



Daily Health Assessment – STAFF

This document is an updated Daily Health Assessment following BCCDC’s COVID-19 Public Health Guidance for K-12 School Settings dated September 11, 2020.

All employees have the responsibility to conduct a Daily Health Assessment each day before attending work.

Do not return this assessment to your school administrator/supervisor. Keep this at home for your daily reference.

STAFF Daily Health Assessment			
1. Key Symptoms of Illness		Do you have any of the following symptoms?	
Fever		YES	NO
Chills		YES	NO
Cough or worsening of chronic cough		YES	NO
Shortness of breath		YES	NO
Loss of sense of smell or taste		YES	NO
Diarrhea		YES	NO
Nausea and vomiting		YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to work when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or you have a fever, seek a health assessment. A health assessment includes calling a primary care provider like a physician or nurse practitioner, or 8-1-1 if these options are unavailable. If a health assessment is required, you should not return to work until COVID-19 has been excluded and your symptoms have improved.

If you answered “YES” to questions 2 or 3, use the [COVID-19 Self-Assessment Tool](#) to determine if you should seek testing for COVID-19.

If a COVID-19 test is not recommended by the health assessment, you can return to work when symptoms improve and feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).