

SUMMER MICHIGAN CAMPING CHECKLIST

WELCOME: Men & Women, age 18 & up!

Quantities:

- Please consider that up to 11 people will be in one van
- figure on 8 nights of camping and intermittent days of driving, hiking, and relaxing near the Great Lakes
- Bring items of clothing that can be LAYERED easily, for cool nights & windy lakeshores!

Task List:

- ☐ Registration, Health, & Liability forms filled out and returned to **Into the Deep** with down payment
- ☐ Tell Jen if I need equipment: a few sleeping pads and sleeping bags are available for loan
- ☐ Arrange to meet on Sat. for 8am Mass at St. Charles Borromeo in Minneapolis, MN; will then leave from **Into the Deep's** office bldg.
- ☐ Arrange to stay overnight on Sunday upon returning to Minneapolis (unless you live locally)
- ☐ Medications in Ziplocs (we have a group First Aid kit)
- ☐ Please carry your medical insurance card!
- ☐ Set up "out of office" replies for cell phone & email: to fully enter into this retreat we will collect electronics (available for emergency)
- ☐ Money for souvenirs, gifts, or extra snacks on the road
- ☐ "BAG Breakfast" if you prefer not to eat before Mass on Saturday
- ☐ I have packed everything I need on the car ride in a separate, smaller bag from what will be in the back end of the van.
(Please include in this small daypack: water bottle, raingear, one warmer layer, headlamp, sunglasses, medicine, camera)
- ☐ KEEP ANY FOOD SEPARATE from clothes and out of tents!!!

Checklist:

- ☐ Good raincoat (wind & moisture repellency necessary!)... *for your own good, PLEASE: no plastic ponchos!*
- ☐ Optional: rain pants (full zipper up sides is most convenient)
- ☐ Optional: Light hat & gloves, long underwear tops & bottoms – just in case/esp. if you tend to get cold at night or your sleeping bag is thin
- ☐ Hiking boots or shoes suitable for hiking on uneven terrain
- ☐ Comfortable sandals for around camp & driving (optional: flip-flops can be helpful for shower & beaches)
- ☐ Wool socks for hiking (cotton not recommended)
- ☐ Optional: thin pair socks for under heavier socks to avoid blisters (not cotton)
- ☐ 2 long pants - quick-dry material (nylon, etc.) is helpful; NOTE that jeans are very slow-drying!
- ☐ shorts
- ☐ 2 warm layers: sweatshirt, fleece jacket, vest, etc.
- ☐ long sleeve t-shirt(s)
- ☐ regular t-shirts
- ☐ Versatile, modest sleepwear (for both warm and cool nights near the Great Lakes) + optional warm socks just for sleeping
- ☐ Comfy travel clothes
- ☐ Clothes & shoes for 2 Sunday Masses (nothing elaborate, just simple and nice for being in a Church)
- ☐ Swimsuit for lakes
- ☐ Pillow (or can roll up a sweatshirt)
- ☐ Sleeping bag (suitable for possibly cooler temps)
- ☐ Optional: flannel sheet "sleep sack" to line sleeping bag (great by itself if hot/more warmth if cold)
- ☐ Thermarest (or other type) sleeping pad
- ☐ Towel and wash cloth (for beach & shower; medium size for sake of space)
- ☐ Personal Toiletries (sample size when possible, anything scented in ziplocks)
- ☐ Lip balm, sunscreen, lotion (unscented please, in ziplocks)
- ☐ Sunglasses, hat to protect from sun/bugs... optional bug headnet
- ☐ Small flashlight / headlamp + batteries
- ☐ Optional emergency stash: pocket knife, compass, whistle, matches
- ☐ **Thermal mug (12 oz)** for breakfast foods & hot drinks... put your name on it!
- ☐ **Water bottles** (at least 2 to reuse, totaling approx. 60+oz.)... put your name on them!
- ☐ Camera/batteries/memory card/film
- ☐ If you have one: breviary
- ☐ Optional: rosary, journal, pen, bible, book, travel games, cards, etc. (please plan on non-electronic versions!)
- ☐ Musical instruments welcome!
- ☐ Optional: camp chair (must be compact due to van space)
- ☐ Small backpack for hiking to carry water, camera, raingear, layers, etc.