

CAREER EXPLORATION AND PLANNING: LESSON PLAN 10
MAKE A PLAN WITH THE CAREER PLAN BUILDER

Summary:

Developing a course plan is an important step in the career and life planning process.

Lesson Objectives:

Students will be able to:

- Understand how successful course planning leads to effective career and life planning
- Describe a career/life plan

Grade Levels: 9 – 12

Time Needed: 50 minutes

Resources Needed:

- Access to Choices360.com

Computer Use: Yes

ASCA Mindsets & Behaviors:

Mindsets: 4. Understanding that postsecondary education and life-long learning are necessary for long-term career success

Behaviors:

Learning Strategies

- 3. Use time-management, organizational and study skills
- 4. Apply self-motivation and self-direction to learning
- 5. Apply media and technology skills
- 7. Identify long- and short-term academic, career and social/emotional goals
- 9. Gather evidence and consider multiple perspectives to make informed decisions

Self-Management Skills

- 3. Demonstrate ability to work independently
- 8. Demonstrate the ability to balance school, home and community activities

Social Skills

- 1. Use effective oral and written communication skills and listening skills

Overview:

Developing a course plan that supports future career goals is an important step in the career and life planning process. The plans that students develop now will affect their lives far into the future.

Activity:

1. Instruct students to log into your online site. Click **Career Planning** and then **Career Plan Builder** (a quick link on the right side of the screen). Click on **Create a Career Plan**.
2. Allow students ample time to complete a career plan using the Career Plan Builder.

Enhancements:

1. Facilitate a class discussion regarding which steps students can take to put their plan into action.
2. Facilitate a class discussion regarding how the development of a course plan that connects to career goals is important to their overall plan.

Wrap Up:

1. Instruct students to write a paragraph considering the following reflection questions and save it in their online portfolio journal: *"Does the career plan that you have just created accurately show what you want your life to look like now and in the future? What steps are you taking now to achieve the goals laid out in this plan?"*

Follow-Up:

1. Students can review their Career Plan before creating/confirming their schedule for the upcoming school year.