

JULY 2021

101 Stone Chimney Road  
Supply, NC 28462  
910-754-7604

# The Brunswick Center at Supply

Melissa Starr, Director

Jillian Hardin, Assistant Director

Monday, Tuesday, Thursday  
8:00 a.m. to 4:00 p.m.  
Wednesday 8:00 a.m. to 7:00 p.m.  
Friday 8:00 a.m. to 1:00 p.m.

## July 2021 - Weekly Activity Schedule

EVERY MONDAY	EVERY TUESDAY	EVERY	EVERY THURSDAY	EVERY FRIDAY
No Symbol = No Fee ( <i>Contributions always appreciated</i> ); \$ = Fee Associated ; ^ = Requires Advanced Registration; * = New Offering/Time				
8:00 Rummikub	8:00 Rummikub	8:00 Rummikub	8:00 Rummikub	8:00 Rummikub
10:00 * Tai Chi/Qi-Gong	8:00 Walking Club	10:00 Quilting Club	10:00 Rug Wool Hooking	8:00 Walking Club
11:00 *Balance/Core/ Strength	11:15 Tabata		11:15 Tabata	
11:30 a.m. Lunch	11:30 a.m. Lunch	11:30 a.m. Lunch	11:30 a.m. Lunch	11:30 a.m. Lunch
12:45 Movie Day	12:30 Geri-Fit® 12:30 *Open Crafting	12:30 *Craft Class 12:45 Tai Chi/Qi-Gong	12:30 Geri-Fit® 12:30 Bridge 12:30 *Open Crafting	

## Monthly Activity Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>ZOOM CLASS!!!!</b> Pilates w/Nancy Tuesday @ 10:00 a.m. <a href="#">Join Zoom Meeting</a> Meeting ID: 991 8579 7090 Passcode: 706704		<b>1 ZOOM CLASS!!!!</b> Balance-Core-Strength w/ Nancy Thursday @ 10:00 a.m. <a href="#">Join Zoom Meeting</a> Meeting ID: 962 4557 5243 Passcode: 347632	2
5  Supply Center Closed! Happy Independence Day!	6 *Garden Club 9A	7 Drum Circle 10A	8 Center Closed Due to Inclement Weather	9
12 *\$ Jewelry Making Class 12:30	13 *Crochet A-Z 10A	14 Nutrition w/ Mallory 12P	15	16
19 *\$ Jewelry Making Class 12:30  Walk the Beach with Melissa 8A Holden Beach!	20 *Garden Club 9A  *Blood Pressure Checks 10A	21 Drum Circle 10A	22 Hired Hands Band 11A	23
26 Donuts w/ Marilou 9A  Card Making Class 12:30P	27 *Crochet A-Z 10A  Cooking for Health 11A	28	29 Caring for the Caregiver 11A	30