

Girl Scouts of Eastern Missouri
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www.girlscoutsem.org

PERSONAL EQUIPMENT CHECK-LIST FOR TROOP CAMPING

Bedding:

- ☐ 2 blankets or sleeping bag (extra blankets as needed)
- ☐ Pillow
- ☐ 1 piece of clothesline rope (about 6 feet long for tying bed roll)
- ☐ Ground cloth (waterproof material approximately 2 yards long and wide enough to go over and under sleeping bag) for covering bed in tents. Can be found in sporting goods department.
- ☐ 1 sheet (optional)

Clothes:

- ☐ Warm pajamas
- ☐ 1 complete change of clothing per day (including inner and outer clothing)
- ☐ Extra socks and underwear
- ☐ Sturdy shoes (must have closed heel and toe. **No** sandals, clogs, Crocs™, 'jellies', open toe shoes or open heel shoes)
- ☐ Warm jacket, sweatshirt and sweater
- ☐ Rain coat (or poncho) and boots for rain or snow depending on the season
- ☐ Swim suit and towel (if your troop is going swimming)
- ☐ Hat or scarf

Toiletry Articles:

(Pack these in a Ziploc bag)

- ☐ Towel
- ☐ Toothbrush and toothpaste
- ☐ Washcloth
- ☐ Soap in soap dish
- ☐ Feminine hygiene products
- ☐ Comb and brush

To Eat With:

- ☐ Eating utensils (bowl, plate, cup, knife, fork, spoon or mess kit)
- ☐ Beaver bag, 6 clip clothespins with name on them

Other Necessities

- ☐ Sit-upon
- ☐ Plastic bag to put clothes in at night
- ☐ Bandana
- ☐ Sunscreen
- ☐ Insect repellent (squeeze bottle or stick available in sporting goods departments) A product containing Deet (N, N-diethyl-metatoluamide) is recommended.
- ☐ Flashlight with extra batteries and bulb
- ☐ Coat, gloves (or mittens), and hat for cold weather camping
- ☐ Any medications (with parent or doctor's written instructions)

Other things you might want to bring:

- ☐ Camera
- ☐ Compass
- ☐ Tissue
- ☐ Pocket knife (if permitted by troop leader)
- ☐ Musical instrument
- ☐ Mirror (with cover)
- ☐ Small Back pack
- ☐ Hair ties for long hair

Please Don't Bring:

- ✗ Cell phones and pagers
- ✗ Extra food of any kind (gum, candy, cookies, etc.)
- ✗ Electronic Equipment such as televisions, VCR, radios, CD/cassette recorders, MP3 players, laptop computers, etc.
- ✗ Hair dryers or butane hair curlers; Jewelry, money or other valuables
- ✗ No sandals, clogs, Crocs™, "jellies" open-toe and/or open heel shoes.
- ✗ No alcohol, drugs, weapons or fireworks.

JLM/ 8/14/2012 C-31