J.R. Simplot Company Food Group
P.O. Box 9386
Boise, ID 83707-3386

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	**VEGETABLE / BLEND, FROZEN: 10071179984627 Simplot Simple Goodness™ Spring Blend, 12/2 LB**. Packed to U.S. Grade A Standards. To contain 30% Broccoli, 15% Cauliflower, 15% Italian Beans, 13% Baby Whole Carrots, 13% Quartered Zucchini, 12% Quartered Yellow Squash, 2% Diced Red Pepper.

SERVING INFORMATION

Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.39 oz.	½ cup cooked, drained vegetable	9.43	113.27

PRODUCT FORMULATION CREDITS

Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Squash, summer, frozen Zucchini, Sliced	Other	0.4382	x	7.00 / 16	0.1916 + 0.2923 + 0.2926 + 0.2025 = 0.9790
Cauliflower, frozen	Other	0.5085	x	9.20 / 16	
Beans, Green, Flat Italian, frozen Whole	Other	0.5034	x	9.30 / 16	
Squash, summer, frozen Yellow, Sliced	Other	0.4102	x	7.90 / 16	
Carrots, frozen Baby	Red/Orange	0.4382	x	10.90 / 16	0.2984 + 0.0340 = 0.3324
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.0746	x	7.30 / 16	
Broccoli, frozen Spears	Dark Green	1.0170	x	10.90 / 16	0.6928

Each 3.39 ounce serving of the product above contains 1/8 cup Dark Green vegetable and 3/8 cup Other/Additional vegetable.

INGREDIENT STATEMENT

Broccoli, Cauliflower, Italian Green Beans, Carrots, Zucchini, Yellow Squash, Red Bell Pepper.

NUTRITION INFORMATION

Nutrition Facts

Serving size 3.39 oz (96g)

Amount per serving
Calories 30

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.4mg	2%
Potassium 200mg	4%
Vitamin A 0mcg	0%
Vitamin C 23mg	25%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.

ALLERGENS PRESENT

☒ None ☐ Milk ☐ Egg ☐ Wheat ☐ Soy ☐ Peanuts ☐ Tree Nuts ☐ Fish ☐ Molluscan Shellfish

ADDITIONAL INFORMATION

☒ Lacto-Ovo Vegetarian ☒ Vegan ☐ Kosher ☐ Halal ☒ Smart Snack Compliant
☐ Meets Buy America Provision

COUNTRY OF ORIGIN

Product of USA and Mexico

COOKING INSTRUCTIONS

Stove Top	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 7 minutes, stirring as needed.
Steamer	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
Microwave (1100 Watts)	Place one bag of frozen vegetables in a microwave safe dish. Add 2 tbsp of water and cover. Cook on HIGH for 15 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)

**Information may vary slightly by production facility*

Gross Weight	25.25 LB	**Case Cube (ft.^{3})***	1.13	**Pallet TI / HI***	10 / 6
Outer Case Dimensions (L x W x H)*	16" x 12" x 10.125"			**Shelf-Life**	24 months

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct: Kelsey Farley

Kelsey Farley
Research Technologist

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