

# Preschool Schedule



Preschoolers enjoy a structured schedule that allows for flexibility. A schedule helps the day to flow more smoothly and allows the children to anticipate upcoming events. We will adhere to our written schedule to the best of our ability. There will be times when we have to make adjustments to the schedule. We appreciate families considering our schedule when picking up or dropping off children. It is better if arrivals and departures do not occur during quiet time, but when they do, please take note of the fact that children may be sleeping. Come and go as quietly and quickly as possible. Children who arrive during quiet time will be expected to rest or play quietly until the rest period is over.

We thank you for the information you filled out for us regarding your preschooler's individual needs and schedule. It will help us get to know your child better.

Our daily schedule, while very flexible, is as follows:

*7:00 - 8:30      Arrival, Breakfast, Free Play*

*8:30 - 9:00      Bears and Dinosaurs play in centers in Bear room ( when breakfast is finished)*

*9:00 - 11:45                      Separate into classes according to age*

*Daily Class Activities Include:*

*Calendar and Weather*

*Pledge*

*Exercise*

*Theme Discussion*

*Circle Games*

*Story Time*

*Readiness Activity*

*Arts & Crafts*

*Science*

*Free Play (Outside, minimum 30 minutes, Weather Permitting)*

*11:45 - 12:00      Clean Up and Get Ready for Lunch*

*12:00 - 12:30      Lunch*

*12:30 - 2:30      Rest Time*

*2:30 - 3:00                      Snack*

*3:00 - 6:00      Indoor play and/or Outside Play, minimum 30 minutes, Weather Permitting*

*Centers, Stories, Circle games*

*Summertime outside water play*