



Chore lists by Frequency:

Daily:

- | | |
|---|---|
| <input type="checkbox"/> Beds | <input type="checkbox"/> Swiffer kitchen/under table |
| <input type="checkbox"/> Dirty Clothes | <input type="checkbox"/> Wipe out bathroom sinks |
| <input type="checkbox"/> Dishes | <input type="checkbox"/> Wipe down bathroom counter |
| <input type="checkbox"/> Wipe out Kitchen Sink | <input type="checkbox"/> Change bathroom hand towel |
| <input type="checkbox"/> Wipe down kitchen counter | <input type="checkbox"/> "Home" items/pick up/declutter |
| <input type="checkbox"/> Change kitchen towel | <input type="checkbox"/> 1 load of laundry |
| <input type="checkbox"/> Change cloth napkins/tissues | <input type="checkbox"/> Empty trash cans |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

Weekly:

- | | |
|--|---|
| <input type="checkbox"/> Cobwebs | <input type="checkbox"/> Clean Windows |
| <input type="checkbox"/> Dust | <input type="checkbox"/> Clean Mirrors |
| <input type="checkbox"/> -Fans/Lights | <input type="checkbox"/> Swiffer/Sweep Floors |
| <input type="checkbox"/> -Doors/Window frames | <input type="checkbox"/> Vacuum |
| <input type="checkbox"/> -Miniblinds | <input type="checkbox"/> Empty Trash Cans |
| <input type="checkbox"/> -Moldings | <input type="checkbox"/> Change sheets |
| <input type="checkbox"/> -Picture frames | <input type="checkbox"/> Refill any supplies |
| <input type="checkbox"/> -Lamps | <input type="checkbox"/> Rugs |
| <input type="checkbox"/> -Knickknacks | <input type="checkbox"/> Tidy supplies |
| <input type="checkbox"/> -Tables/Flat Surfaces | <input type="checkbox"/> Match any unmated socks |
| <input type="checkbox"/> Wipe down Door knobs/light switches | <input type="checkbox"/> Straighten books, DVDs, etc. |
| <input type="checkbox"/> Change bath towels | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

Notes:

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Monthly:

- | | |
|---|--|
| <input type="checkbox"/> Wash Ceiling fan blades | <input type="checkbox"/> Wash trash cans |
| <input type="checkbox"/> Vacuum vents | <input type="checkbox"/> Vacuum lamp shades, upholstery, furniture |
| <input type="checkbox"/> Vacuum under furniture | <input type="checkbox"/> Deep clean fridge |
| <input type="checkbox"/> Do Mending | <input type="checkbox"/> Wash range hood |
| <input type="checkbox"/> Clean Garage | <input type="checkbox"/> Run Cleaning cycle on oven |
| <input type="checkbox"/> Wipe down walls | <input type="checkbox"/> Run Cleaning cycle on washer |
| <input type="checkbox"/> Clean light fixtures | <input type="checkbox"/> Run Cleaning cycle on dishwasher |
| <input type="checkbox"/> Wash rugs | <input type="checkbox"/> Clean coffeepot |
| <input type="checkbox"/> Closet check- tidy and clean | <input type="checkbox"/> Replace baking soda in fridge |
| <input type="checkbox"/> Test smoke/CO detector | <input type="checkbox"/> Clean top of fridge |
| <input type="checkbox"/> Clean inside window wells | <input type="checkbox"/> Clean top of cabinets |
| <input type="checkbox"/> Do Filing/Paperwork | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

Quarterly:

- | | |
|--|--|
| <input type="checkbox"/> Flip mattresses | <input type="checkbox"/> Clean under bathroom sink |
| <input type="checkbox"/> Clean under beds | <input type="checkbox"/> Vacuum dryer vent |
| <input type="checkbox"/> Wash mini blinds | <input type="checkbox"/> Cycle Seasonal clothes and decor |
| <input type="checkbox"/> Change any filters (water, air, etc.) | <input type="checkbox"/> Wash shower curtains/bathtub mats |
| <input type="checkbox"/> Run Cleaning cycle on oven | <input type="checkbox"/> Clean under desks |
| <input type="checkbox"/> Vacuum fridge coils | <input type="checkbox"/> Wash blankets/all bed linens |
| <input type="checkbox"/> Clean under kitchen sink | <input type="checkbox"/> Clean car |
| <input type="checkbox"/> Delime shower heads | <input type="checkbox"/> Prune trees |
| <input type="checkbox"/> Replace toothbrushes | <input type="checkbox"/> _____ |

Yearly:

- | | |
|---|---|
| <input type="checkbox"/> Touch up paint | <input type="checkbox"/> Declutter backpacks |
| <input type="checkbox"/> Wash out drawers and declutter | <input type="checkbox"/> Declutter purse/wallet |
| <input type="checkbox"/> Clean behind fridge | <input type="checkbox"/> Declutter pet supplies |
| <input type="checkbox"/> Clean/reseal grout | <input type="checkbox"/> Winter outerwear in |
| <input type="checkbox"/> Defrost freezer | <input type="checkbox"/> Winter outerwear out |
| <input type="checkbox"/> Clean under fridge | <input type="checkbox"/> Fall outerwear in |
| <input type="checkbox"/> Clean under washer | <input type="checkbox"/> Fall outerwear out |
| <input type="checkbox"/> Clean under dryer | <input type="checkbox"/> Summer swim in |
| <input type="checkbox"/> Clean out gutters | <input type="checkbox"/> Summer swim out |
| <input type="checkbox"/> Wash curtains | <input type="checkbox"/> Spring outerwear in |
| <input type="checkbox"/> Flush hot water heater | <input type="checkbox"/> Spring outerwear out |
| <input type="checkbox"/> A/C maintenance | <input type="checkbox"/> Update emergency contacts |
| <input type="checkbox"/> Clean out medicine cabinet | <input type="checkbox"/> Update emergency plans & inventory |
| <input type="checkbox"/> Steam Clean Carpet (whole house) | <input type="checkbox"/> Clean garage/attic/basement/porch |
| <input type="checkbox"/> Inspect and replace towels | <input type="checkbox"/> Storm windows in/winter prep |
| <input type="checkbox"/> Declutter shoes/boots | <input type="checkbox"/> Storm windows out/summer prep |
| <input type="checkbox"/> Clean outdoor furniture | <input type="checkbox"/> _____ |

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