

# ***T & K Early Intervention Developmental Checklists***

If your child demonstrates all of the skills in one age group, you can move up to the next age group to identify the skills that your child should be working toward.

If your child has difficulty with two or more items on the checklist for his/her age, please call T & K Early Intervention for additional developmental information or to discuss your questions and concerns at 701-952-6065.

Please rate your child's skills using the following indicators:

- + Infant consistently demonstrates the skill or behavior
- Skill has not yet been observed

## **Observation at 2 months**

- \_\_\_\_\_ Your infant focuses on your face and follows your movement side to side at approximately 12 inches.
- \_\_\_\_\_ Your infant turns head in the direction of the parent's voice.
- \_\_\_\_\_ Your infant calms or quiets to a familiar voice or by bringing hands to mouth to soothe.
- \_\_\_\_\_ Your infant appears to enjoy touch and can be comforted when held by a familiar adult.
- \_\_\_\_\_ Your infant uses a variety of ways to communicate: gestures, body movements, sounds and facial expressions.
- \_\_\_\_\_ Your infant enjoys face to face interactions with caregivers.
- \_\_\_\_\_ Your infant begins to develop a more consistent routine for eating and sleeping.
- \_\_\_\_\_ Your infant interacts in play with parents and caregivers by smiling, cooing, gurgling and facial expressions.
- \_\_\_\_\_ Your infant when placed on his/her tummy bears weight on their forearms and lifts head momentarily.
- \_\_\_\_\_ Your infant grasps your finger and maintains hold for several seconds.

## **Observation at 4 months**

- \_\_\_\_\_ Your infant while on his/her tummy rests on forearms and raising head and chest.
- \_\_\_\_\_ Your infant rolls from tummy to back.
- \_\_\_\_\_ Your infant watches movement of their hands, clasps hands together and brings hand to mouth.
- \_\_\_\_\_ Your infant learns cause and effect, such as kicking or batting at toys on an activity center.
- \_\_\_\_\_ Your infant follows a toy presented visually moving slowly from right to left.

- \_\_\_\_\_ Your infant smiles, coos and babbles with pleasure using a few consonants.
- \_\_\_\_\_ Your infant reaches for and grasps a toy.
- \_\_\_\_\_ Your infant begins to explore objects by bringing them to his/her mouth.
- \_\_\_\_\_ Your infant uses different cries to show when they are hungry, tired or in pain.
- \_\_\_\_\_ Your infant imitates facial expressions such as smiling.

### **Observation at 6 months**

- \_\_\_\_\_ Your infant sits supported in a high chair and is beginning to sit with support on the floor.
- \_\_\_\_\_ Your infant is rolling over in both directions.
- \_\_\_\_\_ Your infant repeats a movement using arm or leg movements to activate a toy or continue an activity.
- \_\_\_\_\_ Your infant explores toys in a variety of ways by looking, bringing to mouth or turning over.
- \_\_\_\_\_ Your infant reaches for toys and transfers them from one hand to the other.
- \_\_\_\_\_ Your infant smiles when interacting with caregivers and quiets to a familiar voice.
- \_\_\_\_\_ Your infant smiles at self in the mirror and reaches to pat at the mirror.
- \_\_\_\_\_ Your infant begins to search for the source of familiar sounds and voices by turning head.
- \_\_\_\_\_ Your infant uses more sounds in vocal play and begins to take turns with sounds in response to a parent/caregiver.
- \_\_\_\_\_ Your infant supports weight and may bounce on legs when standing upright.

### **Observation at 9 months**

- \_\_\_\_\_ Your infant gets into a sitting position and sits independently for approximately ten minutes.
- \_\_\_\_\_ Your infant crawls and pulls self to stand to explore their environment.
- \_\_\_\_\_ Your infant demonstrates emerging problem solving skills such as finding an object hidden under a piece of cloth.
- \_\_\_\_\_ Your infant picks up a small object or finger foods using thumb and forefinger.
- \_\_\_\_\_ Your infant moves towards and persists in effort to obtain a toy.
- \_\_\_\_\_ Your infant imitates actions such as banging toys or clapping hands.
- \_\_\_\_\_ Your infant begins to babble in repeated syllables (mama, dada).
- \_\_\_\_\_ Your infant begins to respond with gestures to “want up” or “wave bye bye”.
- \_\_\_\_\_ Your infant attends briefly to colorful pictures in picture books.

\_\_\_\_\_ Your infant begins to engage in social games such as “peek a boo”.

### **Observation at 12 months**

\_\_\_\_\_ Your infant cruises around furniture and may begin to take steps with assistance.

\_\_\_\_\_ Your infant moves from standing to sitting with balance and control.

\_\_\_\_\_ Your infant enjoys placing items in containers and taking them back out again (in/out games).

\_\_\_\_\_ Your infant picks up blocks and places one block on top of another.

\_\_\_\_\_ Your infant repeats a behavior (shows off) to maintain adult attention and elicit a positive response from others.

\_\_\_\_\_ Your infant touches an adult to have that person start or continue an interesting game or action.

\_\_\_\_\_ Your infant begins to look at a familiar item, toy or person when named.

\_\_\_\_\_ Your infant says “mama” and “dada” with meaning; has more complex babbling.

\_\_\_\_\_ Your infant can point to two body parts on self or caregiver.

\_\_\_\_\_ Your infant gives items to an adult on request; begins to follow simple commands.

### **Observation at 15 months**

\_\_\_\_\_ Your toddler walks independently and seldom falls.

\_\_\_\_\_ Your toddler can squat then stand up again maintaining balance.

\_\_\_\_\_ Your toddler scribbles vigorously in imitation with a crayon.

\_\_\_\_\_ Your toddler places a round shape in a puzzle or shape sorter toy.

\_\_\_\_\_ Your toddler demonstrates functional use of objects such as trying to use a comb or brush.

\_\_\_\_\_ Your toddler identifies three body parts on self or a doll.

\_\_\_\_\_ Your toddler imitates new words.

\_\_\_\_\_ Your toddler uses 5 words consistently to communicate.

\_\_\_\_\_ Your toddler follows one-step commands during play.

\_\_\_\_\_ Your toddler associates social significance with objects by hugging or kissing a doll or stuffed animal.

### **Observation at 18 months**

- \_\_\_\_\_ Your toddler walks independently with good quality.
- \_\_\_\_\_ Your toddler stacks 3-4 blocks to form a tower.
- \_\_\_\_\_ Your toddler engages in pretend play (feeding a doll).
- \_\_\_\_\_ Your toddler feeds self with a spoon and drinks from an open cup when held by an adult.
- \_\_\_\_\_ Your toddler understands the meaning of up to 50 single words.
- \_\_\_\_\_ Your toddler initiates and continues simple social games such as “peek a boo” or “so big”.
- \_\_\_\_\_ Your toddler follows simple one step commands consistently (Roll the ball).
- \_\_\_\_\_ Your toddler shakes head “no” and uses exclamations such as “oh-oh”.
- \_\_\_\_\_ Your toddler produces long strings of unintelligible speech known as jargon.
- \_\_\_\_\_ Your toddler begins to imitate animal sounds and environmental sounds (vehicle sound, train sound).

### **Observation at 24 months**

- \_\_\_\_\_ Your toddler demonstrates more advanced movement and motor skills such as running, climbing, kicking and throwing.
- \_\_\_\_\_ Your toddler removes shoes, socks, and pants to undress themselves.
- \_\_\_\_\_ Your toddler uses a fork to feed himself during mealtime.
- \_\_\_\_\_ Your toddler uses gestures to indicate toilet needs.
- \_\_\_\_\_ Your toddler follows simple two step related directions (get your cup and give it to me).
- \_\_\_\_\_ Your toddler begins to point to simple familiar pictures in books.
- \_\_\_\_\_ Your toddler begins to combine words together (daddy go).
- \_\_\_\_\_ Your toddler begins to use sounds such as: p, b, m, n, t, d, w, h but may leave the last sound off a word (bo for boat); Speech is 50% intelligible.
- \_\_\_\_\_ Your toddler points to 4 or more body parts and clothing items.
- \_\_\_\_\_ Your toddler says at least 50 different words and uses new words regularly.

### **Observation at 30 months**

- \_\_\_\_\_ Your child uses an adult grasp when holding a pencil.
- \_\_\_\_\_ Your child uses a fork to spear bite sized chunks of food while eating.

- \_\_\_\_\_ Your child takes off their shoes, socks and loose pants independently and sits on the toilet for at least 1 minute supervised.
- \_\_\_\_\_ Your child repeats finger plays with words and actions.
- \_\_\_\_\_ Your child recognizes when another person is happy/sad and understands concept of taking turns with peers.
- \_\_\_\_\_ Your child answers simple questions with a word.
- \_\_\_\_\_ Your child understands size concepts such as “big” and “little”.
- \_\_\_\_\_ Your child uses many more two-word phrases.
- \_\_\_\_\_ Your child’s speech is 60-70% intelligible.
- \_\_\_\_\_ Your child’s speaking vocabulary grows to around 200 different words.

### **Observation at 36 months**

- \_\_\_\_\_ Your child answers yes/no questions correctly.
- \_\_\_\_\_ Your child begins to follow two-step unrelated directions.
- \_\_\_\_\_ Your child begins to use more 3- and 4-word phrases and sentences.
- \_\_\_\_\_ Your child matches objects by color, shape and size.
- \_\_\_\_\_ Your child understands and uses words for prepositions “on, in, under, beside and behind”.
- \_\_\_\_\_ Your child completes three-to four-piece puzzle and threads small beads on a string.
- \_\_\_\_\_ Your child repeats rhymes, songs, or dances for others.
- \_\_\_\_\_ Your child states whether they are a boy or girl
- \_\_\_\_\_ Your child verbalizes toilet needs and shows daytime control of toileting needs with occasional accidents.
- \_\_\_\_\_ Your child’s speech is 80% intelligible.