### horizontal line**Coaching Observation Checklist**

#### **Observer Information**

* **Observer Name:**
* **Date of Observation:**
* **Location:**
* **Time:**
* **Role (e.g., Head Coach, Sports Director):**

#### **Observation Criteria**

| **Coaching Criteria** | **Yes** | **No** | **N/A** | **Comments/Notes** |
| --- | --- | --- | --- | --- |
| Clear communication of instructions |  |  |  |  |
| Demonstrates technical skills |  |  |  |  |
| Motivates and encourages participants |  |  |  |  |
| Provides constructive feedback |  |  |  |  |
| Emphasizes safety and proper technique |  |  |  |  |
| Adapts methods to individual needs |  |  |  |  |
| Monitors progress consistently |  |  |  |  |
| Ensures a positive learning environment |  |  |  |  |
| Exhibits professionalism |  |  |  |  |
| Effectively manages time |  |  |  |  |

#### **Overall Coaching Rating**

Provide an overall rating based on observed coaching practices:

* **Rating Scale (e.g., 1–5):**
  + **1** - Needs Improvement
  + **2** - Below Average
  + **3** - Satisfactory
  + **4** - Good
  + **5** - Excellent
* **Overall Rating:**

#### **Comments and Recommendations**

Offer specific observations and recommendations for coaching improvement.