

# Kayak Camping Checklist

## Kayak Equipment:

\_\_\_ Paddle  
\_\_\_ Spare Paddle  
\_\_\_ Sprayskirt  
\_\_\_ Cockpit Cover  
\_\_\_ PFD  
\_\_\_ Compass, GPS  
\_\_\_ Bilge Pump  
\_\_\_ Rescue Float  
\_\_\_ Tow/Throw Line  
\_\_\_ Gloves/Pogies  
\_\_\_ Sponge & Bailer  
\_\_\_ Sea Anchor/Drogue  
\_\_\_ Paddle Leash  
\_\_\_ Deck Bag  
\_\_\_ Large Duffle Bag  
\_\_\_ Safety Knife  
\_\_\_ Helmet  
\_\_\_ Dry Bags

## Signaling:

\_\_\_ Whistle  
\_\_\_ Flares  
\_\_\_ Smoke Canister  
\_\_\_ Mirror  
\_\_\_ Air Horn  
\_\_\_ Strobe Light  
\_\_\_ EPIRB

## Navigation:

\_\_\_ Waterproof Chart Case  
\_\_\_ River Guide  
\_\_\_ Binoculars  
\_\_\_ VHF Radio  
\_\_\_ AM/SW Radio  
\_\_\_ Navigation Charts  
\_\_\_ Topo Maps  
\_\_\_ Road Map  
\_\_\_ Current & Tide Table

## Clothing

\_\_\_ Paddling Jacket/  
Pants  
\_\_\_ Footwear/Sandals  
\_\_\_ Bathing Suit  
\_\_\_ Socks  
\_\_\_ Vest  
\_\_\_ Hiking/walking shoes  
\_\_\_ Camp Shoes

\_\_\_ Camp Gloves  
\_\_\_ Handkerchief  
\_\_\_ Rubber boots  
\_\_\_ Rain Gear  
\_\_\_ Neoprene- vest/  
farmer john/shortie/  
top/bottom

## Hats:

\_\_\_ Shade  
\_\_\_ Pile

## Synthetic Clothing

\_\_\_ T-shirts  
\_\_\_ Long Sleeve  
\_\_\_ Pants  
\_\_\_ Shorts  
\_\_\_ Underwear  
\_\_\_ Pile Jacket/Pants

## Camping Equipment:

\_\_\_ Tent  
\_\_\_ Groundcloth  
\_\_\_ Sleeping Pad  
\_\_\_ Stakes  
\_\_\_ Camp Chair  
\_\_\_ Headlamp  
\_\_\_ Shade Canopy  
\_\_\_ Sleeping Bag  
\_\_\_ Pillow  
\_\_\_ Saw  
\_\_\_ Shovel  
\_\_\_ Lantern  
\_\_\_ Fire Tray  
\_\_\_ Fire Starter/Logs  
\_\_\_ Table

## Repair Kits:

\_\_\_ Tent  
\_\_\_ Thermarest

## First Aid:

\_\_\_ Ace Bandage  
\_\_\_ Butterfly Bandages  
\_\_\_ Asst. Sized Bandages  
\_\_\_ Snake Bite Kit  
\_\_\_ Moleskin  
\_\_\_ Eyedrops

\_\_\_ Tweezer  
\_\_\_ Scissors  
\_\_\_ Cold & Hot Pads  
\_\_\_ Insect Repellent  
\_\_\_ Splint  
\_\_\_ Salt Tablets  
\_\_\_ Razor Blade  
\_\_\_ Large Safety Pins  
\_\_\_ Sterile Gauze Pads  
\_\_\_ Iodine  
\_\_\_ Cavit  
\_\_\_ Tape  
\_\_\_ Pen/Pad  
\_\_\_ Sewing Kit  
\_\_\_ Sunblock  
\_\_\_ Zinc Oxide  
\_\_\_ Emergency/First Aid  
Guide/Manual

## Medication:

\_\_\_ Ibuprofen (Advil)  
\_\_\_ Tylenol/Motrin  
\_\_\_ Anti-itch Cream  
\_\_\_ Antifungal Cream  
\_\_\_ Diarrhea Tablets  
\_\_\_ Sinus/Cold  
\_\_\_ Antacid (Pepsid)  
\_\_\_ Painkiller  
\_\_\_ Antibiotic  
\_\_\_ Vomiting Medication  
\_\_\_ Aspirin  
\_\_\_ Nasal Spray  
\_\_\_ Seasick Pills

## Thermometers:

\_\_\_ Hypothermia  
\_\_\_ Regular

## Cooking:

\_\_\_ Windscreen  
\_\_\_ Stove  
\_\_\_ Fuel  
\_\_\_ Cups  
\_\_\_ Plate & Bowl  
\_\_\_ Pots/Pans  
\_\_\_ Pot Lifter  
\_\_\_ Fire Pan  
\_\_\_ Fire grate  
In the Mess Kit  
\_\_\_ Scouring Pad

\_\_\_ Matches  
\_\_\_ Spatula  
\_\_\_ Knife/Fork/Spoon  
\_\_\_ Paper Towels  
\_\_\_ Aluminum Foil  
\_\_\_ Xtra ZipLock Bags  
\_\_\_ Camp Suds  
\_\_\_ Small Trash Bags  
\_\_\_ Hot Pad  
\_\_\_ Baking Soda  
\_\_\_ Burn Medication  
\_\_\_ Strainer  
\_\_\_ Can Opener  
\_\_\_ Nylon Mesh Bag  
\_\_\_ Cheese Grater

## General Repair/Tool Kit:

\_\_\_ Knife  
\_\_\_ Utility (Leatherman)  
\_\_\_ Duct Tape  
\_\_\_ Epoxy Putty  
\_\_\_ Superglue  
\_\_\_ Caulking  
\_\_\_ Aquaseal

## Spare Items:

\_\_\_ Rudder, Cables, Crimps

## Toiletries/Personal:

\_\_\_ Sunglasses  
\_\_\_ Croakies  
\_\_\_ Watch w/Alarm

## Personal Kit:

\_\_\_ Toothbrush - small  
\_\_\_ Toothpaste  
\_\_\_ Mouthwash  
\_\_\_ Comb/Brush  
\_\_\_ Chapstick  
\_\_\_ Sea Soap  
\_\_\_ Washcloth  
\_\_\_ Ear Plugs  
\_\_\_ Tylenol PM  
\_\_\_ Nail Clippers  
\_\_\_ Dental Floss  
\_\_\_ Cough Drops  
\_\_\_ Tums  
\_\_\_ Talc Powder  
\_\_\_ Hand/Body Lotion

\_\_\_ Q-tips

**Emergency Items:**

\_\_\_ Candle

\_\_\_ Waterproof Matches

\_\_\_ Emergency Blanket

\_\_\_ Rain Poncho

\_\_\_ Personal Shelter

**Xtra Items:**

\_\_\_ Backup Stove

\_\_\_ Stove Fuel

\_\_\_ Cord, Rope, Tarps

\_\_\_ Batteries

\_\_\_ Flashlight

\_\_\_ Matches

\_\_\_ Set of dry cloths

\_\_\_ Xtra Meal(s)

**Food/Water:**

\_\_\_ Water - 1 Gallon Per  
Day

\_\_\_ Water Purification  
Tables

\_\_\_ Water Purifier

\_\_\_ Water Bottles

\_\_\_ Water Bags

\_\_\_ Collapsible Bucket

**Fishing Gear:**

\_\_\_ Fishing Pole

\_\_\_ Bait

\_\_\_ Tackle Box

\_\_\_ Line

\_\_\_ Speargun

\_\_\_ Fillet Knife

**Snorkeling Gear:**

\_\_\_ Full Wet Suit/Hood

\_\_\_ Facemask

\_\_\_ Snorkel

\_\_\_ Fins

\_\_\_ Gloves

**Nice to Have:**

\_\_\_ Binoculars

\_\_\_ Camera

\_\_\_ Film

\_\_\_ Small Tripod

\_\_\_ Writing Materials

\_\_\_ Reading/Books

\_\_\_ Games

\_\_\_ Sunshower

\_\_\_ Wash Basin

\_\_\_ Kite

\_\_\_ Clothsline/pins

**Dump Kit:**

\_\_\_ Small spade/hand trowel - for digging holes

\_\_\_ Toilet Paper (re-rolled, coreless in a small ziplock baggie)

For "Pack it Out" Situations:

\_\_\_ Porta Potty or

KR Technique: \* keep Dump kit handy at all times: dig small hole: split and lay plastic bag in hole; aim for bag; sprinkle some bleach; lift out bag with TP and put into another bag; tie off bag tightly; put into very big bag and tie off big bag tightly; put that one far away or in a special dry bag meant for only that purpose.

\_\_\_ 3+ very large (10+ gal) heavy duty plastic bags (for carry and storage)

\_\_\_ Powdered bleach in small bottle (to put in with the poop)

\_\_\_ Many large Plastic bags and ties (two for each poop and TP)

\_\_\_ Rubber band tie to kit bag

## Before Heading Out

### 1. Equipment Check:

-Car

-Kayaking

-Camping

-First Aid

-Repair kits

### 2. Leave Trip Plan With Family/Friends