

CLEANING SCHEDULE WORKSHEET

TO BE COMPLETED AND MAINTAINED

BY THE CLIENT/FAMILY/ADVOCATE

LIGHT HOUSEKEEPING TASKS OUR CAREGIVERS CAN COMPLETE

Maintaining a Clean Bedroom

- Stripping and washing bed linens
- Making beds
- Vacuuming or sweeping floors
- Dusting to include baseboards
- Organizing closets
- Trash removal

Maintaining a Clean Bathroom

- Cleaning fixtures (sink, toilet, mirrors)
- Sweeping or mopping floors
- Cleaning the bathtub or shower
- Trash removal

Laundry

- Washing and drying clothes
- Ironing clothes
- Putting clothes away

Maintaining a Clean Kitchen

- Washing dishes
- Sweeping or mopping floors
- Wiping counters
- Cleaning/organizing cupboards/drawers
- Cleaning/organizing refrigerator
- Cleaning/organizing freezer
- Dusting

Maintain a Clean Living Space

- Dusting to include baseboards
- Vacuuming or sweeping floors
- Organizing closets
- Cobweb removal

Home Maintenance

- Snow removal, less than 3", for a safe pathway for outings
- Salting stoop and walkway

CLEANING TASKS WE CAN REFER OUT TO OTHER COMPANIES

- Deep cleaning
- Carpet cleaning
- Drape/curtain cleaning
- Upholstery cleaning
- Window washing
- Grout cleaning
- Moving furniture for cleaning
- Flipping mattresses
- Cleaning using bleach
- Raking leaves/mowing lawns
- Major gardening/landscaping
- Moving outdoor furniture
- Snow removal greater than 3" on stoop, walkways
- Snow removal from driveway/sidewalks
- Carpentry or repair work
- Lifting more than 25 pounds

CREATE YOUR OWN CUSTOM CLEANING SCHEDULE ON THE BACK OF THIS PAGE. LIST THE TASKS AND DETAILS YOU WOULD LIKE COMPLETED DURING YOUR SCHEDULED SHIFTS. ADDITIONAL COPIES OF THIS FORM CAN BE PRINTED OFF OF OUR WEBSITE AT WWW.HOMEINSTEAD.COM/283.CAREGIVERPORTAL

