

# Typical Preschool Daily Schedule

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| 7:30  | Arrival/Table & Quiet Activities (Fine Motor, Art, Math, Science, Puzzles, Books, Music CDs w/headphones)  |
| 7:40  | Free Choice (Computer available T, TH only w/headphones – 10 min/child)  |
| 8:50  | Clean-up   |
| 9:00  | Large Group Time <ul style="list-style-type: none"><li>- Welcome Song</li><li>- Music and Movement Activity/Teacher-led Gross Motor Activity</li><li>- Story</li></ul> |
| 9:20  | Wash Hands   |
| 9:25  | Morning Snack  |
| 9:45  | Bathroom break/Wash Hands  |
| 10:00 | Small Groups (Math & Science)  |
| 10:15 | Free Choice  |
| 10:40 | Clean-up   |
| 10:45 | Outside Gross Motor (Includes Teacher-led Gross Motor Game)  |
| 11:15 | Clean-up/Go Inside/Wash Hands  |
| 11:30 | Lunch  |
| 11:40 | Bathroom break/Tooth-brushing  |
| 11:50 | Rest time  |
| 1:15  | Clean-up Rest/Bathroom break/Table & Quiet Activities (same as above)  |
| 1:30  | Free Choice  |
| 3:00  | Clean-up / Wash Hands  |
| 3:05  | Snack  |
| 3:20  | Outside (Includes Teacher-led Gross Motor Game)  |
| 4:00  | Clean-up/Go Inside/Bathroom/Wash Hands   |
| 4:10  | Free Choice  |
| 4:30  | Dismiss  |