

Plainsboro Food Pantry Grocery List

For office use only: _____

Please check the food items you would prefer to receive from the Plainsboro Food Pantry
 Please note the food items listed below are subject to availability

BABY ___ Baby Formula ___ Baby Food stage _____ ___ Baby Diapers size _____	CANNED GOODS-MEALS ___ Beef Stew ___ Chili ___ Macaroni and Beef (e.g.) Chef Boyardee	CANNED GOODS-SOUPS ___ cream soups ___ chicken soup ___ beef soup ___ vegetable soup ___ bean soup ___ seafood soup ___ Tomato soup	SNACKS ___ Candy ___ Chips ___ Cookies ___ Crackers ___ Dried Fruit ___ Granola Bars ___ Jelly/Jam ___ Jell-O ___ Nuts ___ Peanut Butter ___ Pop-Tarts ___ Pudding ___ Popcorn ___ Pretzels ___ Rice Cakes
COLD BREAKFAST CEREAL ___ Unsweetened ___ Sweetened	BEVERAGES-JUICE ___ fruit (apple, orange, grape, cranberry) ___ vegetable/tomato (circle choices) ___ Sports Drinks ___ Bottled Water ___ Sunny D	CANNED GOODS - BEANS ___ baked ___ kidney ___ garbanzo ___ black ___ other	PERSONAL CARE ___ Adult Incontinence Pads/Pants ___ Body Lotion ___ Body Wash ___ Shampoo ___ Conditioner ___ Feminine Pads/Tampons (Circle) ___ Deodorant ___ Soap ___ Shave Cream ___ Toothbrush ___ Toothpaste
BEVERAGES-HOT ___ Coffee-Regular ___ Coffee-Decaf ___ Coffee-Instant ___ Hot Chocolate ___ Tea Bags Decaf/Reg (circle one) ___ Creamer	DRY GOODS ___ Beans ___ Beans and Rice ___ Boxed Meals ___ Breadcrumbs ___ Couscous ___ Dry Soups ___ Macaroni and Cheese ___ Noodles ___ Pasta ___ Pasta Mixes ___ Potatoes ___ Quinoa ___ Rice Brown ___ Rice White ___ Rice Mixes ___ Shake n' Bake ___ Stuffing	CANNED GOODS-TOMATOES ___ spaghetti/tomato sauce ___ diced tomatoes ___ crushed tomatoes ___ tomato paste	HOUSEHOLD GOODS ___ Toilet Paper ___ Laundry Detergent ___ Cleaning Supplies ___ Paper Goods ___ Other _____
Baking ___ Cookie Mix ___ Brownie Mix ___ Cake Mix ___ Frosting ___ Muffin Mix ___ Pie Filling ___ Flour	CANNED GOODS-FRUIT ___ Apricots ___ Applesauce ___ Cranberry Sauce ___ Fruit Cocktail ___ Mandarin Orange ___ Peach ___ Pear ___ Pineapple ___ Pumpkin	CANNED GOODS-BROTHS _____	ETHNIC FOODS ___ Chinese ___ Indian ___ Italian ___ Mexican ___ Kosher/Halal
HOT BREAKFAST CEREAL ___ Cream of Wheat ___ Grits ___ Oatmeal ___ Pancake Mix ___ Syrup	CANNED GOODS-VEGETABLES ___ Asparagus ___ Beets ___ Carrots ___ Corn ___ Green Beans ___ Mixed Vegetables ___ Mushrooms ___ Peas ___ Potatoes ___ Spinach ___ Sauerkraut ___ Yams	CANNED GOODS-GRAVY _____	
SWEETENERS ___ Honey ___ Sugar ___ No Calorie Sweetener ___ Brown Sugar		CONDIMENTS ___ BBQ Sauce ___ Ketchup ___ Marinades ___ Mayonnaise ___ Mustard ___ Oil ___ Olives ___ Pickles ___ Relish ___ Salad Dressing ___ Salsa ___ Salt/Pepper ___ Seasonings ___ Vinegar	
BEVERAGES-MILK ___ Evaporated ___ Powdered Dry ___ Shelf-Stable-Parmlat (1%,2%,Skim) ___ Sweetened Condensed ___ Coconut, Soy, Rice (circle one)		DRINK MIXES ___ Iced tea ___ Lemonade ___ Kool Aid	
CANNED GOODS-FISH ___ Clams ___ Crab ___ Salmon ___ Sardines ___ Tuna		CANNED GOODS-MEATS ___ Chicken ___ Ham ___ Sausage ___ Turkey	