



Foods Lab Student Safety Contract



FACS classes require hands-on learning in a foods lab. To ensure a safe kitchen experience, the following are general lab rules students must abide by in order to participate in a lab. **In addition to the safety and sanitation procedures covered in class**, the following personal guidelines must be followed at all times.

Shoes/Attire

- Only closed-toe, rubber soled, non-skid, kitchen appropriate shoes that cover the entire foot (and are your size) may be worn during labs.
- Students must wear appropriate-sized, long pants during labs.
- Loose sleeves must be rolled up.
- Clean aprons and/or lab coats will be provided by your teachers. Remove aprons and/or lab coats when leaving kitchen area.

Hair

- All students with hair long enough to pull back neatly in a ponytail must do so with any long bangs secured away from the face. Students may opt to wear all hair in a hair net.

Jewelry

- Remove all jewelry from hands, wrists, and arms before entering the kitchens.
- In addition, no dangling objects, such as other jewelry, earrings, scarves, or headphone wires are permitted in the kitchens.

Handwashing

- Wash hands thoroughly before beginning each lab using hot water and soap for at least 20 seconds. Repeat when necessary as discussed during the safety and sanitation unit.
- Gloves must be worn at all times by anyone with bandages, hand wounds, nail polish, or false nails. Any other use of gloves will be designated by the teacher, e.g., when handling raw meat and ready-to-eat food.

I Understand The Following...

- This paper must be signed by myself, signed by a parent/guardian, and returned to my teacher in order to participate in cooking labs.
- I must report any accident, no matter how minor, to my teacher immediately.
- I am to use kitchen items only for their intended purpose.
- I must stay in my kitchen, no wandering.
- It is mandatory that cell phones be turned off and kept away during the labs because of the safety risk of causing a distraction. Pictures of the final product may be taken with permission from my teacher.
- Chewing gum and outside food/beverages are not permitted in the kitchens.
- I should not touch any equipment, food, or other materials in the kitchen area until I am instructed to do so.
- Failure to follow any of these guidelines and/or any of the safety and sanitation rules will result in loss of cooking privileges and possible disciplinary action.

Signatures below indicate the student and parent/guardian have read, understand, and agree to the terms and conditions of this contract. This contract must be signed by the parent/guardian and student in order for the student to participate in the food lab.

Please make a copy of this contract for your own records as the instructor will keep the original.

Student Name

Student Signature

Parent Signature

Date