

Updated 12-12-20

7 Day Tracking for Week Ending Friday: _____ Cycle: _____

[illegible]

Block off work hours | 5 hrs week = Hobby | 10 hrs week = Part Time | 20+ hrs week = Full Time

Top 3/ Time	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Top 3/ Time
#1 Priority								#1 Priority
#2 Priority								#2 Priority
#3 Priority								#3 Priority
7:00								7:00
7:30								7:30
8:00								8:00
8:30								8:30
9:00								9:00
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12:00								12:00
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1:30								1:30
2:00								2:00
2:30								2:30
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9:00								9:00