

2018 Washington State Health Assessment Report Summary

WA DOH recently released its Statewide Health Assessment Report. This is a summary of findings relevant to Cowlitz County.

Key Cowlitz County findings

Cowlitz County is faring BETTER than the state average in....	Cowlitz County is faring WORSE than the state average in...
New HIV diagnoses	Adult cigarette smoking Availability of mental health providers Vaccine coverage for 19-35-month-olds Domestic violence offenses LHJ expenditures per capita

DOH's top 8 priority health issues

These will be used as the foundation for the next State Health Improvement Plan.

Child immunization

Diabetes

Drug & alcohol abuse

Healthcare access

Healthy weight
(focus on healthy eating & active living)

Housing and homelessness

Mental Health

Tobacco use

Notes for context

- Pertussis was higher in Cowlitz than WA State in 2016 but generally has followed the state rate, including the huge outbreak in 2012.
- Cowlitz difference in vaccine coverage may reflect truly lower coverage rates, and/or may be influenced if there is lower provider participation in the immunization registry (I don't know if provider participation is lower in Cowlitz County than other counties).
- Statewide LHJ per capita funding is largely driven by King County's high per capita LHJ expenditures of \$101 per capita, which is almost twice the state average.

Table key

↔ = no change over time, or similar between Cowlitz and WA State

↗ = higher or increasing

↘ = lower or decreasing

Domain	Indicator	WA State rate	WA State trend over time	Cowlitz compared to WA State
Health Outcomes	Asthma (adults)	10%	↔	↔
	Asthma (10 th graders)	10%	↔	↔
	Breast cancer incidence	169 per 100,000	↔	↔
	Coronary Heart Disease Deaths	80 per 100,000	↘	↔
	Hypertension in adults	28%	↔	↔
	Diabetes	9%	↔	↔
	Prediabetes	8%	↔	↔
	New HIV diagnoses	6.1 per 100,000	↘	↘
	Infant mortality	4.8 per 1,000	↘	↔
	Poor mental health (adults)	12%	↔	↔
	Depressive feelings (10 th graders)	34%	↔	↔
	Obesity (adults)	29%	↔	↔
	Obesity (10 th graders)	12%	↗	↔
	Dental caries (3 rd graders)	53%	↘	↔
	Suicide	15 per 100,000	↗	↔
	Safe storage of firearms, among firearms owners	38%	n/a	↔
	Health Behaviors	Low vegetable intake (adults)	17%	↘
Low fruit intake (adults)		37%	↔	↔
Low vegetable intake (10 th graders)		36%	↔	↔
Low fruit intake (10 th graders)		38%	↔	↔
Meet physical activity recs (adults)		58%	↔	↔
Meet physical activity recs (10 th graders)		24%	↔	↔
Current cigarette smoking (adults)		14%	↘	↗
Past month cigarette smoking (10 th graders)		6%	↘	↔
Binge drinking in past month (adults)		17%	↘	↔
Past month alcohol use (10 th graders)		20%	↘	↔
Marijuana use (adults)		14%	↗	↔
Marijuana use (10 th graders)		17%	↔	↔
Drug overdose deaths		14 per 100,000	↔	↔
Non-medical use of pain relievers (12 years and older)		4%	↘	n/a

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Domain	Indicator	WA State rate	WA State trend over time	Cowlitz compared to State
Healthcare access & preventive care	Health insurance coverage (adults 18-64)	91%	↗	↔
	Adults with personal healthcare provider	74%	↔	↔
	Mental health provider rate per 100,000 population	278 per 100,000	↗	↘
	Vaccine coverage for 19-35-month-olds	77%	↗	↘
	1 st trimester prenatal care	74%	↗	↔
Physical & built environment	Percent of population with fluoridated drinking water	46%	n/a	↗
	Outdoor air quality	n/a	↘	n/a
	Open shellfish harvesting in Puget Sound	n/a	n/a	n/a
Social determinants	Adverse childhood experiences (≥3, adults)	26%	n/a	↔
	Domestic violence offenses	737 per 100,000	↗	↗
	Homeless population	289 per 100,000	↔	↔
	Inadequate social support (adults)	22%	n/a	↔
LHJ infrastructure	LHJ expenditures per capita	\$56	n/a	↘ (\$28)