

# Infant Daily Schedule:

6:30 - 8:00 AM	<i>Reminder: first feeding is at home</i> Good Morning! Arrival & Handwashing Meal Times (as appropriate, per child's schedule)* Teachers and children engaged in interactive play	
8:30 - 9:00 AM	Diapering & Handwashing* Nutritious Breakfast Provided by Dr. Day Care	
9:00 - 11:00 AM	Rest Time ( <i>Infants 6 weeks- 15 months</i> )	Educational Play ( <i>Infants 15 -18 months</i> ): <ul style="list-style-type: none"> <li>♦ Fine Motor</li> <li>♦ Gross Motor</li> <li>♦ Music &amp; Movement</li> <li>♦ Outdoor Activities</li> <li>♦ Sensory/Discovery</li> <li>♦ Story/Circle Time</li> </ul>
11:00 AM - 12:00 PM	Diapering & Handwashing* Meal Time* / Nutritious Lunch Provided by Dr. Day Care	
12:00 - 2:00 PM	Educational Play ( <i>Infants 6 weeks- 15 months</i> ): <ul style="list-style-type: none"> <li>♦ Tummy Time</li> <li>♦ Fine Motor</li> <li>♦ Gross Motor</li> <li>♦ Music &amp; Movement</li> <li>♦ Outdoor Activities</li> <li>♦ Sensory/Discovery</li> <li>♦ Story/Circle Time</li> </ul> Meal Times (as appropriate, per child's schedule)*	Rest Time ( <i>Infants 15 -18 months</i> )
2:00 - 2:30 PM	Diapering & Handwashing* Nutritious Snack Provided by Dr. Day Care	
2:30 - 4:30 PM	Rest Time ( <i>Infants ages 6 weeks- 15 months</i> ) Meal Times (as appropriate, per child's schedule)*	Educational Play ( <i>Infants 15 -18 months</i> ): <ul style="list-style-type: none"> <li>♦ Fine Motor</li> <li>♦ Gross Motor</li> <li>♦ Music &amp; Movement</li> <li>♦ Outdoor Activities</li> <li>♦ Sensory/Discovery</li> <li>♦ Social-Emotional &amp; Language Development</li> </ul>
4:30 - 6:00 PM	Diapering & Handwashing* Quiet Activities <ul style="list-style-type: none"> <li>♦ Story Time</li> <li>♦ Music &amp; Movement</li> </ul> Prepare for Departure - Thank you for learning with us!	



\*See Feeding Infants Policy for more information on meal time schedules. Diapers are changed every 2-3 hours and as needed.

This schedule is a general guideline. The individual needs of each infant will also be considered.