

INVENTORY & GROCERY LIST

BUDGET GOAL FOR THE WEEK:

-\$25-

I'm pledging to feed my family on just \$25 per week in fresh groceries and otherwise make our meals based around what I have on-hand!

MEAL IDEAS	WHAT I HAVE	WHAT I NEED
<p>“</p> <p>USE WHAT YOU'VE GOT before running to the store! Cleanse your wallets, fridge, freezers, pantries, and most importantly, habits!</p>	<p>“</p> <p>Time to scour the shelves! Using pasta, grains, vegetables, canned items, frozen foods, and things you <i>ALREADY HAVE</i>, you <i>CAN</i> do this!</p>	<p>“</p> <p>Go to the store only for supplemental groceries. It saves so much money and cuts down on <i>SO MUCH WASTE!</i></p>

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