



Thunder Bay 55 Plus Centre

Weekly Activity Schedule

PURSuing LIFE

ENGAGING, EXCITING, ENERGIZING

MONDAY

- 1:00 pm - Guitar (Resuming January 2021)
- 1:00 pm - Line Dancing Beg. (Resuming January 11, 2021)
- 1:00 pm - Oil & Acrylic Painting (Sept - June)
- 2:00 pm - Line Dancing Beg. Plus (Resuming January 11, 2021)

TUESDAY

- 1:00 pm - Quilting
- 1:00 pm - Rug Hooking (Oct 5 - June) (Resuming February 2, 2021)
- 1:00 pm - Sewing Needle Arts (1st & 3rd)

WEDNESDAY

- 12:30 pm - Quilting (previously Thursday Evenings) - (Resuming January 2021)
- 12:45 pm - Floor Shuffleboard (Resuming January 2021)
- 1 pm - Drawing and Sketching

THURSDAY

- 9:00 am - Watercolours Painting (Sept - June)
- 9:30 am - Knitting & Crochet
- 1:00 pm - Beginner Guitar
- 1:00 pm - Oil & Acrylics Painting
- 2:00 pm - Swedish Weaving

FRIDAY

- 9:30 am - Quilting
- 2:15 pm - Floor Curling (Resuming January 2021)

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www.thunderbay.ca/55plus
Find us on Facebook

All activities are \$2.00.
All activities are subject to change to
accommodate Centre programming.
Schedule has been altered due to COVID-19 and is
subject to change as reopening progresses