



JANET AUTHERINE JAMES

AUTHOR. ATTORNEY. SPEAKER

ROAR TO YOUR OWN BEAT!

YOUTH EMPOWERMENT THROUGH WRITING

WOMEN'S EMPOWERMENT THROUGH STORYTELLING

PERSONAL STORY: AN ISLAND GIRL'S JOURNEY TO MINDFUL LIVING

BIO

"Don't be afraid of dreaming so big that your journey leaves footprints in the sand for others to follow. We often settle for a "check the box" life but your story is much bigger than your to-do list. Choose to roar to your own beat, connect your story to your purpose, and let your story be your legacy." Janet Autherine

Janet has a heart for storytelling and youth empowerment. She uses her extraordinary immigrant journey from humble beginnings in Jamaica to a respected attorney, author and administrative law judge to inspire others to embrace their unique journey. She is the author of Growing into Greatness with God: 7 Paths to Greatness for our Sons & Daughters (youth), Wild Heart, Peaceful Soul (poetry) and An Island Girl's Journey to Mindful Living (April 2020). Her books are available on Amazon.

BOOKING

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SPEAKER TOPICS

CONNECT YOUR STORY TO YOUR PURPOSE

Your journey is your legacy: Discover your purpose, cultivate it and leave footprints in the sand.

MINDFULNESS

From struggle to mindful living. Janet's "island mindfulness" journey from humble beginnings in Jamaica to becoming an attorney, judge and author.

YOUTH EMPOWERMENT

Janet loves speaking to children and young adults! She discusses Growing into Greatness through writing, cultivating a legal career, and youth empowerment (Roar to Your Own Beat)

COLLABORATE

COACHING

- Writing workshops for children and adults
- Discovering the power and peace of mindfulness.

INTERVIEWS

Have a great story? Request an interview with the Women Leaving Footprints in the Sand blog. Janet is available for interviews, including Podcasts and loves to visit book clubs..

WRITING AND GHOST WRITING

Let's get you from idea to story to published author!