### **Daily Journal for Kids**

#### **Date:**

[Insert today's date]

#### **1. What Made Me Happy Today:**

* Write about one or two things that made you smile or feel happy.
  + Example: Playing with a friend or eating your favorite snack.

#### **2. My Favorite Moment:**

* Share your favorite moment of the day.
  + Example: Winning a game or learning something new in school.

#### **3. Something I Learned:**

* Write about a new thing you learned today.
  + Example: A fun fact, a new word, or how to do something better.

#### **4. How I Felt:**

* Describe your feelings today.
  + Example: Happy, excited, tired, or surprised.

#### **5. Something I Can Do Better Tomorrow:**

* Think about something you want to improve or try tomorrow.
  + Example: Sharing toys or listening to the teacher.