolapril tablets
valsartan tablets
verapamil tablets
verapamil ER tablets
Vasodilators
hydralazine tablets
isosorbide dinitrate tablets
isosorbide mononitrate tablets
isosorbide mononitrate ER tablets
nitroglycerin patch
DIABETES
Glucose Rescue Products
Glucagon® HypoKit®
Insulins
Humalog® products
Humulin® products
Lantus® products
Levemir® products
Toujeo® products
Tresiba® products
Metformin products
glipizide-metformin tablets
glyburide-metformin tablets
metformin tablets
metformin ER tablets (non-osmotic, non-modified)
Other
pioglitazone tablets
Sulfonylureas
glimepiride tablets
glipizide tablets
glipizide ER tablets
glyburide tablets
glyburide micronized tablets
tolazamide tablets
Testing Strips
LifeScan OneTouch® products
MENTAL HEALTH
amitriptyline tablets
ariprazole tablets (non-ODT)

MENTAL HEALTH (cont.)
bupropion ER/SR tablets
bupropion IR tablets
bupropion XL tablets
citalopram tablets, solution
desvenlafaxine succinate SR tablets
doxepin capsules, solution
duloxetine capsules (except 40mg)
escitalopram tablets, solution
fluoxetine capsules, solution
fluvoxamine IR tablets
haloperidol tablets, oral concentrate
loxpaine succinate capsules
mirtazapine tablets (non-ODT)
nortriptyline capsules, solution
olanzapine tablets (non-ODT)
paroxetine tablets
quetiapine IR tablets
quetiapine SR tablets
risperidone tablets (non-ODT)
sertraline tablets, solution
thioridazine tablets
venlafaxine ER capsules
venlafaxine IR tablets
ziprasidone capsules
OSTEOPOROSIS
alendronate tablets (except 40mg)
ibandronate tablets
RESPIRATORY
Anticholinergics
ipratropium bromide solution
Inhaled Corticosteroids
budesonide (inhalation) nebulized
QVAR® inhaler
QVAR® RediHaler™
Leukotriene Receptor Antagonists
montelukast chewable tablets
montelukast tablets
Methylxanthines
theophylline elixir
theophylline CR tablets
theophylline solution
theophylline ER tablets, 12 hour and 24 hour
Short Acting Beta Agonists (SABA)
albuterol nebulized



Short Acting Beta Agonists (SABA) (cont.)
albuterol syrup
ProAir® HFA inhaler
ProAir® RespiClick®
Ventolin® HFA inhaler
SABA/ Anticholinergics
ipratropium-albuterol inhaler
ipratropium-albuterol nebulized



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