

Current Monthly Expenses Worksheet

Housing	
Rent or mortgage	\$
Heating (<i>gas or oil</i>)	\$
Electricity	\$
Water or sewage	\$
Telephones (<i>land-lines and cell phones</i>)	\$
Renters or homeowner's insurance (<i>if separate</i>)	\$
Trash service	\$
Other	\$
Transportation	
Gas	\$
Car payment	\$
Car insurance	\$
Car repairs and maintenance	\$
License plates and registration fees	\$
Food	
Groceries	\$
School lunches	\$
Work-related (<i>lunches and snacks</i>)	\$
Insurance	
Health (<i>medical and dental, IF NOT payroll deducted</i>)	\$
Supplemental Life Insurance	\$
Supplemental Disability Insurance	\$
Medical	
Doctor	\$
Dentist	\$
Prescriptions	\$
Childcare	
Childcare or babysitters	\$
Child support or alimony	\$

Education	
Tuition	\$
Books, papers and supplies	\$
Newspapers and magazines	\$
Lessons (<i>sports, dance, music</i>)	\$
Gifts	
Birthdays	\$
Personal	
Barber or beauty shop	\$
Children's allowances	\$
Tobacco products	\$
Beer, wine or liquor	\$
Entertainment	
Movies, sporting events, concerts, etc.	\$
Cable/satellite TV	\$
Restaurants and take-out meals	\$
Gambling and lottery tickets	\$
Fitness or social clubs	\$
Vacations/trips	\$
Hobbies or crafts	\$
Miscellaneous	
Checking account fees, money order fees, etc.	\$
Pet care and supplies	\$
Postage	\$
Pictures and photo processing	\$
"Mad" money	\$
Debts	
Student loan	\$
Credit card (<i>monthly minimum</i>)	\$
Credit card (<i>monthly minimum</i>)	\$
Credit card (<i>monthly minimum</i>)	\$

Clothing	
Clothing	\$
Laundry and dry cleaning	\$
Donations	
Religious or charity	\$

Medical bills	\$
Personal loan	\$
Other	
Other	\$
Other	\$
Other	\$

Total Regular Monthly Expenses \$

Assets	
Cash "on hand"	\$
Savings	\$
Total Assets	\$

Notes _____

