Greenfield Weekend Retreat Schedule
September 25-27, 2020

Friday	**7:30 – 8:30 pm**	**Opening Class**
	(Chapel open for private meditation until 9:30 p.m.)	
Saturday	**9:15 am**	**Energization Exercise with Review**
	10:00 am – 12:30 pm	**Meditation with Technique Reviews**
	12:30 pm – 1:30 pm	**Lunch break**
	1:30 pm – 2:15 pm	**Class**
	2:15 pm – 2:30 pm	**Break**
	2:30 pm – 3:45 pm	**Kriya review class and Kriya checking** *(non-Kriyaban class in downstairs chapel)*
	3:45 pm – 4:00 pm	**Break**
	4:00 pm – 5:00 pm	**Energization Exercises and Meditation**
	5:00 pm – 7:00 pm	**Supper break**
	7:00 pm – 7:20 pm	**Kirtan**
	7:20 pm – 8:30 pm	**Video Presentation**
	(Chapel open for private meditation until 9:30 p.m.)	
Sunday	**9:30 am**	**Energization Exercises**
	10:00 – 10:45 am	**Meditation**
	10:45 am – 11:00 am	**Break**
	11:00 am – 12:15 pm	**Sunday service and closing comments**
	12:15 – 12:45	**Greet the monastics**