

FAIRMOUNT HILL CHILD CARE

Sample Toddler Schedule

Young toddlers are encouraged to take a morning nap at 9:30, but drop it generally around 18 months, when they're ready to join us for morning learning activities. Diapers are changed when needed, but no less than three times per day. We provide all the diapers, wipes, milk and home-cooked food unless parents wish to supply their own.

8am – arrival and free play, listen to our classical composer of the month

8:45 – circle time: songs, sign language word of the day, book of the day

9am – breakfast

9:30 – toddler library – here we work on fine motor skills, art, science, or cooking projects, and review our book of the day. When feasible, we borrow activity ideas from the book, and eat the foods that appear in the book at meal and snack times as a way of bringing the book to life.

10am – guided learning – gross motor play, dance, imaginative play, etc.

10:30 – diaper change. Outside play

11:30 – free play

12pm – lunch time

12:30 – free play

1pm – sensory learning – painting, water table, bubbles, etc.

1:30 – flash cards, storytime

1:45 – diaper change. Milk for young toddlers. Tooth brushing for all

2pm – nap time

4pm – snack time. At least once a week, we use this time for cultural learning. We learn about one country per month, and at this time we'll find it on our globe, listen to popular music from the country, read a picture book, watch a short video of kids dancing, play games, eat snacks, etc.

4:30 – guided learning – imaginative play, fine motor, counting activities, sorting, categorizing etc.

5pm – diaper change. Free play

5:30 –clean-up

6pm – end of day

