Daily Schedule for Infant Program

7:30	Centre opens and children begin to arrive Free play indoors - sensory/art activity is provided
Diapers are changed as needed Children are put down to sleep as per their individual routines	
8:15-9:30	Morning snack arrives and is offered to the children
9:30-10:00	Prepare the children for outdoor play when appropriate
Diapers are changed as needed	
10:00-11:00	Outdoor Play
11:15-11:30	Lunch arrives and is offered to all the children
Diapers are changed as needed	
11:30-12:00	Afternoon/Cot sleepers prepare for sleep Free play or outings continue for children awake
2:00	Nutritious afternoon snack is available. Snack is provided to all children as they wake up from their afternoon nap Free play continues
3:00-4:45	Preparation for outdoor play when possible Outdoor Play
4:45-5:00	Diapering/toileting routine for remaining children
5:00-5:30	Indoor free play-opportunities to explore and investigate
5:45	Centre Closes

*This daily schedule for the Infant program is intended to be flexible, in order to respond to the ever-changing individual needs of the children. Although not indicated consistently throughout the schedule, diaper checks are maintained on a regular basis (every two to three hours, depending upon individual nap schedules, and as need arises). Children are offered naps on an as needed.