

# Daily Journal for Kids

**Date:**

[Insert today's date]

## **1. What Made Me Happy Today:**

- Write about one or two things that made you smile or feel happy.
  - Example: Playing with a friend or eating your favorite snack.

## **2. My Favorite Moment:**

- Share your favorite moment of the day.
  - Example: Winning a game or learning something new in school.

## **3. Something I Learned:**

- Write about a new thing you learned today.
  - Example: A fun fact, a new word, or how to do something better.

## **4. How I Felt:**

- Describe your feelings today.
  - Example: Happy, excited, tired, or surprised.

## **5. Something I Can Do Better Tomorrow:**

- Think about something you want to improve or try tomorrow.
  - Example: Sharing toys or listening to the teacher.