



# JANET AUTHERINE JAMES

AUTHOR. ATTORNEY. SPEAKER

ROAR TO YOUR OWN BEAT!

YOUTH EMPOWERMENT THROUGH WRITING

WOMEN'S EMPOWERMENT THROUGH STORYTELLING

PERSONAL STORY: AN ISLAND GIRL'S JOURNEY TO MINDFUL LIVING

## BIO

*"Don't be afraid of dreaming so big that your journey leaves footprints in the sand for others to follow. We often settle for a "check the box" life but your story is much bigger than your to-do list. Choose to roar to your own beat, connect your story to your purpose, and let your story be your legacy."* Janet Autherine

Janet has a heart for storytelling and youth empowerment. She uses her extraordinary immigrant journey from humble beginnings in Jamaica to a respected attorney, author and administrative law judge to inspire others to embrace their unique journey. She is the author of *Growing into Greatness with God: 7 Paths to Greatness for our Sons & Daughters* (youth), *Wild Heart, Peaceful Soul* (poetry) and *An Island Girl's Journey to Mindful Living* (April 2020). Her books are available on Amazon.

## BOOKING

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## SPEAKER TOPICS

### CONNECT YOUR STORY TO YOUR PURPOSE

Your journey is your legacy: Discover your purpose, cultivate it and leave footprints in the sand.

### MINDFULNESS

From struggle to mindful living. Janet's "island mindfulness" journey from humble beginnings in Jamaica to becoming an attorney, judge and author.

### YOUTH EMPOWERMENT

Janet loves speaking to children and young adults! She discusses *Growing into Greatness* through writing, cultivating a legal career, and youth empowerment (*Roar to Your Own Beat*)

## COLLABORATE

### COACHING

- Writing workshops for children and adults
- Discovering the power and peace of mindfulness.

### INTERVIEWS

Have a great story? Request an interview with the *Women Leaving Footprints in the Sand* blog. Janet is available for interviews, including Podcasts and loves to visit book clubs..

### WRITING AND GHOST WRITING

Let's get you from idea to story to published author!