

## BUDGET WORKSHEET

*For Establishing a Basic Budget and Self-Sufficiency Planning*

Name \_\_\_\_\_ Age \_\_\_\_\_

Other Adults in Household (# & Ages) \_\_\_\_\_

Children in Household (# & Ages) \_\_\_\_\_

City & County of Residence \_\_\_\_\_

Family Type      ☐single adult      ☐single parent      ☐married

### **INCOME**

Your wages    \$\_\_\_\_\_/hr    +    \_\_\_\_\_hrs/week    =    \$\_\_\_\_\_/month  
(gross amount)

Monthly amount from other wage earners in the household    \$\_\_\_\_\_/month  
(gross amount)

Monthly child support income    \$\_\_\_\_\_/month

Monthly amount from other unearned income    \$\_\_\_\_\_/month  
(eg, Unemployment Benefits, Workers Comp, Soc Security, Pension, etc.)

TANF benefits      ☐No    ☐Yes    (# of people on grant \_\_\_\_\_ )    \$\_\_\_\_\_/month

SSI benefits      ☐No    ☐Yes    (# adults \_\_\_\_\_ ; # children \_\_\_\_\_ )    \$\_\_\_\_\_/month

**TOTAL INCOME: \$\_\_\_\_\_/month**

### **EXPENSES**

| CATEGORY          | MONTHLY AMOUNT<br>(\$) | CURRENTLY RECEIVE<br>SUBSIDY? TYPE? |
|-------------------|------------------------|-------------------------------------|
| <b>Child Care</b> |                        |                                     |
| <b>Housing</b>    |                        |                                     |
| Rent/Mortgage     |                        |                                     |
| Electricity       |                        |                                     |
| Heating           |                        |                                     |
| Water             |                        |                                     |
| Sewer/Garbage     |                        |                                     |

|  |  |  |
|--|--|--|
| Phones (home/cell)   |  |  |
| Cable/Internet   |  |  |
| Other  |  |  |
| <b>Health Care</b>   |  |  |
| Insurance premium(s)                                       |  |  |
| Co-Pays  |  |  |
| Prescriptions  |  |  |
| Over the Counter Medications                               |  |  |
| Other  |  |  |
| <b>Food</b>  |  |  |
| Groceries  |  |  |
| Household Supplies   |  |  |
| Eating Out/Take Out  |  |  |
| <b>Transportation</b>                                      |  |  |
| Gas or Bus Pass(es)  |  |  |
| Auto Insurance   |  |  |
| Maintenance/Repairs  |  |  |
| Auto Loan Payments   |  |  |
| Other  |  |  |
| <b>Miscellaneous</b>                                       |  |  |
| Child Support (that you pay)                               |  |  |
| Credit Card Payments                                       |  |  |
| Loan Payments  |  |  |
| Work Clothes/Uniform/Tools                                 |  |  |
| Laundry  |  |  |
| School Supplies/Fees                                       |  |  |
| Entertainment ( <i>e.g., movies, sports, music, etc.</i> ) |  |  |
| Gifts  |  |  |
| Other  |  |  |

**TOTAL EXPENSES: \$\_\_\_\_\_ /month**